COURSE INFORMATION

CNA 101 – BASIC CLASS

This is the basic course for the professional Certified Nursing Assistant. The focus is on caring for the elderly with compassion. Students are taught principles of infection control, communication techniques, and the skills to safely care for people. These skills include bathing, dressing, assisting to eat, grooming, toileting, lifting and moving while using proper body mechanics.

During the spring and fall semesters, the class meets during the **first 10 weeks**.

The summer session meets for **6 weeks**, dates to be determined each academic year.

Students attend classes, practice skills in the Allied Health and Nursing Lab at SBCC, and participate in eight weeks of clinical experience in three different skilled nursing facilities in the Santa Barbara community.

During the fall and spring semesters, all class /lab /clinical participation is on **Tuesdays, Wednesdays, and Fridays**.

Summer session classes meet **Monday through Friday**.

Classes are held from 8 am to 12 pm (or 2 pm during 1st two weeks.)
Lab is held from 12 pm – 3 pm on Fridays only.
Clinical sessions are held from 6:50 am to 2 pm on Tues and Wed.

The **calendar for the spring semester** can be seen [here](#).
The **calendar for the fall semester** can be seen [here](#).
The **calendar for summer** can be seen [here](#).

Students must successfully pass both the theory and the clinical portions of the course with a minimum grade of C to qualify to take the CNA State Certification Exam. Passing the CA state exam qualifies one to receive the CNA certification.

*(prior convictions may interfere with the certification being issued, even if the student successfully passes the class and the exam.)*

**Students must pass CNA 101 to be able to continue into CNA 102, Home Health Aide and CNA 103, Acute Care.**
The Home Health Aide (HHA) course is offered **during the final 3.5 weeks** of the fall and spring semesters. The class prepares students to give care in the home. It focuses on the role of the HHA in performing personal care in the home environment. It includes the health and social needs of the client, providing for infection control and safety, planning to meet nutritional needs, food shopping, preparation and storage, and home cleaning tasks.

Completion of the course provides the student with a California Home Health Aide Certification.

**This is a separate class.** Anyone who has a current CNA license can take this course but you must submit an application and complete the requirements. Students currently enrolled in the CNA semester must show proof of having passed the CA State Certification Exam to participate in CNA 102.

*CNA 102 Home Health Aide is not offered in the summer session.*
CNA 103 – ACUTE CARE (hospital based)

The Acute Care class immediately follows CNA 101 for the next 2.5 weeks. It builds on the basic skills learned during CNA 101, applying them to the acute care hospital setting. The class studies body structure and function, and disease process in more depth. Students gain experience with more advanced equipment and the faster pace of caring for short-term, acutely ill patients. Acute care offers another important employment option for the CNA.

Students must have passed the CNA 101 course. Passing the state exam is not mandatory, but is highly recommended.

CNA 103 – Acute Care is not offered in the summer session.

It is recommended that students enroll in all three classes to receive a well-rounded education.
### CNA / HHA COURSE CREDITS

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<th>Units</th>
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<td>Certified Nursing Assistant – basic course</td>
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### EXPENSES

The expenses below will be paid for through the generous donation from the Arthur N. Rupe Foundation:

- Enrollment fees
  (CA residents only)
- Textbooks
- Certification exam
- Live Scan (fingerprinting) fees
- One uniform and basic equipment
- SBCC transportation fee
- SBCC health fee
- SBCC student representation fee

**Students will need to pay for the following:**

- Physical examination
- Immunizations, if needed (measles, mumps, rubella, Hepatitis B, polio, tetanus)
- TB (tuberculosis) testing
- CPR class for the Professional Rescuer or Health Care Provider
- White shoes (for uniform)
- Watch with second hand

The costs above may total up to $300.

**Students may choose to pay for additional college based fees, which are OPTIONAL:**

- Parking Fee
- Student Activity Fee

**All fees are subject to change – see college catalog or pipeline for current fees.**
CRIMINAL SCREENING PROCEDURE

A professional nursing assistant must be a trustworthy, law-abiding individual. For this reason, Live Scan (fingerprinting) is required. The student must respond to the following question and act accordingly:

Have you ever been convicted by any court of a crime other than a minor traffic violation?

If you answered “Yes” to the above question, you must write a letter to the CA Department of Public Health. Include the information that is listed below and send it to the address provided.

If you have a prior conviction, you may enroll in and take the CNA / HHA courses, but clearance for receiving the certification is up to the California Licensing and Certification Department, and it depends on the nature and severity of the infraction.

This process is the student’s responsibility and needs to be done either prior to starting the course, or soon after the class has started.

To comply with this requirement, write a letter that contains:

1. Date

2. Statement:
   “This letter is being submitted for state approval to receive certification upon completion of the Certified Nursing Assistant training course.”

3. Include in the letter:
   Dates and nature of the incident(s)
   Disposition of the case (provide court papers)
   Your current status
   Letters from Probation Officer (if applicable)
   Letters of Recommendation (non-family; three letters)
4. Send to:
   California Department of Public Health
   Licensing and Certification Division
   1615 Capital Ave, ATCS-MS 3301
   PO Box 997416
   Sacramento, CA  95899-7416

   The Licensing and Certification unit will determine if the Certification is to be granted under the circumstances that are outlined in your letter, and you will receive a letter directly from them.
   For further information or questions, please contact:

   Santa Barbara City College
   Health Technology Office
   721 Cliff Drive
   Santa Barbara, CA  93109

   Health Technology Office
   Lorraine Michalak
   Nursing Programs Support Specialist
   (805) 965-0581 x 2366
   8:00 – 4:30  Monday – Friday

   Mary Webber
   Program Director / Instructor
   Dorothy D. Rupe CNA / HHA Program
   (805) 965-0581 x 3027

   Michelle Lehne
   Summer Program Director / Instructor
   Dorothy D. Rupe CNA Program
   (805) 730-5138