

# ERTH 134 Western Sierra Nevada Equipment List

Note: You must attend the pre-trip orientation on Thursday, July 26, 2018  
 The trip leaves on Monday, July 30 at 5:45 a.m.

**BE ESPECIALLY PREPARED FOR COLD WEATHER. WE WILL BE CAMPING HIGH IN THE SIERRAS AND SOME SUB-FREEZING NIGHTS ARE LIKELY.**

✓	<p><b>LIST A – CAMPING GEAR. Pack these items in your duffel bag or suitcase. Do not use a backpack with metal frame. You will not have access to your List A gear during the day.</b></p> <ul style="list-style-type: none"> <li>• Label every item clearly with your name.</li> <li>• Do not tie or bungee together your sleeping bag, duffel bag and other gear into one long linked bundle.</li> <li>• Do not pack breakables. Your gear will be handled roughly.</li> <li>• Be prepared for <b>cold</b> and <b>wet!!!</b></li> </ul>
	Sleeping bag - very warm non-cotton filled sleeping bag (borrow or rent one if you don't have one) or bring two
	Ensolite/foam pad/air mattress
	Waterproof ground cloth/tarp
	Flashlight or headlamp with new batteries
	Duffel bag/suitcase.
	Coffee mug. No drinking containers are provided.
	Earplugs (optional)
	Personal toilet items
	Small tent (2 campers per tent maximum)
✓	<b>Clothing</b>
	Adequate clothes for hot, cold, and wet weather. Note: We have had ice form during the night. Happy campers are ones who bring parkas. If you do not own a parka, bring two sweaters plus a hoody or some equivalent.
	Light-weight closed-toe hiking boots/shoes ( <b>No flip-flops</b> )
	2 jackets or sweatshirts
	Wool or ski gloves (very important— see note, above, on cold nights)
	Warm hat (use for sleeping, too)
	Rain gear
	<b>Compact, flat-folding</b> chair or something soft to sit on (for around our camps)

✓	<p><b>LIST B – DAY STUFF. Pack LIST B items in your backpack. Bring it with you on the morning of departure and take it with you on the van. This is your “during the day” gear.</b></p>
	<b>Note taking items</b>
	3-ring binder for notes (1" thick)
	Lots of paper, 3-hole punched, white, lined 8 1/2 x 11 inch OR spiral, composition notebook for field notes
	8 sheets of lined paper for taking quizzes (especially important if you opt for the spiral or comp book option for your field notes)
	Pens - black or blue
	Colored pencils (8 colors), pencil sharpener
	Straight edge, White-Out, eraser
✓	<b>Clothing</b>
	Jacket or sweatshirt
	Swimsuit, towel
	Hat with brim (optional)
✓	<b>Other items</b>
	Lunch (1+ day only)
	Water bottle, filled
	Small stuff sack for a couple of items of loose clothing
	Camera and plenty of film or memory (optional)
	Sunscreen
	Sunglasses
	Soap, shampoo, deodorant
	Chapstick
	Hand lotion
	Kleenex/toilet paper
	Moist towelettes (optional)
	Insect repellent (optional)
	Smart phone charging cord
	Information about your private medical insurance including name, policy number, details, deductibles, etc. plus how to file a claim
	Music with <b>individual headphones</b> - for camp use only.

**PROHIBITED ITEMS**

**DO NOT BRING:** drugs, alcohol, firearms, boom boxes, rock climbing gear, "condo-style" tents.