

Equipment List for Colorado Plateau Field Trip

LIST A – CAMPING GEAR

Pack these items in your duffel bag or suitcase. Do not use a backpack with metal frame.

- Label every item clearly with your name.
- Bring your camping gear to the EBS loading dock the day before the field trip departs. The next time you will have access to your gear will be the following evening.
- Do not tie or bungee together your sleeping bag, duffel bag and other gear into one long linked bundle.
- Do not pack breakables. Your gear will be handled roughly.

✓	Camping Equipment
	Sleeping bag adequate to sub-freezing temperatures
	Ensolite/foam pad/air mattress
	Waterproof ground cloth/tarp
	Flashlight with new batteries
	Duffel bag/suitcase.
	Small tent with rain fly
✓	Personal Toilet Items
	Toothbrush, toothpaste
	Shaver/razor blades
	Moist towelettes (optional)
	Soap
	Shampoo, conditioner
	Deodorant
	Hand lotion
	Coffee mug. No drinking containers are provided.
✓	Clothing
	We will be experiencing temperatures from freezing to 100s; it is not unrealistic to expect thundershower activity; therefore, be prepared to be wet, dry, hot, and cold. We will be stopping to do laundry on day 7 or 8, so it is not necessary to bring 2 weeks worth of clothing.
	Adequate clothes for both hot and cold weather
	Hiking boots/shoes
	Jacket or sweatshirt
✓	Optional
	Music with individual headphones - for camp use only.
	Volley ball/Frisbee/hacky-sack/smash-ball
	Durable musical instruments – NO DRUMS!

DO NOT BRING: Drugs, alcohol, firearms, climbing gear, or boom boxes. **Any possession or use of drugs or alcohol on this trip will result in severe disciplinary action, including failure in the course and being sent home at the nearest opportunity and billed for the transportation costs. Please do not compromise our program in this way.**

LIST B – DAY STUFF

Pack these items in your daypack. Bring it with you on the morning of departure and take it with you on the bus. For daytime use in the van, an under-seat Tupperware container (approximately 10" x 14") is useful for keeping your stuff together.

✓	Note Taking Items
	REQUIRED TEXT 📖
	10x HAND LENS (optional)
	3-ring binder for handouts (1" thick)
	Lots of standard lined paper, 3-hole punched, 8 1/2 x 11 inch or a field notebook
	Pens - black or blue
	Colored pencils, pencil sharpener
	Straight edge
	White-out
✓	Daily Clothing
	Jacket or sweatshirt
	Swimsuit, towel
	Hat with brim
	Long sleeved, light-weight, light-colored shirt (for sun protection)
✓	Other Items/ Personal Gear
	We will be making frequent stops for groceries, refreshments, etc. so it will be possible to pick up personal items enroute, but to avoid the hassle, bring a 13-day supply of your personal gear with you.
	Lunch (1 st day only)
	Water bottle, filled
	Sunscreen
	Sunglasses
	Binoculars (if you've got them)
	Chapstick
	Kleenex/toilet paper
	Soap, shampoo, deodorant
	INSECT REPELLENT !! 🦟
	Compact, flat-folding chair or something soft to sit on
	Information about your private medical insurance including name, policy number, details, deductibles, etc. plus how to file a claim
✓	Photographic Gear/Camera Camera (optional)
	If you do not already own a medium to good quality camera, then beg, borrow, or steal to get one, as the photographic opportunities on this trip are phenomenal. U-V and polarizing filters are recommended if you have them. Bring plenty of film or memory cards and batteries.
	Electronics. Inverters will be available on a limited basis for charging cell phones, camera batteries, etc.