

SANTA BARBARA COMMUNITY COLLEGE DISTRICT

CLASSIFICATION: **CLASSIFIED**

CLASS TITLE: **ATHLETIC TRAINER**

SALARY TABLE: **29**

SALARY RANGE: **35**

BASIC FUNCTION:

Under the direction of an assigned administrator, provide first aid, preventative and rehabilitative treatment to athletes engaged in intercollegiate sports and other athletic activities; provide assistance to students in the prevention of athletic injuries and prepare students for practice and competition.

REPRESENTATIVE DUTIES:

ESSENTIAL DUTIES:

Provide first aid, preventative and rehabilitative treatment to athletes involved in intercollegiate sports and other athletic activities; develop and implement individualized rehabilitation, therapeutic and reconditioning programs for injured students.

Attend athletic events to monitor athletic activities and provide medical treatment services; identify, evaluate and provide immediate first aid in response to athletic injuries; administer emergency first aid as necessary.

Provide assistance to students in the prevention of athletic injuries and prepare students for practice and competition; tape, stretch, massage and wrap athletes to prevent injury or re-injury; supply and assist students with straps, braces and other adaptive equipment to assist with protection from injury.

Train and provide work direction and guidance to student assistants; schedule and coordinate student work assignments; provide instruction and technical assistance concerning athletic training and related principles, techniques, practices and procedures.

Assist students with specialized therapeutic exercises; perform demonstrations and assure student understanding of proper exercise techniques and procedures; monitor and adjust activities in response to student progress.

Arrange medical appointments for students and prepare related insurance forms as needed; implement physician instructions related to physical therapy; coordinate and arrange periodic physical screening activities.

Prepare and maintain a variety of records and reports related to insurance claims, physical screenings, injuries, treatment, rehabilitation, student workers and assigned activities.

Inspect athletic equipment, uniforms and facilities to assure compliance with established safety standards and requirements; coordinate and set up water supplies for athletic activities as directed.

Communicate with students, personnel and various outside agencies to exchange information,

December 2020

Ewing Consulting Services

coordinate activities and resolve issues or concerns; provide assistance to students concerning insurance bills, issues and conflicts as requested.

Operate a variety of first aid, therapeutic and adaptive equipment; utilize a computer and assigned software as required; drive a vehicle to conduct work; operate a two-way radio.

Assist in determining the ability of injured students to participate in sports events and rehabilitated students to return to athletic activities.

Order, receive and maintain adequate inventory levels of first aid and other treatment supplies as directed.

OTHER DUTIES:

Perform related duties as assigned.

KNOWLEDGE AND ABILITIES:

KNOWLEDGE OF:

Principles, practices, procedures, techniques and equipment used in the prevention, care and rehabilitation of athletic injuries.

Symptoms of various athletic injuries and appropriate methods of treatment.

Practices, procedures and techniques involved in taping, stretching, massaging and wrapping athletes to prevent injury or re-injury

Medical practices, procedures and terminology related to athletic training.

General human anatomy and physiological response to modalities.

Operation of a variety of first aid, therapeutic and adaptive equipment

Safety guidelines and regulations in athletic and therapeutic activities.

Individualized rehabilitation and reconditioning techniques and procedures for injured students.

Principles of training and providing work direction.

First aid and CPR techniques.

Oral and written communication skills.

Interpersonal skills using tact, patience and courtesy.

Record-keeping and report preparation techniques.

ABILITY TO:

Provide first aid, preventative and rehabilitative treatment to athletes involved in intercollegiate sports and other athletic activities.

Provide assistance to students in the prevention of athletic injuries and prepare students for practice and competition.

Develop and implement individualized rehabilitation, therapeutic and reconditioning programs for injured students.

Identify, evaluate and provide immediate first aid in response to athletic injuries.

Tape, stretch, massage and wrap athletes to prevent injury or re-injury.

Train and provide work direction and guidance to student assistants.

Arrange medical appointments for students and prepare related insurance forms.

Assist students with specialized therapeutic exercises.

Inspect and assure safety of athletic equipment, uniforms and facilities.
Operate a variety of first aid, therapeutic and adaptive equipment.
Assess and evaluate athletic injuries during competition to determine if athlete can return to play.
Plan and organize work.
Meet schedules and time lines.
Work independently with little direction.
Maintain records and prepare reports.
Communicate effectively both orally and in writing.
Establish and maintain cooperative and effective working relationships with others.

EDUCATION AND EXPERIENCE:

Any combination equivalent to: bachelor's degree in athletic training and one year experience providing first aid, preventative and rehabilitative treatment to athletes.

LICENSES AND OTHER REQUIREMENTS:

Valid California Class B driver's license.
Valid National Athletic Trainers Association Certification
Valid First Aid and CPR Certificate issued by an authorized agency.

WORKING CONDITIONS:

ENVIRONMENT:

Indoor and outdoor work environment.
Evening or variable hours.
Possible exposure to adverse weather conditions.

PHYSICAL DEMANDS:

Dexterity of hands and fingers to operate a variety of equipment and provide treatment to students.
Sitting or standing for extended periods of time.
Bending at the waist, kneeling or crouching to assist students.
Seeing to monitor student activities.
Hearing and speaking to exchange information.
Reaching overhead, above the shoulders and horizontally.
Lifting, carrying, pushing or pulling heavy objects as assigned by the position.
Walking.

HAZARDS:

Potential for exposure to bodily fluids and blood borne pathogens.