**Department Requirements**

**Total Department Units: 38-39**

<table>
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<tr>
<th>2012-13</th>
<th>Previous Course No.</th>
<th>Title</th>
<th>Units</th>
<th>Institution &amp; Course No.</th>
<th>Grade</th>
<th>Term</th>
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- **ADC 120**............ (none)............ Alcohol & Other Drugs: History, Dynamics & Models ........3.0
- **ADC 121**............ (none)............ Basic Interviewing and Counseling Skills.......................3.0
- **ADC 122**............ (none)............ Pharm & Physiol Effects of Alcohol & Other Drugs......3.0
- **ADC 123**............ (none)............ Group Treatment ..........................................................3.0
- **ADC 124**............ (none)............ Chemical Dependency and the Family.........................3.0
- **ADC 125**............ (none)............ Co-Occurring Disorders I: Recognition & Referral ..........3.0
- **ADC 126**............ (none)............ Treatm & Case Mgmt of the Chem-Depend Individual ......4.0
- **ADC 152**............ (none)............ Clinical Process .........................................................3.0
- **PSY 100**............. (PSYCH 1/100) .... General Psychology^ OR ........................................3.0
- **PSY 100H**........... (PSYCH 100HR) .... General Psychology, Honors^ ....................................4.0
- **ADC 290**............ (none)............ Work Experience in Alcohol and Drug Counseling ..........4.0

* Acceptable substitutions are as follows: ADC 100 will substitute for ADC 120; ADC 101 will substitute for ADC 121; ADC 102 will substitute for ADC 122; ADC 107 will substitute for ADC 123; ADC 108 will substitute for ADC 124; ADC 112 will substitute for ADC 125; and ADC 105 & 106-OR ADC 106 & 116 will substitute for ADC 126. + ADC 120 and 121 should be taken before other ADC counseling courses (i.e., ADC 123, 124, 126).

**Required Alcohol and Drug Counseling Elective Courses:** Choose any one of the following combination of courses for a total of 3 units:

- **ADC 111**............ (none)............ Substance Abuse and Society........................................2.0
- **ADC 117**............ (none)............ Motivational Interviewing .........................................1.0
- **ADC 118**............ (none)............ Relationships in Recovery...........................................1.0
- **ADC 119**............ (none)............ Finding Your Authentic Voice ..................................1.0
- **ADC 127**............ (none)............ Complmt Treat: Auric Accup, Nutr & Amino Acid Ther..1.0
- **ADC 128**............ (none)............ Intro. to the Twelve Steps of Alcoholics Anonymous ....1.0
- **ADC 130**............ (none)............ Div & Cultural Issues in Couns: Id, Expr & Addiction ......3.0
- **ADC 131#**............ (none)............ Attitudes, Motivation and Behavior Change..................3.0
- **ADC 132#**............ (none)............ Substance Abuse and Adolescents ...............................3.0
- **ADC 133#**............ (none)............ Anger Management and Family Violence ....................3.0
- **ADC 134#**............ (none)............ Co-Occurring Disorders II: Mgmt and Treatment ........3.0
- **ADC 136**............ (none)............ Eating Disorders I....................................................1.0
- **ADC 137**............ (none)............ Conflict Resolution....................................................1.0
- **ADC 138**............ (none)............ Multiple Sexual Addictions .....................................1.0
- **ADC 139**............ (none)............ Introduction to Process Addictions ............................3.0
- **ADC 140**............ (none)............ Recovery Through Movement .....................................2.0
- **ADC 141**............ (none)............ Integral Treatment Modalities ....................................1.0

# Acceptable substitutions are as follows: ADC 103 will substitute for ADC 130; ADC 109 will substitute for ADC 131; ADC 110 will substitute for ADC 132; ADC 113 or ADC 114 will substitute for ADC 133; and, ADC 115 will substitute for ADC 134.

**Required Behavioral Science elective:** Choose any one of the following courses:

- **PSY 130**............. (PSYCH 3/130) .... Personality Dynamics and Effective Behavior^ ........3.0
- **PSY 170**............. (PSYCH 170) .... Abnormal Psychology^ ............................................3.0
- **SOC 101**............. (1)............ Introduction to Sociology^ OR .......................................3.0
- **SOC 101H**........... (none)............ Introduction to Sociology, Honors^ ..........................3.0
- **SOC 103**............. (3)............ Marriage, Family and Intimacy^ES ...............................3.0
- **SOC 104**............. (4)............ Social Psychology^ ...................................................3.0

**Associate Degree Graduation Requirements:** (1) Complete all department requirements with a “C” or better in each course. Candidates for an Associate Degree are also required to complete at least 20% of the department requirements through SBCC. Pass/No Pass grading is not permitted in those courses needed to fulfill department requirements; (2) Complete at least 18 units of General Education Requirements (Areas A-D) of the SBCC General Education pattern; (3) Complete the SBCC Institutional Requirements (Area E); (4) Complete the Information Competency Requirement (Area F); (5) Complete a total of 60 degree-applicable units (SBCC courses numbered 100 and higher); (6) Maintain a cumulative GPA of 2.0 or better in all units attempted at SBCC; (7) Maintain a cumulative GPA of 2.0 or better in all college units attempted; and (8) Candidates for an Associate Degree are required to complete 15 units through SBCC.

**Additional Program Information**

For further information, contact the Counseling Center, 965-0581, Ext. 2285 or Gordon Coburn, Department Chair, 965-0581, Ext. 3021. Check your degree progress with DARS U-Achieve at [www.sbcc.edu/DARS](http://www.sbcc.edu/DARS).

*Santa Barbara City College*
### SBCC AA/AS Degree Graduation Requirements (Must complete I, II, III and IV below)

#### I. General Education, Institutional & Information Competency (Institution & Course Number)

<table>
<thead>
<tr>
<th>Grade</th>
<th>Units (s/q)</th>
<th>Term</th>
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**A-D. General Education Requirements**

- **A. Natural Sciences with Lab**
- **B. Social and Behavioral Science**
- **C. Humanities**
- **D. Language and Rationality**
  - D-1. English Composition
  - D-2. Communication and Analytical Thinking

**E. SBCC Institutional Requirements**

- **E-1. Mathematics**
- Plus complete three out of the four areas listed below (E2-E5)
  - **E-2. American Institutions**
  - **E-3. Physical Education/Health Education**
  - **E-4. Oral Communication**
  - **E-5. Multicultural/Gender Studies**

**F. Information Competency Requirement**

**For specific course, unit and grade requirements see the General Education, Institutional and Information Competency Requirements handout available in the Counseling department or visit [http://www.sbcc.edu/apply/files/gereq.pdf](http://www.sbcc.edu/apply/files/gereq.pdf).**

#### II. Unit and Grade Point Average Requirements:

Refer to Graduation Requirements on the other side of this document.

<table>
<thead>
<tr>
<th>SBCC</th>
<th>Transfer</th>
<th>Total</th>
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<tbody>
<tr>
<td>Total Semester Units Attempted</td>
<td>Total Semester Units Completed</td>
<td>Grade Points</td>
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#### III. Residency Requirements:

1. 15 units completed through SBCC? □ Yes □ No
2. 20% of Department Requirements completed through SBCC? □ Yes □ No

#### IV. Department Requirements:

Refer to the other side of this document for a list of required courses. Were all department requirements completed with a “C” or higher in each course? □ Yes □ No

Waivers/Substitutions: __________________________

Counselor Comments: __________________________

Student's name: __________________________

Student ID: __________________________

Counselor’s Name: __________________________

Code: ________ Date: ___________________