

Parent & Family Resource Guide

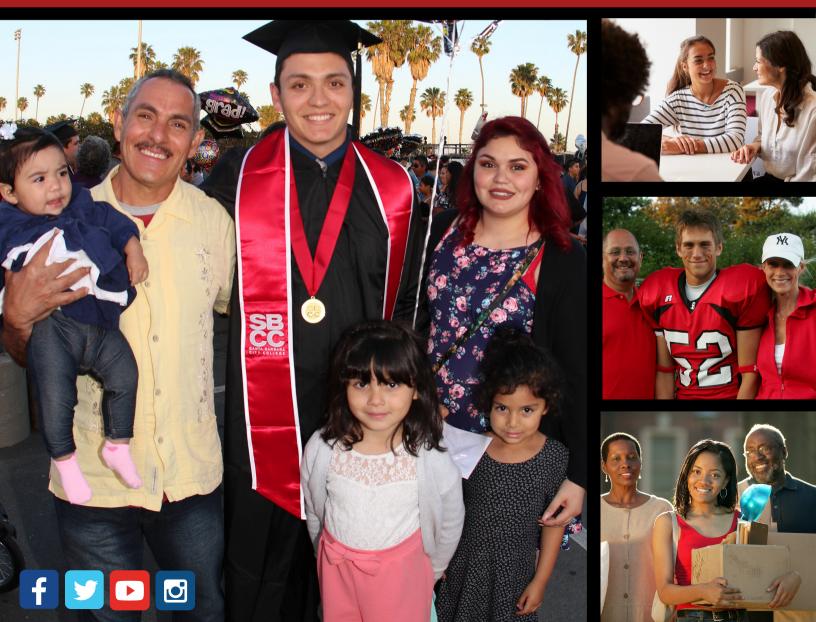




Table of Contents

Welcome Message	Page 2
SBCC Vision & Mission	Page 3
Vaquero Standard of Conduct	Page 4
Visitor Information	Page 5
Family Educational Rights & Privacy Act (FERPA)	Page 6
Letting Go	Page 7
SBCC Majors/Academic Departments	Page 9
Career Technical Education	Page 11
Assessment/Placement	Page 12
Transcript Evaluation	Page 13
Academic Status & Dismissal	Page 14
Student Support Services	Page 15
STEM/MESA Programs	Page 19
The Well	Page 20
Tiffany's Closet	Page 21
Equity, Diversity, & Cultural Competency	Page 22
Tutorial & Writing Centers	Page 23
Dining on Campus	Page 24
SBCC Food Pantry	Page 25
Parking & SBCC Commute	Page 26
Transportation to Campus/MTD Bus	Page 27
Athletics	Page 28
SBCC Campus Security	Page 29
Campus Map	Page 30
Welcome to the Vaquero Family	Page 31

Welcome Parents & Family

Situated on a 74-acre bluff, Santa Barbara City College overlooks the harbor and Pacific Ocean. SBCC was established by the Santa Barbara High School District in 1909, making it one of the oldest community colleges in California.

Whether your student's goal is to prepare to transfer to a four-year university or to gain a career technical education Santa Barbara City College is a smart and affordable choice.



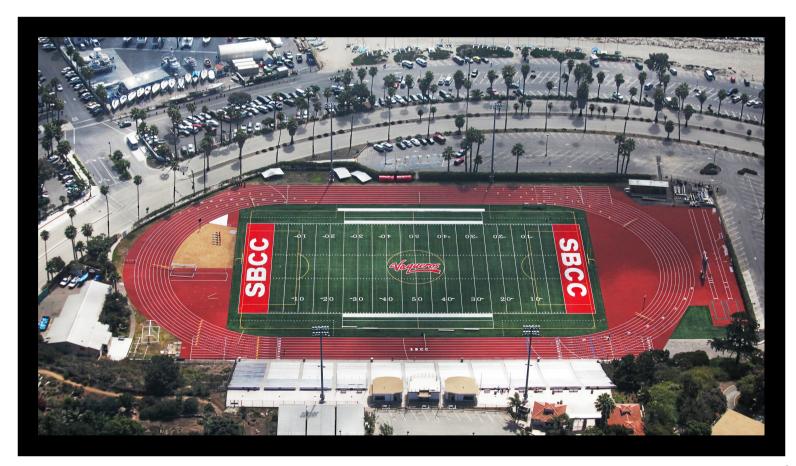
SBCC Vision

Santa Barbara City College strives to build a socially conscious community where knowledge and respect empower individuals to transform our world.

SBCC Mission

As a public community college dedicated to the success of each student...

Santa Barbara City College welcomes all students. The College provides a diverse learning environment and opportunities for students to enrich their lives, advance their careers, complete certificates, earn associate degrees, and transfer to four-year institutions. The College is committed to fostering an equitable, inclusive, respectful, participatory, and supportive community dedicated to the success of every student.



aquero's Are Part of a Community

Vaquero Standard of Conduct

Santa Barbara City College strives to build a socially conscious community where knowledge and respect empower individuals to transform our world. Any student enrolling at Santa Barbara City College assumes an obligation to act in a manner compatible with the college's functions as an educational institution. These regulations apply on campus and at all college-sponsored activities or at activities sponsored by college clubs or organizations on or off campus, except where specifically limited. Students shall be subject to college discipline for misconduct, which occurs at any time on campus, or at any off-campus facility or college-approved or sponsored function.

All Santa Barbara City College students are encouraged to familiarize themselves with the list of college rules and regulations governing personal conduct on all campuses of the institution as well as a list of applicable penalties can be found by going to:

sbcc.edu/security/standards_of_conduct.php

It is the responsibility of each student at Santa Barbara City College to be a responsible member of the college community. The following are some of the most frequently referenced policies and administrative procedures.

catalog.sbcc.edu/student-responsibilities/

Student Rights and Grievances

Students who believe their rights were violated by an instructor or staff member should follow the grievance procedure described in AP 5530 – Student Rights and Grievances.

sbcc.edu/studentservices/studentgrievances.php

Alcohol and Drug Abuse Policy

Santa Barbara City College is committed to the success of each student and as a college, we realize that the use of alcohol and drugs can be a major impediment to success.

Through the Health Services and Wellness Program and the Student Athletic Assistance Program (SAAP), SBCC offers classes, educational programming, resources and counseling as well as referrals to community service agency counseling and rehabilitation programs.

According to the Standards of Student Conduct, possession, use or distribution of illicit drugs and alcohol on college property or during campus-related activities are subject to disciplinary action. This can be up to, and including, expulsion from SBCC, as well as punishment under California State law, including from six months to one year in county jail, or up to five years in State prison.

Learn More

sbcc.edu/security/standards_of_conduct.php



Welcome to Santa Barbara City College!

When visiting campus be sure to stop by the SBCC Welcome Center located inside the Student Services Building on the first floor. If you would like more information you can contact us at The Welcome Center at 805-730-4450 or email us at info@sbcc.edu.

You can find information on:

Campus Tours:

sbcc.edu/enrollmentservices/campustour.php

Visitor Parking:

sbcc.edu/about/visitors.php

Campus Map:

sbcc.edu/map/index.php

Virtual Tour:

sbcc.edu/virtual-tour/#/

College Facts:

sbcc.edu/about/collegefacts.php

Current Surf Conditions:

coachcam.sbcc.edu/

Family Educational Rights and Privacy Act * FERPA

Santa Barbara City College maintains student records and privacy in accordance with the Family Educational Rights and Privacy Act (FERPA).

What is FERPA?

The Family Educational Rights and Privacy Act of 1974, as amended, sets forth requirements regarding the privacy of student records. FERPA protects students' rights to inspect and review their education records, to request to amend their educational records, and to limit disclosure of personally identifiable information contained in education records.

What are education records under FERPA?

Student education records are defined as records, files, documents and other materials that contain information directly related to a student and are maintained by the institution or by a party acting for the institution. Education records are NOT: sole possession records, law enforcement unit records, employment records, medical records, or post-attendance records.

Who is protected under FERPA?

All currently enrolled and former SBCC students, regardless of age, are protected under FERPA.

Are parents/guardians/family members allowed access to a student's educational records? When a student reaches the age of 18 or begins attending a post secondary institution, regardless of age, FERPA rights transfer from the parent to the student. Parents may only obtain non-directory information if the student has submitted an Authorization for Release of Information to Parents to Admissions & Records. Photo ID will be required.

The Authorization for Release of Information to Parents can be found here:

http://www.sbcc.edu/admissions/files/AuthorizationforReleaseofInformationtoParents.pdf







Letting GO Successfully Parenting Your College Student

Once your student leaves for college, it can become one of the most challenging times as a parent/guardian/family member.

Your student will have plenty of new-found freedom and you won't be able to see him/her/them as often. You also may have concerns about how your student is handling being away from home for the first time, how settling in is going and whether he/she/they is adjusting to college life.

All of that is completely understandable; however, to allow your student to grow into their full potential as an individual, he/she/they may have to deal with some new and different situations without running to you (at least as a first option).

Let GO:

Letting go isn't easy. Take confidence in the fact that you have raised a mature student who you can trust to make smart decisions. Your student needs this to learn how to live independently and deal with life as it comes on his or her own. That being said, he or she will always know that you are just a phone call away should something become too difficult to handle.

Stay IN TOUCH (but not too much):

It's important for your student to become immersed in college life without you calling every hour on the hour.

However, they are adjusting to a new life, also, and will likely need someone to discuss all of the recent changes with.

Be open to talking to (but, don't force) them about how they are adjusting. If it seems like they aren't opening up to you, encourage them to talk to someone they trust. Let them know that you are there to talk, without judgment, no matter what the issue may be.

Give SPACE:

Many students often feel that they actually have less space from their parents when they leave for college than when they lived at home. While a parent's constant concern is well intentioned, the overbearing actions aren't doing the students any favors and often result in tension in the relationship. Allow your student to have the time and space necessary to adjust and make sure that that know you are always there when need-be. Check in every so often and schedule your visits ahead of time. All of this, compiled with unconditional love and you and your student will remain closer than ever before!

Don't VISIT Too Often:

If your student happens to attend a school that's not too far away, you will likely be tempted to visit frequently. Limit your visits to not more than one per month and, when you do visit, ask what they would like to do. Ensure that you make plans beforehand instead of just dropping by for a visit. This shows that you respect their new lifestyle as you would any other adult who may have plans.

Don't PRESSURE Them to Come Home All the Time:

Similar to visiting too often, you want your student to get the full college life experience. You certainly will miss them, but pressuring them to come home on weekends is not in their best interest. If they want to come home frequently on the weekends, encourage them to stay on campus, instead. Students who stay on campus for classes only and constantly return home tend to enjoy college less because they aren't as tied to the campus or the campus community. As an alternative, encourage them to join some campus clubs or activities to get to know some other students, which may help resolve the issue.

Avoid Too Much ADVICE:

Your student will likely get frustrated and complain to you about a lot of different things in college, from roommates to studying to finances and beyond. Though you may have answers to it all, mums the word unless they ask you what they should do. They likely just want someone to listen and someone to vent to – not someone to tell them what to do. In order to avoid a fight, lend an ear and let them know you are there to help should they ever need advice on dealing with any issues. That way, they'll know that you're ready to give advice if they ask for it and you don't come across as the bossy parent. When you do decide to give advice, make sure you're talking to them and not at them - the latter can cause anyone to shut out advice. Keep this rule of thumb in mind: as long as they're not in danger, there's no reason to become meddlesome (unless they ask).

Mistakes HAPPEN:

Allow your student to make their own mistakes and be fully aware that they will make mistakes.

Obviously, nobody is perfect. Who your student was in grade school and high school may not necessarily determine who they become in college – people make all sorts of decisions when independence is suddenly thrust upon them. Simply encourage them to stay true to themselves and, as you keep in contact with them, try to check in on their grade progress and behavioral changes to ensure everything is under control (without being controlling - you just want to make sure they're safe).

Many students have difficulty adjusting to college courses and their grades suffer as a result. Students who are over-achievers or who were straight-A students in high school can have difficulty accepting such realities. Focus on your student's efforts and not on the grades, letting him or her know that as long as they are trying their best, you are always going to be proud. A family members words of comfort can make all the difference in the world.



SBCC Majors/Academic Departments

Santa Barbara City College is a fully accredited community college that offers over 155 degree and certificate programs, training in a wide range of career technical fields, and transfer programs that provide the first two years of study toward the baccalaureate degree.

Our mission is to provide superior quality instruction in all programs and to maintain an environment that emphasizes teaching and learning.

Majors

Administration of Justice (School of Justice Studies)

Addictive Disorders Counselina

American Ethnic Studies

Black Studies, Chicano Studies, and Native American Studies

Animation and Gaming

Anthropology

Art History

Art Studio

Automotive Service and Technology

Biological Sciences

Bio-Medical Sciences, Marine Science, and Natural History

Business

Accounting, Business Administration, Entrepreneurship, Finance, International Business, Marketing, and Real Estate

Chemistry

Communications

Computer Applications and Office Management

Computer Information Systems

Computer Network Engineering

Computer Science

Cosmetology

Drafting/CAD

Early Childhood Education

Economics

Engineering

English

Environmental Horticulture

Environmental Studies

Film and Television

French

Geographer

Geological Sciences

Global Studies

Graphic Design

Health Technologies

Cancer Information Technology, Certified Nursing Assistant, (CNA), Emergencey Medical Technician (EMT), Health Information Technology, Home Health Aide, Nursing (ADN/RN), Radiography,

Sonography, and Vocational Nursing (LVN)

History

Honors Program

Hotel Management

Interior Design

Journalism

Law and Society

Liberal Arts and Sciences

Marine Diving Technology

Mathematics

Middle East Studies

Multimedia Arts and Technology

Music

Philosophy

Photography

Physical Education/Kinesiology

Physics

Political Science

Psychology

Sociology

Spanish

Theater Arts

Water Science









For a Complete List of Majors

catalog.sbcc.edu/programs/



SBCC Majors/Academic Departments

For a list of Academic Departments

sbcc.edu/departments/academic.php

For a list of Programs of Study

Programs of Study include all Departmental Awards, Certificates and Degrees offered in each Major catalog.sbcc.edu/programs/

More Major Information

Is your student trying to decide on a Major?

sbcc.edu/careercenter/MajorandCareerExplr.php

Undeclared Major Support

sbcc.edu/counselingcenter/undecidedmajorsupport.php

Choosing a Major Action Plan

sbcc.edu/transfercenter/files/Choosing a Major Action Plan.pdf

5 Considerations in Choosing a Major

sbcc.edu/transfercenter/files/FiveConsiderationsinChoosingaMajor.pdf

Career Exploration

careeronestop.org/ExploreCareers/explore-careers.aspx

Career Counseling Options at SBCC

sbcc.edu/careercenter/majorandcareerexplr.php

Career Technical Education

Career and Technical Education (CTE) Programs are career driven approaches that help prepare students for employment directly after they leave SBCC.

SBCC has over 50 programs with many of the programs offering certificate and associate degree options.

A full list can be found: catalog.sbcc.edu/career-technical-education-programs/







The following CTE Programs require a supplemental application process. See links for supplemental application requirements and process.

Cosmetology/ Esthetician http://www.sbcc.edu/cosmetology/

Awanda Johnson (805) 683-4191 x2 or 805-683-8211 or email:

johnsona@sbcc.edu

http://www.sbcc.edu/culinaryhotel/

Culinary Arts Randy Bublitz, Associate Professor, (805) 965-0581 x. 4257 or by email:

bublitz@sbcc.edu or Sarah Alvarez, Administrative Assistant II,

(805) 965-0581 x. 2458 or by email: saalvarez4@pipeline.sbcc.edu

Marine Diving Technology http://www.sbcc.edu/marinediving/

Geoff Thielst, Chair and Program Director

805) 965-0581, ext. 2718 or by email: thielst@sbcc.edu

Nursing (CNA/LVN/RN)

http://www.sbcc.edu/nursing

Lorraine Michalak, Program Support, (805) 965-0581 ext. 2366 or

by email: michalak@sbcc.edu

Radiography/ Sonography http://www.sbcc.edu/medicalimaging/

Lorraine Michalak, Program Support, (805) 965-0581 ext. 2366 or

by email: michalak@sbcc.edu

Assessment/Placement

English/Math

Changes to Assessment Process/AB 705

AB 705 is a bill signed by the Governor of California on October 13, 2017 that took effect on January 1, 2018. The bill requires that a community college district or college maximize the probability that a student will enter and complete transfer-level coursework in English and math within a one year time frame and use, in the placement of students into English and math courses, one or more of the following: high school coursework, high school grades, and high school grade point average.

What does this mean for students?

SBCC uses multiple measures based on AB 705, including high school grade point average, coursework, and specific grades for placement into Math and English courses that are not English as a Second Language (ESL) courses.

This data is collected when a student applies to the college. If we do not have a students high school information, they may be required to fill out a supplemental form.

Assessment is now referred to as Placement.

A student can find their Math & English placement status by:

- 1. Logging onto their Pipeline account
- 2. Under the STUDENT tab, click on STUDENT RECORDS
- 3. Click on VIEW COURSE PLACEMENT & ELIGIBILITY
- 4. If your placements are listed as pending or no data exists for you, please click on the HIGH SCHOOL DATA FORM to submit the information required for placement.

For more information:

sbcc.edu/assessmentcenter/







Transcript Evaluation Office

Santa Barbara City College grants lower division subject and/or unit credit for most coursework completed at regionally accredited (Associations of Colleges and Schools) institutions of higher learning.

An evaluation of external coursework provides students and counselors with essential information for educational planning purposes. Evaluations are also used to confirm completion of degrees and certifications, including completion of CSU GE and IGETC certifications.

How to Request an Evaluation of Coursework:

Transcript evaluation is for students who have external coursework, not for students who have completed all of their coursework at SBCC.

sbcc.edu/teo/howtorequestevaluation.php

Prerequisite & Corequisite Clearance

At Santa Barbara City College (SBCC), a prerequisite is a course that a student must pass before enrolling in the more advanced course. Equivalent skills or prior experience that a student possesses may also be accepted as a prerequisite for a course.

A corequisite is a course that a student must enroll in at the same time as, or in some cases prior to, enrolling in the desired course.

Students can be cleared in the registration system for enforced prerequisites and corequisites.

Keep in mind there are deadlines for completing Prerequisite Clearance Requests.

Find out more by going to:

sbcc.edu/teo/prereqclearance.php

How to submit Advanced Placement Scores

sbcc.edu/teo/advancedplacement.php

International Transcript Evaluation

sbcc.edu/teo/internationalltranscriptevaluation.php

Transcript Evaluation Office FAQ's

sbcc.edu/teo/faq.php

transcriptevaluation@sbcc.edu

Academic Status and Dismissal

State law requires students to maintain satisfactory progress while enrolled at a California Community College.

To maintain satisfactory progress a student must earn and maintain an accumulated (all coursework taken at Santa Barbara City College total) grade point average (GPA) of 2.0 ("C" or better) and have completed more than 50% of all courses with a grade of D, C, Pass, B or A. If a student does not maintain satisfactory progress they will be placed on Academic Probation. If satisfactory progress is not maintained for two consecutive semesters (do not have to be concurrent) they will be placed on Academic Disqualification.

Academic Probation

A student who has attempted a total of at least 12 graded units, as shown by the official college transcript, shall be placed on academic probation if the student has earned an accumulated grade point average (GPA) below 2.00 in all graded units at Santa Barbara City College.

Academic Probation shall not be noted on the official transcript. Students placed on Academic Probation may be subject to unit and /or course restrictions and/or other conditions of enrollment deemed appropriate by the Office of the Dean, Student Development. A student on academic probation shall be removed from probation and returned to academic good standing when the student's cumulative grade point average is 2.00 or higher.

Academic Disqualification

A student who is on academic probation shall be subject to disqualification if the student has earned a cumulative grade point average of less than 2.00 in all units attempted in each of two (2) consecutive semesters (do not have to be concurrent).

A disqualified student may be prohibited from enrolling in classes for one semester. After one or more semester(s) not in attendance, a student may reapply for admission or the student may petition the Dean, Educational Programs: Counseling and Student Development to be reinstated for the subsequent semester. Semesters are Fall and Spring. When reinstated or readmitted, the student will retain their prior academic standing and may be subject to unit, course or other conditions of enrollment deemed appropriate by the Dean until such time as they return to academic good standing.

More Info on Exceptions, Appealing, and Policies

sbcc.edu/academicstatuspolicies/index.php







Student Support Services

Where Vaquero's Meet SUCCESS

Below is an alphabetical list of the many services and programs SBCC offers to currently enrolled students. Please go to the program link provided to learn more.



Academic Counseling Center

The ACC assists students in planning and implementing immediate and long range academic and career goals, develop individualized Student Educational Plans (SEP), provide students with information regarding academic planning, institutional and transfer & SBCC requirements.

sbcc.edu/counselingcenter/

Admissions and Records

Admissions & Records is the first and central point of contact for students, faculty and administration with all matters related to admission, registration, academic records,

and diplomas. sbcc.edu/admissions/





Campus Store

The SBCC Campus Store provides the necessary text and school supplies for an enrollment of more than 17,000 students. In addition, the store offers a wide range of discretionary items, including clothing, art supplies, and best selling books. The current text list may be browsed or textbooks may be purchased or rented online at www.sbccbooks.com. The store also offers a range of services to the campus community in the form of an ATM, UPS service, printing and faxing.

sbcc.edu/bookstore/index.php

Career Center

The Career Center is dedicated to assisting all students in their career explorations and career development needs. Services include help with finding a job on or off campus, choosing a major, career information and exploration, and organize multiple job and internship fairs on campus.

sbcc.edu/careercenter/index.php





Cashiers Office

The Cashier's Office collects, accurately records and deposits all monies due to SBCC. We assist our customers in interpreting their student bill and managing their account balances.

sbcc.edu/fiscalservices/cashier/

DSPS/Disabled Students Programs and Services

DSPS is committed to creating an accessible learning community where individuals with disabilities have an equal opportunity to pursue their educational goals. They strive to empower students, foster independence, and promote achievement through self-advocacy. DSPS is responsible for arranging reasonable accommodations for all qualified students with a documented disability. The process for obtaining reasonable accommodations is an interactive one that begins with the student's disclosure of his/her disability.



sbcc.edu/dsps/





The Extended Opportunity Programs and Services (EOPS) is a state-funded support program designed to provide academic support, financial assistance and encouragement for eligible, financially disadvantaged, and academically underprepared students. The goal of the program is to help eligible students meet their educational objectives, whether they seek occupational certificates, associate degrees, or transfer to four-year institutions

sbcc.edu/eopscare/eops_services.php

Financial Aid

The Financial Aid Office offers information on applying for multiple types of aid including scholarships, The California College Promise Grant/CCPG (formerly known as the BOG Waiver), Federal Pell Grants, Federal Work Study, Federal Supplemental Educational Opportunity Grants, Cal Grants, Student Success Completion Grant, Federal Direct Loans, and Federal PLUS Loans for Parents.

Students can also find information on how to apply for book grants and book loans, the Dream Act Scholars Application, Cost of Attendance Budget, and Alternative Loans process.



sbcc.edu/financialaid/



Guardian Scholars

Guardian Scholars is a comprehensive program that supports former foster youth in their efforts to gain a college education. Foster care youth are emancipated at age 18 and are forced to make an abrupt transition to adulthood without traditional family support.

sbcc.edu/guardianscholars/

Health and Wellness

The mission of Health and Wellness is to empower students to take charge of their health and well being, to provide resources and information on topics that matter to students most, and to provide free and low cost services to SBCC students. They do this by providing medical services, personal counseling, substance abuse services and education, prevention education, and resources regarding health insurance. They also manage The WELL. A place where students optimal health and wellness is supported. See page 20 for more information on The Well.



sbcc.edu/healthservices/



Housing

Finding a place to live takes time, can be expensive and you need patience in finding the right spot. SBCC Housing's website and resources helps students to find that right spot.

sbcc.edu/housing/index.php

Learning Resource Center

The Cartwright Learning Resources Center provides learning support to the SBCC community in a variety of ways. Including a tutorial center, writing center, computer labs/access, media resources, computer classrooms, and learning skills workshops.



sbcc.edu/clrc/index.php



Library

The 37,760 square foot Library has eight group-study rooms, 51 desktop computers for student use, 50 laptops available for 4-hour checkout, and there is wireless capability throughout. There are 550 seats in the library and currently has over 115,000 titles, 318 print periodical subscriptions, 8 newspaper subscriptions, 22,000 electronic books and subscriptions to 34 electronic databases, which provide access to full-text periodicals.

library.sbcc.edu/

Safety & Emergency Services

The Santa Barbara City College Campus Safety & Emergency Department is committed in providing a safe and secure environment for all students, staff and visitors by establishing a peaceful learning atmosphere where all people can attend safely and without fear. The department website holds information on parking, Alert U, lost and found, as well as many other resources and informational links.



sbcc.edu/security/



Student Life

Santa Barbara City College's environment is vibrant and energetic, with passionate and creative students who work as hard as they play. Students can make it theirs by visiting the Office of Student Life to get their Student ID/Campus Card, learn about student clubs, Student Senate, Intramural Sports, Housing, and get an activity sticker.

sbcc.edu/studentlife/

Study Abroad

Students can make the world their classroom by studying abroad with SBCC and its comprehensive academic and cultural experiences. Study Abroad programs are faculty-led with diverse course offerings. With an emphasis on diversity and affordability, SBCC Study Abroad strives to offer programs to the diverse SBCC student body, as well as students from other institutions. Applications are straightforward and requirements are attainable.



sbcc.edu/studyabroad/



Transfer Center

The SBCC Transfer Center provides a variety of services, resources, and programs designed to assist students in every step of the way in their transfer process. The Transfer Center provides transfer workshops, appointments with four year university admissions representatives, a transfer resource library, and a computer lab. Students can also find the **Transfer Academy** in the Center for students interested in taking advantage of our **Transfer Guarantee/TAG** program. Students can also find the **TAP/Transfer Achievement Program** which supports underrepresented students reach their transfer goals.

sbcc.edu/transfercenter/

Veterans Support Program

The objective of the Veterans' Support Program is to provide information and assistance to veterans and dependents of veterans eligible for Veterans Educational Assistance. SBCC academic counseling, career, transfer, tutorial and other services are part of SBCC's mission to offer eligible program participants support to achieve their educational goals

sbcc.edu/veteranssupport/



STEM and MESA Programs



STEM Transfer Program (Science, Technology Engineering, and Math)

The STEM Transfer Program's priority is to assist Hispanic and/or low income students in creating and following a streamlined educational plan that ensures transfer to a four-year institution in a STEM area. Participation in the STEM Transfer Program will allows students to efficiently complete the required courses for transfer to a four-year university in their STEM major. Student learn how to make informed choices and participate in research, internships and professional conferences. Students receive free tutoring, assistance applying for financial aid, visits to university campuses and other various support services.

https://www.sbcc.edu/stem/







MESA (Mathematics, Engineering, and Science Achievement)

The MESA Community College Program supports students to successfully transfer to four-year universities in science, technology, engineering and math (STEM) majors. The Mathematics Engineering Science Achievement (MESA) California Community College Program (CCCP) is an academic program designed to encourage educationally and financially disadvantaged community college students to excel in math, engineering and science so they can transfer to institutions offering baccalaureate degrees in these fields. MESA CCCP centers are located on selected community college campuses throughout the state and serve over 3,000 students. The program is a collaboration between MESA and the California Community Colleges Chancellor's Office. The MESA program for Santa Barbara City College was established in 2007.

https://www.sbcc.edu/mesa/

The WELL

Vaquero's Stay Healthy



The WELL's Mission

To ensure the diverse SBCC student community feels heard, respected, and encouraged to gain the vital knowledge, tools, and support to move toward optimal lifelong health and wellness.

The WELL puts their mission into action by providing prevention education, workshops, empowerment groups, participation incentives, and a safe space that promotes healing and interpersonal health. The WELL is an all inclusive space that is a welcoming entry point for healing and wellness for ALL students.





Body Positive Empowerment Group



Stress Reduction through Mindful Practice





A place for COMMUNICATION, EDUCATION, and SUPPORT for ALL Students.

"I would love students to feel inspired to put their mental health at the forefront of their lives."

— Becky Bean (WELL Program Advisor)

Find Out MORE

Tiffany's Closet

SBCC's "Tiffany's Closet" provides gently loved clothing and baby/children's items to SBCC students at no cost to the student.

A little about Tiffany's Closet

During a visit to Spelman College in Atlanta Georgia, SBCC Biology student Tiffany Love, learned about their clothing pantry for students and wanted to bring the same idea to SBCC to help students address a basic need they may be lacking: clothing. "Tiffany's Closet" opened in April of 2019 and with the support of an active and dedicated campus club, the Society of Black Engineers & Scientists, as well as SBCC's Foundation, "Tiffany's Closet" has a permanent home on the SBCC campus. Tiffany's primary inspiration has always been her mother, Pearl, who is now a nurse practitioner but was once a single mother working two jobs while attending community college. "She instilled in me the belief that I could achieve whatever I set my mind to, and she was always there to lift me up if I started feeling down."



The Closet has regular operating offers for regularly scheduled donation drop off and operation hours for students to come and get what they need. Additionally they will soon be able to take specific requests from students for items that they may need (e.g. a suit for a job interview, a warmer jacket, a pack and play for a baby, etc.) and a social media presence to provide everyone details about the campus service as well as a way to let the community know what we need.

More information:

Equity, Diversity, & Cultural Competency

Santa Barbara City College acknowledges that student equity is affected by the awareness, actions, and assumptions of individuals and systems in every part of the institution. The Office of Equity, Diversity (OEDC), and Cultural Competency plays a central role in the college-wide planning to address student access and success.

The OEDC directly coordinates and implements three student equity programs:

The Center for Equity and Social Justice, the Food Pantry, and the Umoja Program.



The Center for Equity and Social Justice

The Center for Equity & Social Justice (CESJ) strives to provide a safe and brave space for students of color, women, LGBT+, and other marginalized students on our campus. The CESJ partners with various academic departments, student support programs, and community service agencies to provide lectures, workshops, discussions, film screenings, spoken word, and art exhibits that explore issues of culture, belonging, power, oppression, and injustice in our community.



The Food Pantry
-see page 25 for more details-



The Umoja Program

UMOJA (A Kiswahili word meaning unity) is an SBCC community and critical resource dedicated to enhancing the cultural and educational experience of African American and other students with in an Afrocentric environment.

Tutorial & Writing Centers

Tutoring services are
FREE to all currently
enrolled SBCC
students!





Tutorial Center

The SBCC Tutorial Center can be found on West Campus in the Cartwright Learning Resource Center (aka LRC). Students who are looking for a tutor can find a list of subjects, tutor schedules, and tutoring locations by going to:

https://www.sbcc.edu/clrc/tutorial_center/tutor_schedules.php







Writing Center

The SBCC Writing Center can be found on West Campus in the Cartwright Learning Resource Center (aka LRC). The Center offers writing support services to all SBCC students in all subject areas. Their goal is to help students become more confident, self-directed, and informed writers so that they can achieve greater academic and professional success. The Writing Center offers one-on-one tutoring, workshops, and a variety of helpful support materials. More information can be found by going to:

https://www.sbcc.edu/clrc/writing_center/index.php

Dining on Campus



Santa Barbara City College is distinguished by its many dining and food service options.

Whether you choose to grab a quick snack, get a pick me up from the Buzz Shacks located in front of the East cafeteria and in the West cafeteria, eat in the East or West Cafeterias while gazing out over the ocean, or enjoy an expertly created meal prepared in one of our many learning kitchen's, Santa Barbara City College's Food Service Department has your culinary needs covered.









Campus Card

SBCC uses a One Card system which makes the student ID card very useful.

The card can be set up as a debit card and money allocated to different venues on campus or simply with a universal (FLEX) application good everywhere. This card is accepted at all Dining establishments on campus, the Bookstore and Print Stations, or as advertised.

More Info Available

sbcc.edu/studentservices/campus_id.php



The SBCC Food Pantry







Santa Barbara City College students can receive free items from our campus Food Pantry. Students in need of a meal, snacks, or fresh fruit and vegetables can go to the SBCC Food Pantry where donated food from the Santa Barbara Food Bank and grocery stores like Trader Joes and Ralphs as well as from the college student-grown gardens are made available to students at no cost.





sbcc.edu/equity/foodpantry.php

For more information: sbcc.edu/equity/foodpantry.php

Parking and SBCC Commute



Although SBCC has invested millions providing on campus parking the lack of available space remains a problem. Most students find parking on the SBCC Campus challenging.

To ensure that parking does not interfere with academic achievement, students are urged to use alternative forms of transportation. Taking advantage of alternatives such as walking, bicycles, mopeds/motorcycles and the MTD student bus pass. If a student needs to drive to campus they are encouraged to take advantage of ridesharing or carpooling.

IMPORTANT information about PARKING

SBCC Commute

Sustainable Transportation Options and Incentives

SBCC Commute is a program supporting the colleges' Transportation Demand Management Plan (TDMP) and the Districts Sustainability Plan. SBCC is committed to the betterment of health and sustainability in our community. Go to:

http://www.sbcc.edu/sustainability/sbcc-commute.php

and find information about the D14 B1KESHOP.

Parking Services

SECURITY ESCORT

Security escorts are available to students, staff, and faculty day or night. Call extension 2269 or 2400 from any campus phone or (805) 730-4200 from a cell phone to ask for an escort.

Parking Permits

Parking permits are required for all vehicles parking on SBCC campus parking lots.

Parking permits are available for sale, online by semester, or daily, from the dispensers in the student lots. In order to avoid a parking citation all cars must have a parking permit affixed to the lower left corner (driver's side) of a vehicle's windshield

STUDENT parking permits may be purchased on-line through pipeline.

More info on:

Parking Lots sbcc.edu/security/parkinglots.php

Parking Enforcements/Citations sbcc.edu/security/parkingenforcementcitations.php

Parking Services

http://www.sbcc.edu/security/parking_traffic_info.php

Transportation to Campus/MTD Bus



THE BUS IS FREE FOR ALL REGISTERED SBCC STUDENTS!

All SBCC students registered in on-campus classes may ride the Metropolitan Transit District (MTD) bus at no cost during that term. Beginning one week prior to the start of the semester students can ride by simply showing their student ID when boarding the bus (except for the Waterfront Shuttle).

Bus routes and schedules are available at:

http://sbmtd.gov

Athletics

As a model student success program, Santa Barbara City College Athletics provides equitable opportunities for students to reach their goals through rigorous academic and athletic preparation and support through diverse teams focused on instilling personal responsibility, effective communication, teamwork and the ability to overcome adversity.

Student athletes are supported through services like the Academic Achievement Zone. Strategies used in the Achievement Zone include individual attention, study skills training, and taking notes, as well as encouragement to assume responsibility for academic success.

Is your student interested in being a student athlete?

Go to: sbccvaqueros.com/landing/index

Click on TEAMS, then click on the team you are interested in and then click RECRUIT FORM located on the top right hand side of the page Complete it and submit.

MEN'S SPORTS

Baseball

Basketball

Cross Country

Football

Golf

Soccer

Tennis

Track & Field Volleyball

WOMEN'S SPORTS

Basketball

Beach Volleyball

Cross Country

Golf

Soccer

Softball

Swimming & Diving

Tennis

Track & Field

Volleyball

Water Polo





SBCC Safety & Emergency

The Santa Barbara City College Campus Safety & Emergency Department is committed in providing a safe and secure environment for all students, staff and visitors by establishing a peaceful learning atmosphere where all people can attend safely and without fear.

Campus Safety & Emergency is committed to developing and exploring new and innovative ways to achieve our goals in providing a safer environment. We strive to provide the college community with outstanding customer service while balancing the enforcement of the policies and procedures that we are charged to uphold.

One of the primary objectives of the department is to make the campus secure for students, staff and visitors. Campus security officers patrol the college's East and West campuses including the parking lots. The officers carry walkie-talkies which give them instant communication with the local police. Among other duties Security is also responsible for parking enforcement on campus as well as campus lost and

Want information on Campus Security, Crime Statistics, Safety Tips, Animals on Campus, Lost and Found, or how to contact Campus Security?

Go to: sbcc.edu/security/index.php



Sign Up for Emergency Notifications

To enhance the safety of students and visitors to Santa Barbara City College, the college has selected the AlertU platform to implement an emergency messaging system (EMS) to provide students and members of the community cell phone based text messaging in the case of an emergency.



To sign up: Text "Join SBCC" to 58339

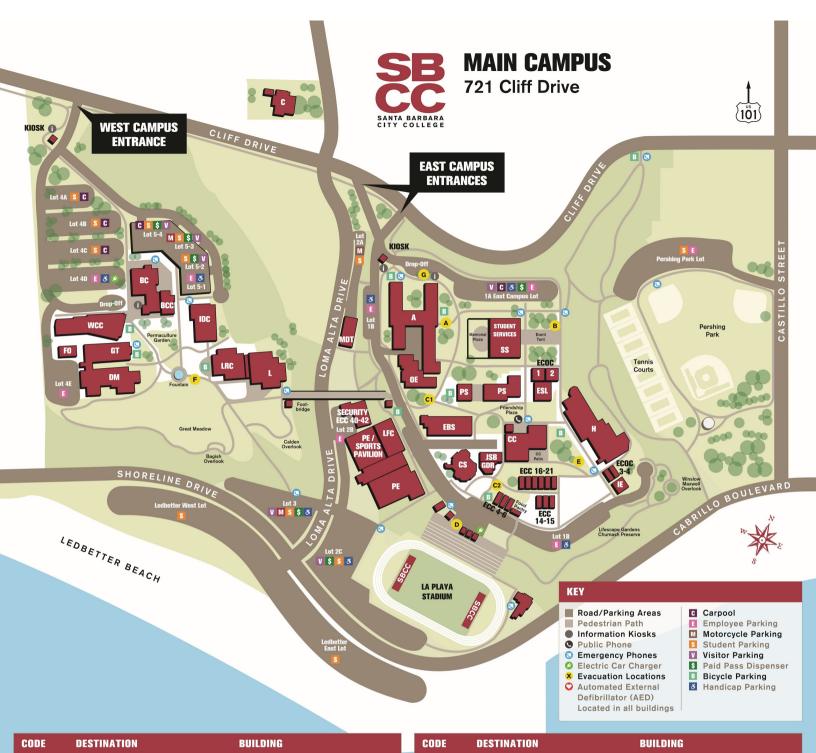
Know Where Emergency Phones Are Located On Campus

Emergency Phones/Blue Light Phones are located in multiple areas on campus. Students should make themselves aware of where phones are located on campus so they can be used in case of emergency.

Find details: https://www.sbcc.edu/security/Clery_Annual_Security_Report.php#EMERGENCYPHONES

Smoking on Campus

The use of tobacco products is prohibited within any college facility and/or any outside area of the campus. Tobacco products - includes but is not limited to the burning of any type of cigar, cigarette, pipe, electronic cigarette, or any other smoking equipment. The use of smokeless/chewing tobacco is also prohibited. This policy pertains to students, faculty, staff, administrators, visitors and the general public attending campus events.



A SS Administration Administration н Humanities Humanities Admissions/Student Services Student Services Information Administration Atkinson Art Gallery Н Humanities IDC Interdisciplinary Center Interdisciplinary Center cs Campus Store Bookstore ΙE International Education Center International Education Center Business/Communications BC Business/Communications Center **GDR** Gourmet Dining Room, John Dunn School of Culinary Arts BCC **Business/Communications Cafeteria Business Communication** JSB JSB Café School of Culinary Arts CC Cafeteria Campus Center DM Jurkowitz Theatre Drama/Music Campus Center CC Campus Center LA PLAYA La Playa Stadium La Playa Stadium Drama/Music Drama/Music DM LRC Learning Resources Center Learning Resources Center Earth & Biological Sciences Earth & Biological Sciences **EBS** LFC Life Fitness Center Life Fitness Center East Campus Classrooms East Campus Classrooms **ECC** Luria Library Luria Library East Campus Office Center I East Campus Office Center I FCOC 1 MDT Marine Diving Technologies Marine Diving Technologies East Campus Office Center II East Campus Office Center II ECOC 2 OE Occupational Education Administration East Campus Office Center III East Campus Office Center III FCOC 3 С Orfalea Early Learning Center 365 Loma Alta Drive East Campus Office Center IV ECOC 4 East Campus Office Center IV PS Physical Science Luria Conference/Press Center FSI English as a Second Language **ESL** Building FCC 42 Receiving and Shipping/Purchasing **ECC 42** (ESL) Center SECURITY Security Office **ECC 41** Facilities and Operations FO **Facilities and Operations** PΕ PE/Sports Pavilion **Sports Pavilion ECC 40** Faculty Resource Center FCC 40 PΕ **Physical Education** PΕ Business/Communications вс Fé Bland Forum SS Student Services/Admissions **Student Services** Foundation for SBCC Α Administration ΙE Study Abroad Office International Education Center GT **Garvin Theatre Garvin Theatre** ECOC 1 Veterans Assistance East Campus Office Center I, Rm. 7 Hotel/Restaurant/Culinary SCA School of Culinary Arts wcc West Campus Center West Campus Center 30



Welcome to the Vaquero Family.











