How One Small Step Can Change Your Life

“Take baby steps. Get there, show up. Then take it one assignment at a time.”

“A role model. A stand-out student.”
“Focused and goal oriented.”
“Gives back to the program.”
“A positive and encouraging attitude toward fellow students.”

Meet Detria Davis through the lens of her instructors who hold her in high regard, but Detria hasn’t always seen herself this way. After leaving high school without a diploma, she struggled for many years and eventually fell into depression.

In her darkest hour, after some self reflection and a visit from her mom, she was reminded that she had always wanted to be a nurse. The next day she went to SBCC and visited with a counselor. Within a week, she was enrolled in the tuition-free Adult High School program at the School of Extended Learning.

Detria was nervous about going back to school but soon completed her credits for high school graduation. She is about to receive an associate of arts degree and her next goal is to transfer to a four-year institution to receive a bachelor’s degree in nursing. For the last three years she has been working full-time as a nursing assistant while being a full-time student. Her work also feeds her soul, she loves her job, and helps put smiles on patients’ faces every day.

What Detria didn’t realize is that free resources and a free education are here at Extended Learning for everyone. The support and encouragement that comes from instructors and peers is unimaginable. Detria is now a reinvented version of her old self, with humility, confidence and determination.

Detria unassumingly offers this advice to others thinking about coming back to school: “Take baby steps. Get there, show up. Then take it one assignment at a time. Just get into the environment and the rest comes together.” Oh, and by the way, she declares, “Knowledge makes you more powerful.”

Classes and Workshops

Two six-week sessions providing greater flexibility for your busy summer schedule:

May 21 - June 29
June 30 - August 10

Easiest way to register for classes is on location at Wake or Schott Campus in Santa Barbara.

For more information:
sbcc.edu/ExtendedLearning
(805) 964-6853

Try some of these great classes this summer:

**Career Skills**
- Career Strategist Certificate (New)
- Accounting Basics Small Business Certificate (New)
- Basic Office Software Skills Certificate

**English as a Second Language (ESL)**
- American Culture for ESL Students
- Political and Cultural History of the United States: ESL
- Intermediate ESL Vocabulary

**Older Adults**
- Nature and Self Healing for Older Adults
- World of Interest: for Older Adults
- Writer’s Boot-camp for Older Adults

**Fee-Based Life Enhancement**
- Access your Inner Healer (New)
- The Healing Powers of Plants (New)
- What a California Native Knows that you Need to Know
- How to Select the Best Plants When Visiting a Nursery
- Mastering Paneer Massala
## ADULT HIGH SCHOOL, GED, BILINGUAL GED
- Adult High School .......................................................... 8
- General Education (GED) .............................................. 15
- General Education (GED) Bilingual ............................ 16

## CAREER SKILLS
- Accounting .................................................................... 18
- Computer Applications and Office Management ......... 18
- Construction Technology ............................................ 19
- Environmental Horticulture ........................................ 20
- Graphic Design and Photography ............................... 20
- Multimedia Arts and Technologies ............................. 20
- Personal Development .................................................. 21
- Photography ................................................................. 21
- Professional Development .......................................... 21

## ENGLISH AS A SECOND LANGUAGE (ESL)
- English as a Second Language ................................. 23
- English as a Second Language - Vocational ............... 26

## FEE-BASED LIFE ENHANCEMENT

### Arts, Crafts, Performance
- Arts ............................................................................... 27
- Crafts and Hobbies: General ..................................... 28
- Crafts: Ceramics ......................................................... 29
- Crafts: Jewelry ......................................................... 30
- Music and Performing Arts ....................................... 30
- Woodworking ............................................................. 31

### Body, Mind, Spirit
- Dance, Fitness, and Personal ..................................... 32
- Health ........................................................................... 36
- Psychology and Spirituality ....................................... 37

### Events, Language, Photography
- Current Events, World Affairs and Local Culture ....... 37
- Languages ................................................................. 37
- Photography and Film .............................................. 39
- Writing and Literature ............................................. 39

### Home and Family
- Cooking ................................................................. 39
- Home and Garden .................................................... 40
FEE-BASED LIFE ENHANCEMENT
(continued)

Nature, Science, Recreation
- Games ................................................................. 41
- Science and Nature ........................................... 41

OLDER ADULTS
- Art ................................................................... 42
- English, Composition and Literature ................ 44
- Music ................................................................ 45
- Psychology ....................................................... 46
- Theatre Arts ..................................................... 47

GENERAL INFORMATION
- Registration Information .................................. 3
- General Information and Policies .................... 6
- Leadership ....................................................... 7
- Index By Category ............................................ 48
- Campus Maps .................................................. 51
- Directory Of Locations ................................... 52

FINANCIAL ASSISTANCE

Financial assistance in the form of small grants is available. For information and application forms, contact Student Support Services, Schott Campus: (805) 898-8160.

Tuition Assistance is also available for fee-based classes. Call (805) 683-8200.
Two Easy Ways to Register

1. SIGN UP IN PERSON

The quickest and most convenient way to register for classes is in person at either Schott or Wake Campus.

**SCHOTT CAMPUS**
310 W. Padre St.,
Santa Barbara, CA 93105

**WAKE CAMPUS**
300 N. Turnpike Rd.,
Santa Barbara, CA 93111

2. SIGN UP ONLINE

Register for classes online at: [www.sbcc.edu/ExtendedLearning](http://www.sbcc.edu/ExtendedLearning)
starting April 20, 2018

- **NEW STUDENTS:**
  An application and Pipeline user profile is required before you can register for a class.

- **RETURNING STUDENTS:**
  If you have already created a Pipeline user profile, simply sign-in with your Pipeline username and password.

- **DETAILED INSTRUCTIONS**
  and helpful tips are available at [www.sbcc.edu/ExtendedLearning](http://www.sbcc.edu/ExtendedLearning)
ADMISSION

All classes are open to persons age 18 or over, unless otherwise noted, or who are not enrolled in a secondary school.

Those under 18 who have a high school diploma are also eligible. Exceptions to the age 18 or older eligibility requirement can be made for a student who submits a “Minor Enrollment Request Form.” (See “Procedures for Enrollment of Minors in Noncredit Classes” below.)

Applications for SUMMER 2018 must be submitted by any student who was not enrolled at SBCC for the Spring 2018 semester.

Procedures for Enrollment of Minors

SBCC allows high school students in grade 9 (age 14) to enroll in Noncredit Educational Programs classes if they follow specific registration and enrollment procedures as follows:

1. Any student age 17 or under who attempts enrollment in noncredit classes will be prompted to contact the Student Support Services Office at the Schott Campus for information on how to proceed in order to register. No student will be permitted to enroll in noncredit classes if they are under the age of 14.

2. If space in the class is available, students 14 to 17 will be registered but must follow these procedures:

   a. Obtain and complete a Minor Enrollment Request Form from the Information and Registration office at either the Schott Campus, Wake Campus or from the off-campus instructor.

   b. The form must be completed and signed by a high school administrator, parents/guardians, noncredit class instructor and an administrator of the Noncredit Educational Programs.

   c. The completed form, along with the Registration form, must be returned to the Student Support Services Office at the Schott Campus or the Information and Registration office at the Schott Campus or Wake Campus. Completed forms can also be given to an off-campus instructor.

   d. The minor student may not attend class until they have completed and submitted all the required paperwork.

   e. Paperwork is required of each student for every term in which the minor student enrolls.

   f. Adult students, 18 and older, will be given registration priority.

DISABLED SERVICES AND PROGRAMS FOR STUDENTS

Accommodations for Disability

SBCC students with disabilities who are requesting accommodations for classes, college activities or tests should use the following SBCC procedure: (1) Contact Disability Services and Programs for Students (DSPS); (2) Submit documentation of your disability to the DSPS office; (3) Communicate with a DSPS counselor regarding options for services and accommodations; (4) Reach written accommodation agreement with the DSPS counselor and your instructor. (NOTE: This procedure also includes student requests to bring into classes personal service attendants who are not SBCC employees.) Contact: DSPS office (805) 965-0581 x 2364, SS Building, Room 160, dspshelp@sbcc.edu.

SBCC requests you complete this process at least ten working days before your accommodation is needed, in order to allow DSPS staff time to provide your accommodation.

For full details of the SBCC Policies and Procedures, visit www.sbcc.edu/ExtendedLearning

CLASSES ARE SUBJECT TO CHANGE

SBCC School of Extended Learning reserves the right to cancel classes, change times or locations, and change instructors when necessary. Fees are subject to change. In the event of a discrepancy between the printed and online versions of our catalog, information shown online prevails.

SBCC is proud to be a Tobacco Free and Smoke Free Campus.

ABOUT THE SCHEDULE

CRN - “Course Reference Number” is used to register in a specific, tuition-free noncredit class.

Days - “R” stands for Thursday.

EVE - “EVE” indicates evening classes.

LOCATION - For complete location names and addresses, see “Directory of Locations” on page 52.

ID - “ID number” is used to register for a specific Life Enhancement fee-based class.

SAT - “SAT” indicates Saturday classes.
APPLYING AND REGISTERING FOR TUITION-FREE CLASSES

To apply and register online for tuition-free classes, go to www.sbcc.edu/ExtendedLearning and click “Apply.”

Registration

After you have completed your application, log on to your SBCC Pipeline account to register for classes. If you are a continuing student, log on to pipeline.sbcc.edu to register.

Online registration is available approximately two weeks to one month before classes start. Class registration is on a first-come, first-served basis, and no visitors or auditors are allowed. If a class is full, students are encouraged to show up to the first class meeting in case of no-shows. A student who does not attend the first meeting of a class may be dropped. If any seats are unclaimed on the first day of a class, walk-in students may then register.

Applying to SBCC

Go to www.sbcc.edu/apply, or obtain a paper application in English or Spanish, available at the Wake and Schott campuses. A supplemental application is required for the Medical Assistant Training Certificate, the Restorative Nurse Assistant Certificate and the Personal Care Attendant Training Certificate. Students interested in those three programs must meet with a Student Support Services Program adviser to complete the supplemental form. Call Student Support Services at (805) 898-8160 to make an appointment.

Late Adds

A student may enroll in a class after it has begun if: (1) space is available; (2) the instructor permits the late enrollment; and (3) the student completes the online application for admission and full registration procedure. See your instructor.

Dropping a Class

Students who decide not to attend class must drop themselves from the class before it starts. To drop, log on to pipeline.sbcc.edu, select “Registration” and then select “Register, Add or Drop Classes.” Follow the instructions on the Add/Drop Classes page for dropping a class. To drop a class after it starts, go to the Information and Registration office at the Schott or Wake Campuses.
STUDENT SUPPORT SERVICES

Provides assistance to students wanting to achieve their education and career goals. Services include:

- Career Counseling
- Academic Advising
- Assessment Testing
- Orientation to Noncredit Educational Programs
  - At the orientation you will:
    - Learn how to read the Schedule of Classes, plan your class and create an ESL academic plan.
    - Learn how to move from one ESL level to the next.
    - Learn about Noncredit Student Support Services.
- Servicios también están disponibles en español
  - En la orientación usted:
    - Aprenderá como planear su horario de clases y como inscribirse.
    - Aprenderá como cambiarse de un nivel de inglés al siguiente.
    - Se informará acerca de los servicios de apoyo para los estudiantes del colegio.
- Transfer Assistance to SBCC Credit Program
- Referral to Community Resources

CLASS FEES - FEE-BASED CLASSES

Class fees include:

- TUITION FEES — Average: $6.50 per hour; the hourly rate for workshops and specialized classes may vary.
- MATERIALS FEES — Cover items used in class or taken home by students, e.g. handouts, food for cooking, clay for ceramics.
- LAB FEES — Cover specialized supplies, utilities, and personnel costs.
- BUILDING FEES — Cover off-campus rental fees.

Any class fees are noted in the class descriptions in this schedule and online. For online registration, fees are payable by credit/debit card only (VISA and MasterCard). If paying by personal check*, money order or cash, payment must be made in person at the main office at either the Schott or Wake Campus. (*There is a $20 service charge for each returned check.)

Cancellation - Fee-Based Classes

The minimum enrollment for fee-based classes is five students, with the exception of classes with lab fees. However, if a class does not meet the enrollment anticipated by the instructor, he or she may cancel the class. In the event that the class is cancelled by the college, the student will receive a full refund or will be able to apply the class fee toward another class.

Satisfaction Guarantee

- New and Improved Refund Policy

You can now receive a FULL refund or free transfer before the second class meets. This guarantee includes one-meeting workshops.
Dr. Melissa V. Moreno,  
*Interim Vice President*  
mvmoreno1@pipeline.sbcc.edu

Jeanette Chian,  
*Associate Director*  
jchianbrooks@pipeline.sbcc.edu  
Career Skills, Vitality Program

Ken Harris,  
*Associate Director*  
keharris1@pipeline.sbcc.edu  
Fee-Based Life Enhancement, Older Adults

Jose Martinez,  
*Coordinator*  
martinezj@pipeline.sbcc.edu  
Community Education Center

Corlei Prieto,  
*Coordinator*  
cnprieto@pipeline.sbcc.edu  
Adult Education Block Grant

Andrew Harper,  
*Senior Director*  
agharp@pipeline.sbcc.edu  
Health & Safety, Older Adults, Parenting

Claudia Johnson,  
*Director*  
cljohnson10@pipeline.sbcc.edu  
Adult High School/GED, Dual Enrollment

Sachiko Oates,  
*Faculty Liaison*  
sooates@pipeline.sbcc.edu  
English as a Second Language
Adult High School, GED, Bilingual GED

ADULT HIGH SCHOOL (AHS)
DIPLOMA PROGRAM

The Adult High School (AHS) Diploma Program is designed for adults who want to earn their high school diploma. Students meet with an advisor to create an individualized learning plan, and work one-on-one with faculty and in small groups with other students. We offer free classes and student support services, such as transcript analysis; assessment, orientation, and registration support; academic advising/counseling and career counseling; and a flexible class schedule.

• Individualized and small group instruction
• Work at your own pace
• Start at any time; hours are flexible
• Classes are free

For more information, contact School of Extended Learning student services (805) 898-8160

Class Hours and Locations

Schott Campus
310 W. Padre St., Room 16
Santa Barbara, CA 93105
MTW: 8 a.m. - 8:00 p.m.
RF: 9 a.m. - Noon

Wake Campus
300 N. Turnpike Rd.,
Santa Barbara, CA 93111
M: 9 a.m. - Noon
TWR: 9 a.m. - 1:00 p.m.

(Hours subject to change without notice.)

GENERAL EDUCATION DEVELOPMENT PROGRAM (GED®)

Exam Preparation Program: GED exam preparation classes are designed for students who are 18 years of age or older and wish to earn a high school equivalency certificate. Students are given instruction in the basic skills needed, and have the opportunity to take practice tests that will help them successfully complete all GED or Bilingual GED exams.

• One-on-one help from instructors in all subjects
• Tips for improving your GED test-taking skills
• We have study materials and practice tests
• All levels are welcome; work at your own pace
• Flexible hours; start any time
• Classes are free

BILINGUAL GED CLASSES

Prepárese para los exámenes GED Horarios flexibles. Las clases son gratis

• Contamos con cuidado de niños en La Cumbre Jr. High School
• Los instructores le dan orientación personalizada en todas las materias para presentar los exámenes del GED
• Tenemos computadoras, libros y pruebas de práctica
• No importa su nivel académico; los instructores le proporcionarán un plan de estudios para que trabaje a su propio ritmo
• Las clases del GED también están disponibles en inglés

Horario

Schott Campus
310 W. Padre St., Room 16
Santa Barbara, CA 93105
9 a.m. - Noon • martes, miércoles y jueves, salón 29
5 - 7 p.m. • martes, miércoles y jueves, salón 29

Wake Campus
300 N. Turnpike Rd.,
Santa Barbara, CA 93111
9 - 12 p.m. • miércoles, viernes y sábado, salón 21

La Cumbre Jr. High School
2255 Modoc Rd,
Santa Barbara
5 - 7 p.m. • martes, miércoles y jueves en la biblioteca
Instructors: Coromoto Galvis, Araceli Ponce, Karla Uribe.
(Schedule is subject to change without notice.)
Adult High School Biology

Marine Biology
This text-based course will teach students about marine organisms, marine habitats and global marine issues. This course will teach students about the characteristics of marine organisms, as well as their role in their unique environments. This course will utilize scientific resources structured to give students a hands-on experience without having to leave the classroom. This course will address state science standards, state environmental principles, and state writing standards. Evaluation takes the form of review questions, critical thinking essays and examinations.

HSBI 010 Credit Hours: 5
CRN 20516  ▶ Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 80650  ▶ Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWR
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Oceanography
This course will teach students about the physical characteristics of the marine environment. Students will learn the importance of the marine environment and issues facing this natural resource. Successful completion of course objectives meets the requirements for Adult High School credit.

HSBI 020 Credit Hours: 5
CRN 20517  ▶ Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 80651  ▶ Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWR
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Biology
This competency-based survey course in biology systematically covers the scientific method, limits of technology, the chemistry of living things, cell structure and function, genetics and heredity, classification, unicellular and multicellular organisms, human biology and ecology. Additional topics include behavior, biotechnology and the future of biology.

HSBI 030 Credit Hours: 10
CRN 20518  ▶ Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 80652  ▶ Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWR
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Adult High School Computer Applications and Office Management

Learning Skills: PowerPoint
Using software tutorials, this Adult High School course promotes an understanding of the skills necessary to utilize the features of Microsoft Office PowerPoint.

HSCA NC010 Credit Hours: 2
CRN 20861  ▶ Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81262  ▶ Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Learning Skills: Access
Using Professor Teaches Software Tutorials, this competency-based course promotes an understanding of the skills necessary to take full advantage of Microsoft Office Access.

HSCA NC020 Credit Hours: 1 to 2
CRN 20862  ▶ Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81263  ▶ Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Learning Skills: Outlook
Using software tutorials, this competency-based Adult High School course promotes an understanding of the skills necessary to take full advantage of Microsoft Office Outlook.

HSCA NC030 Credit Hours: 2
CRN 20863  ▶ Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81264  ▶ Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR
Learning Skills: Excel
Using software tutorials, this Adult High School course promotes an understanding of the skills necessary to effectively utilize Microsoft Office Excel.

HSCA NC040  Credit Hours: 2
CRN 20864  Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
  Staff • 5/21 - 6/29 • WAKE-19
  Open Lab: MTWR
CRN 81265  Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
  Staff • 6/30 - 8/10 • WAKE-19
  Open Lab: MTWR

Learning Skills: Word Basics
Using software tutorials, this Adult High School course promotes an understanding of the skills necessary to effectively utilize Microsoft Office Word.

HSCA NC050  Credit Hours: 1 to 2
CRN 20865  Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
  Staff • 5/21 - 6/29 • WAKE-19
  Open Lab: MTWR
CRN 81266  Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
  Staff • 6/30 - 8/10 • WAKE-19
  Open Lab: MTWR

Adult High School Economics

Economics
This competency-based course stresses conceptual knowledge of capitalism and the free enterprise system. Brief comparisons are made to other economic systems. Topics also include banking, government, industry and trade. Unit quizzes provide the teacher and student feedback about the student’s progress. At the end of each unit, the student will also write a short essay on issues-oriented topics. Post-tests for the assessment of competency are required.

HSEC 010  Credit Hours: 5
CRN 20521  Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWR
  Staff • 5/21 - 6/29 • WAKE-19
  Open Lab: MTWR
CRN 81267  Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
  Staff • 6/30 - 8/10 • WAKE-19
  Open Lab: MTWR

Adult High School English

Reading and Composition 1
Adult High School English course covering reading and writing skills. Students analyze literature, improve grammar and vocabulary, and write well-developed sentences and paragraphs.

HSEN NC001  Credit Hours: 10
CRN 20867  Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
  Staff • 5/21 - 6/29 • WAKE-19
  Open Lab: MTWR
CRN 81268  Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
  Staff • 6/30 - 8/10 • WAKE-19
  Open Lab: MTWR

Reading and Composition 2
Adult High School English course to improve reading and writing skills. Students analyze literature, write well-developed three-paragraph essays, and improve grammar and vocabulary.

HSEN NC002  Credit Hours: 10
CRN 20869  Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
  Staff • 5/21 - 6/29 • WAKE-19
  Open Lab: MTWR
CRN 81270  Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
  Staff • 6/30 - 8/10 • WAKE-19
  Open Lab: MTWR
**Reading and Composition 3**  
Adult High School English course on analytical reading and writing skills. Students evaluate literature, write well-developed five-paragraph essays and improve critical thinking skills.

<table>
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<th>Location</th>
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**Reading and Composition 1A**  
This literature-based course will teach students how to compose sentences and well-developed paragraphs by using the same writing tools as the renowned authors of the stories in the text. The introduction of literature will assist students in developing reading and critical thinking skills and serve as a model good writing. The course includes a review of language mechanics and grammar. It utilizes processes known to enhance writing success, stressing self-editing and regular teacher conferencing. Evaluation takes the form of writing portfolio assessment by the instructor and reviews based on material presented.

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**Reading and Composition 1B**  
Adult High School English course covering reading and writing skills. Students analyze literature, improve grammar and vocabulary, and write well-developed sentences and paragraphs.

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**Reading and Composition 2A**  
Adult High School English course to improve reading and writing skills. Students analyze literature, write well-developed three-paragraph essays, and improve grammar and vocabulary.

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**Reading and Composition 2B**  
Adult High School English course to improve reading and writing skills. Students analyze a novel, write well-developed three-paragraph essays, and improve grammar and vocabulary.

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<thead>
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<th>Course Code</th>
<th>Credit Hours</th>
<th>CRN</th>
<th>Staff Dates</th>
<th>Location</th>
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**Reading and Composition 3A**  
Adult High School English course developing analytical reading and writing skills. Students evaluate literature, write well-developed five-paragraph essays, and improve critical thinking skills.

<table>
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</table>

**Reading and Composition 3B**  
This literature-based course will teach students how to compose sentences and well-developed paragraphs by using the same writing tools as the renowned authors of the stories in the text. The introduction of literature will assist students in developing reading and critical thinking skills and serve as a model good writing. The course includes a review of language mechanics and grammar. It utilizes processes known to enhance writing success, stressing self-editing and regular teacher conferencing. Evaluation takes the form of writing portfolio assessment by the instructor and reviews based on material presented.

<table>
<thead>
<tr>
<th>Course Code</th>
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</table>
Adult High School

Health Education

Health

This course covers the following topics: nutrition for health and weight control; the roles of sleep, rest and exercise in health; first aid; abuse of licit and illicit drugs; diseases and their prevention; and pollution and health. Students are evaluated on the basis of their responses to unit quizzes and Internet search projects.

HSHE 010 Credit Hours: 5

CRN 20532 Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWR
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 80663 Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWR
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Adult High School

U.S. History

American History: Part 1

This competency-based course is the first half of a comprehensive survey of United States history. The course covers the political, social, cultural and economic history of the American indigenous population before the arrival of European explorers, continuing through the colonization period.

HSHI 030 Credit Hours: 5

CRN 20876 Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81274 Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

American History: Part 2

Adult High School course in United States history from 1865 to the present, including the Reconstruction period, the causes and consequences of World War I and II, the Great Depression, the Cold War, Civil Rights and modern globalization.

HSHI NC040 Credit Hours: 5

CRN 20877 Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81275 Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Adult High School

Mathematics

Mathematics A: Whole Number Arithmetic

Adult High School course to develop or refresh whole-number addition, subtraction, multiplication and division skills, including solving workplace and life skills word problems.

HSMA NC010 Credit Hours: 5

CRN 20879 Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81276 Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR
Mathematics B: Fractions, Decimals, Percents
Adult High School mathematics course covering fractions, decimals and percent problem solving skills, with applications to measurement, financial, and other life and workplace skills.

HSMA NC020
Credit Hours: 5
CRN 20880 > Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR

Mathematics C: Pre-Algebra
Adult High School pre-algebra course. Topics include percent, ratio, proportion, measurement, formulas, signed numbers, roots and exponents, graphing and basic algebraic equations.

HSMA NC030
Credit Hours: 5
CRN 20881 > Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81278 > Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Introductory Algebra
Adult High School introductory algebra course. Topics include signed numbers, proportion, using formulas, solving monomial and polynomial equations, inequalities, coordinate graphs and quadratic equations.

HSMA NC040
Credit Hours: 10
CRN 20882 > Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81279 > Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Introductory Geometry
Adult High School geometry course emphasizing measurement and relationships of angles, plane figures and solid figures, with applications to workplace and life skills.

HSMA NC050
Credit Hours: 10
CRN 20883 > Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF

Adult High School
Personal Development

Learning Skills: Writing Skills
This interactive course will allow students to examine strategies for revising their writing at different stages of the writing process. Topics covered include assignment analysis, self-editing strategies, organizing your paper, and developing your thesis. Students may take the workshop and complete the assignments or complete the independent study module in lieu of attending a writing skills workshop. Successful completion of this course meets Adult High School unit requirements.

HSPD 050
Credit Hours: 1
CRN 20501 > Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWRF
Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWR

Learning Skills: Note Taking Strategies
This Adult High School course reviews note taking techniques and purposes. Topics include function of note taking, pre-reading strategies and practice with note-taking methods.

HSPD NC010
Credit Hours: 1
CRN 20885 > Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81281 > Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Learning Skills: Time Management
This Adult High School course on time management introduces students to techniques designed to help them manage time effectively and create healthier lifestyle patterns.

HSPD NC020
Credit Hours: 1
CRN 20886 > Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81282 > Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Adult High School
Personal Development

Learning Skills: Writing Skills
This interactive course will allow students to examine strategies for revising their writing at different stages of the writing process. Topics covered include assignment analysis, self-editing strategies, organizing your paper, and developing your thesis. Students may take the workshop and complete the assignments or complete the independent study module in lieu of attending a writing skills workshop. Successful completion of this course meets Adult High School unit requirements.

HSPD 050
Credit Hours: 1
CRN 20501 > Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWRF
Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWR

Learning Skills: Note Taking Strategies
This Adult High School course reviews note taking techniques and purposes. Topics include function of note taking, pre-reading strategies and practice with note-taking methods.

HSPD NC010
Credit Hours: 1
CRN 20885 > Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81281 > Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR

Learning Skills: Time Management
This Adult High School course on time management introduces students to techniques designed to help them manage time effectively and create healthier lifestyle patterns.

HSPD NC020
Credit Hours: 1
CRN 20886 > Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWR
CRN 81282 > Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWR
## Learning Skills: Learning Styles
This Adult High School course will teach students to identify their personal learning styles and how to adapt them to dominant teaching styles.

### HSPD NC030 Credit Hours: 1

<table>
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## Learning Skills: Test-Taking Skills
This Adult High School course builds test-taking confidence. Topics include test anxiety and strategies to use during and before taking a test.

### HSPD NC040 Credit Hours: 1

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## Learning Skills: Writing Skills
Adult High School course in developing writing skills, including strategies for planning, writing and revising essays.

### HSPD NC050 Credit Hours: 1

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<th>CRN</th>
<th>Staff Dates</th>
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## Adult High School Political Science

### Survey of U.S. Government
This course covers the core areas of U.S. government and contextualizes them in terms of current events. Successful completion of course objectives meets the requirements for Adult High School credit.

### HSPS 020 Credit Hours: 5

<table>
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## Adult High School Visual Design

### Visual Arts and Media Techniques/Art Studio
This competency-based course promotes an understanding of visual arts and media techniques, as well as the skills associated with composition and design to help students understand and create art. In order to receive 10 high school credits for the class, students will be expected to simultaneously enroll in an art studio course and/or produce a portfolio of artwork demonstrating their understanding of visual arts and compositional techniques. Successful completion of course objectives will meet requirements for Adult High School credit.

### HSVA 010 Credit Hours: 10

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Visual Arts and Media Techniques/Art Studio 1
Course introduces visual arts, media techniques and art composition. Students will learn basic techniques, enroll in a studio course, and produce an art portfolio. Successful completion fulfills high school requirements.
HSVA 020  Credit Hours: 5
CRN 20545  Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWRF
Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
CRN 80629  Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWRF

World History: Early Civilization
This competency-based course surveys ancient world history, examining human achievements in the Middle East, Mediterranean, Asian, African and Mesoamerican regions. The course closes with a focus on the conquest and colonization of Latin America to illustrate ancient civilizations’ impact on modernity. Students are introduced to methods and theories in historiography before they are asked to critically read and write about primary sources pertinent to the histories of the civilizations in these regions.
HSWH 010  Credit Hours: 5
CRN 20546  Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWRF
CRN 80664  Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWRF

World History: Modern Regions
This competency-based course begins with an introduction to the use of primary sources in history and to methods and theories in historiography. Students examine the roles of anthropology, epistemology and politics in the study of history. The developments of nationalism and state formation, liberalism and modern politics are contextualized by close readings of primary source documents on the cultures, economics and politics of the regions of Latin America, Asia, Israel and Palestine, and Africa.
HSWH 020  Credit Hours: 5
CRN 20547  Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWRF
CRN 80665  Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWRF

General Education Development
GED Test Subject - Reading
This course prepares students for the GED Reasoning through Language Arts exam. Topics include improving reading and writing skills, vocabulary, grammar, and test-taking strategies.
GED NC010
CRN 20504  Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWRF
CRN 80569  Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWRF

GED Test Subject - Social Studies
Course to prepare students for the GED Social Studies exam. Topics include a review of important social studies concepts, as well as developing critical thinking skills and test-taking strategies.
GED NC020
CRN 20575  Staff • 5/21 - 6/29 • SCHOTT-16
Open Lab: MTWRF
Staff • 5/21 - 6/29 • WAKE-19
Open Lab: MTWRF
CRN 80617  Staff • 6/30 - 8/10 • SCHOTT-16
Open Lab: MTWRF
Staff • 6/30 - 8/10 • WAKE-19
Open Lab: MTWRF
GED Test Subject - Science
Course to prepare students for the GED Science exam. Topics include a review of important science concepts, as well as developing critical thinking skills and test-taking strategies.

GED NC030
CRN 20506  Staff  5/21 - 6/29  SCHOTT-16
Open Lab: MTWRF
Staff  5/21 - 6/29  WAKE-19
Open Lab: MTW
CRN 80618  Staff  6/30 - 8/10  SCHOTT-16
Open Lab: MTWRF
Staff  6/30 - 8/10  WAKE-19
Open Lab: MTW

GED Test Subject - Mathematics
Course to prepare students for the GED Mathematics exam. Topics include whole number operations, fractions, decimals, percent, geometry, and algebra. Problem-solving strategies and test-taking skills are emphasized.

GED NC050
CRN 20507  Staff  5/21 - 6/29  SCHOTT-16
Open Lab: MTWRF
Staff  5/21 - 6/29  WAKE-19
Open Lab: MTW
CRN 80619  Staff  6/30 - 8/10  SCHOTT-16
Open Lab: MTWRF
Staff  6/30 - 8/10  WAKE-19
Open Lab: MTW

General Education Development - Bilingual

GED Test Subject - Bilingual Reading
Course to prepare students for the Spanish version of the GED Reasoning through Language Arts exam. Topics include improving reading and writing skills, vocabulary, grammar, and test-taking strategies.

GEDB NC060
CRN 20508  SAT Staff  5/21 - 6/29  WAKE-21
Open Lab: M W FS
Staff  5/21 - 6/29  SCHOTT-29
Open Lab: TWR
CRN 80630  SAT Staff  6/30 - 8/10  WAKE-21
Open Lab: M W FS
Staff  6/30 - 8/10  SCHOTT-29
Open Lab: TWR
GED Test Subject - Bilingual Social Studies
This course prepares students for the Spanish version of the GED Social Studies exam. Topics include important social studies concepts, and application of critical-thinking and test-taking strategies.

GEDB NC070
CRN 20510  ▶ SAT  Staff • 5/21 - 6/29 • WAKE-21
Open Lab: M W FS
Staff • 5/21 - 6/29 • SCHOTT-29
Open Lab: TWR
CRN 80633  ▶ SAT  Staff • 6/30 - 8/10 • WAKE-21
Open Lab: M W FS
Staff • 6/30 - 8/10 • SCHOTT-29
Open Lab: TWR

GED Test Subject - Bilingual Science
This course prepares students for the Spanish version of the GED Science exam. Topics include a review of important science concepts, and development of critical-thinking and test-taking strategies.

GEDB NC080
CRN 20512  ▶ SAT  Staff • 5/21 - 6/29 • WAKE-21
Open Lab: M W FS
Staff • 5/21 - 6/29 • SCHOTT-29
Open Lab: TWR
CRN 80637  ▶ SAT  Staff • 6/30 - 8/10 • WAKE-21
Open Lab: M W FS
Staff • 6/30 - 8/10 • SCHOTT-29
Open Lab: TWR

GED Test Subject - Bilingual Mathematics
Course to prepare students for the Spanish version of the GED Mathematics exam. Topics include whole number operations, fractions, decimals, percent, geometry, algebra, and problem-solving strategies.

GEDB NC100
CRN 20514  ▶ SAT  Staff • 5/21 - 6/29 • WAKE-21
Open Lab: M W FS
Staff • 5/21 - 6/29 • SCHOTT-29
Open Lab: TWR
CRN 80639  ▶ SAT  Staff • 6/30 - 8/10 • WAKE-21
Open Lab: M W FS
Staff • 6/30 - 8/10 • SCHOTT-29
Open Lab: TWR

Fee-Based Registration
SUMMER SEMESTER 2018
Staggered Registration Begins:
April 20, 2018

The first week of fee-based class registration is staggered by subject areas across two days. Fee-based registration begins at 8 a.m. each day online and at the Schott and Wake Campus Main Offices.

HOME AND FAMILY
• All classes
EVENTS, LANGUAGE, PHOTOGRAPHY
• All classes
BODY, MIND, SPIRIT
• All classes
NATURE, SCIENCE, RECREATION
• All classes
ARTS, MUSIC, PERFORMANCE
Register for classes in these programs:
• Arts (8 a.m.)
• Music and Performing Arts (8 a.m.)
CRAFTS
Register for classes in these programs:
• Ceramics (8 a.m.)
• Crafts: Quilting and Sewing (8 a.m.)
• Jewelry (10 a.m.)
• Crafts and Hobbies: General (10 a.m.)
• Woodworking (10 a.m.)
Career Skills

CAREER SKILLS INSTITUTE

We offer training to adults re-entering the workforce and to any student interested in up-skilling in the areas of business, technology and design. Short courses are offered each week. We partner with employers in the community to complement their own employee training programs. In addition, we are a proud partner with the Santa Barbara County Sheriff's Department, offering skills training to inmates in the local jail. For more information, contact Jeanette Chian at jchianbrooks@pipeline.sbcc.edu, (805) 683-8289.

Accounting

Setting up QuickBooks for Small Business
Accounting fundamentals - Learn the basics of small business bookkeeping using QuickBooks.

ACCT NC001
CRN 20762  EVE  Terry, C K  •  5/21 - 5/30  •  WAKE-05
Lec: M W  •  5:00 p.m. - 9:00 p.m.

Monthly Procedures using QuickBooks
Develop and apply monthly procedures used in accounting for small business.

ACCT NC002
CRN 21004  EVE  Terry, C K  •  6/4 - 6/13  •  WAKE-05
Lec: M W  •  5:00 p.m. - 9:00 p.m.

Year End Procedures
Develop and apply year-end procedures used in accounting for small business.

ACCT NC003
CRN 21005  EVE  Terry, C K  •  6/18 - 6/27  •  WAKE-05
Lec: M W  •  5:00 p.m. - 9:00 p.m.

Computer Applications and Office Management

Computer Skills Lab (Bilingual)
The bilingual lab features individualized, hands-on instruction and small group lectures. Students learn at own pace and design their own practice schedule in several computer software programs.

COMP NC010
CRN 20528  Aparisio, A   •  5/21 - 6/29  •  W AKE-06
Lab: MTWR  •  9 a.m. - 8 p.m.
CRN 20535  Graffius, N L  •  5/21 - 6/29  •  SCHOTT-17
Lab: MTWR  •  10:30 a.m. - 8 p.m.
CRN 80706  Lara Perez, J C  •  6/30 - 8/10  •  SCHOTT-17
Lab: MTWR  •  9 a.m. - 8 p.m.
CRN 80707  Arias, C C  •  6/30 - 8/10  •  WAKE-06
Lab: MTWR  •  10 a.m. - 7:30 p.m.

LinkedIn for Business
Students learn to use LinkedIn to develop business through relationship marketing. Topics include building a professional brand, marketing a company, showcasing credentials, getting business advice and reconnecting with former colleagues.

COMP NC017
CRN 81423  Zackrison, E J  •  6/30  •  WAKE-04
Lec: M  •  8:30 a.m. - 4:30 p.m.

Introduction to the Macintosh
Basic Macintosh computer class designed for those with limited or no experience with computers. Students learn basic functions and how to perform simple computer tasks using Macintosh software.

COMP NC030
CRN 20715  Musacchio, D E  •  5/21 - 6/11  •  WAKE-03
Lec/Lab: M W  •  9 a.m. - 11:15 a.m.

Introduction to Mac OS X Level 1
Students make, name, rename, and find files and folders in Mac OS. Students also learn how to operate popular Mac OS programs Safari, Address Book and iCal.

COMP NC031
CRN 20856  Burkhardt, B J  •  6/13 - 6/27  •  WAKE
Lec/Lab: M W  •  8:30 a.m. - 12:30 p.m.
Introduction to MAC OS X Level 2
Level 2 course reviews more Mac OS programs and provides an in-depth examination of Mac OS, including ways to adjust preferences and settings to customize the Mac. May be taught bilingually.

COMP NC032
CRN 80957  >  Musacchio, D E  •  7/2 - 7/16  •  WAKE-03
Lec: M W  •  8:30 a.m. - 12:30 p.m.

Word Processing Basics for Beginners
Students will learn how to navigate the computer screen and compose and edit a short document. Class pace will allow students to become comfortable with the computer and editing techniques.

COMP NC050
CRN 21003  >  Eggli, N A  •  6/12 - 6/29  •  WAKE-04
Lec: T TH  •  9 a.m. - 11:15 a.m.

Introduction to MS Word
This class is an introduction to Microsoft Word functions for document creation, including entering text, revising, formatting, previewing and printing. Students will practice on a variety of documents.

COMP NC051
CRN 21002  >  EVE  Wong, V K  •  5/21 - 6/29  •  WAKE-04
Lec/Lab: R  •  6:15 p.m. - 7:45 p.m.
CRN 80681  >  Eggli, N A  •  7/16 - 7/25  •  WAKE-04
Lec/Lab: M W  •  9 a.m. - 11:15 a.m.

Basic PowerPoint
This course teaches students to turn facts, figures and photos into a creative display of slides, outlines, graphs and multimedia, using Microsoft PowerPoint.

COMP NC055
CRN 21040  >  Burkhardt, B J  •  5/24 - 6/14  •  WAKE-03
Lec/Lab: R  •  Noon - 2:30 p.m.
CRN 81396  >  Musacchio, D E  •  7/12 - 8/2  •  WAKE-04
Lec/Lab: R  •  6:30 p.m. - 9 p.m.

Basic Spreadsheets for Beginners
Class provides a slow-paced introduction to basic concepts and functions of Microsoft Excel. Topics include creating a spreadsheet, using formulas and functions, and creating charts.

COMP NC062
CRN 21001  >  Eggli, N A  •  6/12 - 6/29  •  WAKE-04
Lec/Lab: T R  •  1 p.m. - 3 p.m.

Introduction to MS Excel
This class is an introduction to basic concepts and characteristics of Microsoft Excel, including basics of creating a spreadsheet, using formulas and functions, creating charts, and using the database feature.

COMP NC063
CRN 20761  >  EVE  Wong, V K  •  5/22 - 6/5  •  WAKE-04
Lec: T  •  6:15 p.m. - 7:45 p.m.
CRN 80686  >  Eggli, N A  •  7/16 - 7/25  •  WAKE-04
Lec: M W  •  12:30 p.m. - 2:45 p.m.

Introduction to Hand-held Devices
This course teaches students the practical use of a variety of hand-held computer devices and provides tips on how to use these devices effectively in a work environment.

COMP NC070
CRN 21036  >  Eggli, N A  •  6/15 - 6/29  •  WAKE-04
Lec/Lab: M  •  9 a.m. - 12:15 p.m.

Construction Technology

Specialty Systems
Basic function, operation and characteristics of specialty electrical systems.

CT NC137
CRN 20999  >  EVE  Bennett, T A  •  5/21 - 6/29  •  RODBON
Lec: M W  •  5:30 p.m. - 9:40 p.m.
CRN 21000  >  EVE  Bennett, T A  •  5/21 - 6/29  •  WAKE-21
Lec: T R  •  5:30 p.m. - 9:40 p.m.
Environmental Horticulture

Green Gardener: Module 1

Be on the cutting edge of Green Landscaping. Attention, gardeners, landscapers, homeowners, property owners and managers. Be a part of the Green Gardener Program. Receive the training necessary to offer environmentally responsible, resource efficient and pollution prevention landscape maintenance services. Expert guest lecturers will cover irrigation efficiency, green waste reduction, pest and fertilizer management, proper plant maintenance and other sustainable landscaping topics. After completing the course and assignments, participants will be promoted as a Green Gardener and will benefit from advertising and discounts by the program sponsors. For more information on the Green Gardener Program, go to www.greengardener.org. The 15-week program of two modules includes classroom, demonstration and take-home field-work.

EH NC001

CRN 20985  ►  Carmona, O  •  5/22 - 6/7  •  WAKE-26
Lec: T R  •  4 p.m. - 7:30 p.m.

CRN 21007  ►  Carmona, O  •  5/21 - 6/6  •  WAKE-26
Lec: M W  •  4 p.m. - 7:30 p.m.

Green Gardener: Module 2

This class builds on the Green Gardener: Beginning course, providing the landscape professional additional training in resource conservation, pollution prevention and sustainability.

EH NC002

CRN 20986  ►  Carmona, O  •  6/12 - 6/21  •  WAKE-26
Lec: T R  •  4 p.m. - 7:30 p.m.

CRN 21008  ►  Carmona, O  •  6/11 - 6/20  •  WAKE-26
Lec/Lab: M W  •  4 p.m. - 7:30 p.m.

Graphic Design and Photography

Digital Design Techniques

Students learn how to create flyers, brochures, logos and more using Illustrator, Photoshop and InDesign programs from the Adobe CS suite. This course may be taught bilingually.

GDP NC001

CRN 20847  ►  Musacchio, D E  •  5/23 - 6/6  •  WAKE-03
Lec/Lab: W F  •  4 p.m. - 8:05 p.m.

Introduction to Adobe Illustrator

Students learn to create illustrations, logos, etc., using Illustrator from the Adobe CS suite. Completion of class assignments allows students to practice and demonstrate skills needed to design quality products.

GDP NC010

CRN 81104  ►  EVE  Dempsey Skiles, W A  •  7/2 - 8/1  •  WAKE-28
Lec: M W  •  5:45 p.m. - 8 p.m.

Learn Adobe Acrobat Tools. Optimize Your C3!

Create, Communicate & Collaborate

Through informative video tutorials and practical exercises, students will learn how to apply the practical application of Acrobat Professional to their business and personal lives. During the 8 hour course students will work with a variety of printed documents, graphic materials, and digital files to adapt them to PDF file formats for review, digital archiving, commenting and sharing.

GDP NC021

CRN 81209  ►  Musacchio, D E  •  8/1 - 8/8  •  WAKE-05
Lec: W  •  9:30 a.m. - 1:30 p.m.

Multimedia Arts and Technologies

Introduction to Dreamweaver

Students learn to create a professional Web site using HTML and CSS cascading style sheets. Basic knowledge of PC or Mac and internet navigation skills recommended.

MAT NC001

CRN 81105  ►  EVE  Musacchio, D E  •  7/3 - 8/2  •  WAKE-03
Lec: T R  •  1:30 p.m. - 3:45 p.m.

Photoshop

Class teaches the basic tools and techniques for creating, enhancing and collaging images using Photoshop for the PC and Mac. Students will practice new skills in a lab setting.

MAT NC003

CRN 21006  ►  Burkhardt, B J  •  5/21 - 6/29  •  WAKE-03
Lec: F  •  9 a.m. - 1:05 p.m.

CRN 80922  ►  Musacchio, D E  •  7/3 - 8/2  •  WAKE-03
Lec: T R  •  4 p.m. - 6:15 p.m.
Personal Development

Personalized Career Planning
Exploration of self-characteristics that influence career planning and decisions.

PD NC001
CRN 21033  › SAT  Eurman, V S  •  6/2 - 6/9  •  WAKE-28
Lec: S  •  9 a.m. - 1 p.m.

Strategic Job Search
This class is designed to help students develop and implement a strategic career and job search plan.

PD NC002
CRN 81242  › SAT  Eurman, V S  •  7/14 - 7/21  •  WAKE-28
Lec: S  •  9 a.m. - 1 p.m.

Photography

Digital Cameras, Digital Photos
Students learn the basics of photography, the features of digital cameras, how to take better digital photos, and how to correct common photo problems using photo editing software.

PHOT NC001
CRN 81108  › Place, C C  •  7/11 - 8/1  •  WAKE-03
Lec/Lab: W  •  1 p.m. - 3:15 p.m.

Photoshop for Digital Photographers
Focuses on the capabilities of Photoshop for the PC and Mac, including advanced layering, composition and retouching techniques. Familiarity with Photoshop on the PC or Macintosh recommended.

PHOT NC002
CRN 20589  › Burkhardt, B J  •  5/22 - 6/21  •  WAKE-03
Lec: T R  •  9 a.m. - 11:15 a.m.
CRN 81428  › Musacchio, D E  •  7/6 - 8/10  •  WAKE-03
Lec: F  •  9 a.m. - 1:10 p.m.

Professional Development

Leadership Skills
Take your leadership from good to great by exploring and applying the top ten skills that every leader must have.

PRO NC006
CRN 81376  › Kasmar, T N  •  7/10  •  WAKE-28
Lec: T  •  8:30 a.m. - 4:30 p.m.
CRN 81377  › Kasmar, T N  •  7/11  •  WAKE-28
Lec: W  •  8:30 a.m. - 4:30 p.m.

Building High Performance Teams
Apply key team building skills needed in the workplace. Topics include, stages of team development, team roles, supportive communication climate, meeting strategies, collaboration and critical problem solving.

PRO NC015
CRN 20981  › Zackrison, E J  •  6/12  •  WAKE-28
Lec: T  •  8:30 a.m. - 4:30 p.m.
CRN 20982  › Croyle, L M  •  5/30  •  WAKE-28
Lec: W  •  8:30 a.m. - 4:30 p.m.
CRN 20983  › Zackrison, E J  •  6/13  •  WAKE-28
Lec: W  •  8:30 a.m. - 4:30 p.m.

Change is the New Constant
Develop and apply change management techniques based on contemporary change models and change lifecycle stages and utilizing change management communication skills.

PRO NC017
CRN 81381  › Croyle, L M  •  7/26  •  WAKE-28
Lec: R  •  8:30 a.m. - 4:30 p.m.

Personality Styles and Difficult Relationships
Explore the participants’ own behaviors and personality styles, while learning to adapt one’s behavior to be effective with other personality styles in a variety of work situations.

PRO NC019
CRN 20978  › Croyle, L M  •  5/31  •  WAKE-28
Lec: R  •  8:30 a.m. - 4:30 p.m.
CRN 81250  › Welch, M P  •  7/12  •  WAKE-28
Lec: R  •  8:30 a.m. - 4:30 p.m.

Coaching Skills
Apply behavioral change models and coaching techniques to close the gap between actual and desired employee performance and motivation.

PRO NC021
CRN 20980  › Zackrison, E J  •  5/23  •  WAKE-28
Lec: W  •  8:30 a.m. - 4:30 p.m.
Resolving Differences in the Workplace
Practice communication techniques to match the situation, personalities and outcomes desired for each stage of the conflict cycle. Assess strengths and limitations of your communication style.

PRO NC025
CRN 81378 › Zackrison, E J • 8/7 • WAKE-28
Lec: T • 8:30 a.m. - 4:30 p.m.
CRN 81379 › Zackrison, E J • 8/8 • WAKE-28
Lec: W • 8:30 a.m. - 4:30 p.m.

Difficult Conversations
Develop techniques for difficult conversations based on intentions, optimal outcome and assumptions. Craft and deliver scripts customized to the scenario and personality styles involved.

PRO NC032
CRN 20700 › Welch, M P • 5/22 • WAKE-28
Lec: T • 8:30 a.m. - 4:30 p.m.

The Art of Negotiating and Collaborating
Participants learn enhance collaboration skills by building high-trust relationships to create mutually beneficial outcomes. Use reframing, neutralize language, uncover interests, summarize agreement areas and leverage innovative solutions.

PRO NC036
CRN 20979 › Zackrison, E J • 6/6 • WAKE-28
Lec: W • 8:30 a.m. - 4:30 p.m.
CRN 81071 › Zackrison, E J • 7/18 • WAKE-28
Lec: W • 8:30 a.m. - 4:30 p.m.

Best Practice in Customer Service
Apply strategies that retain your valuable customer base and earn repeat business. Topics include resolving complaints, managing verbal & nonverbal communication and steps for defusing angry customers.

PRO NC050
CRN 20988 › Welch, M P • 6/19 • WAKE-28
Lec: T • 8:30 a.m. - 4:30 p.m.
CRN 81249 › Starr, B J • 7/24 • WAKE-28
Lec: T • 8:30 a.m. - 4:30 p.m.

High Impact Presentations and Proposals for the Work Place
Apply advanced formatting, persuasion and delivery techniques to workplace situations. Get your ideas adopted, sell yourself in an interview and structure presentations with clarity, brevity and impact.

PRO NC067
CRN 20703 › Croyle, L M • 6/20 • WAKE-28
Lec: W • 8:30 a.m. - 4:30 p.m.
English As A Second Language (ESL)

The School of Extended Learning’s English as a Second Language Program (ESL) empowers students to pursue pathways to numerous opportunities. Our tuition-free classes are offered in Santa Barbara, Carpinteria and Isla Vista all year, both day and evening hours. ESL classes provide students a wide variety of educational options needed to learn the English language. Students can develop the skills necessary to train for a new job or promotion, or transition to college. Our experienced instructors appreciate ethnic diversity, and cultivate multicultural exchanges in our classrooms.

For more information about our classes, and assessment, contact Vege Clerisse at vjclerisse@pipeline.sbcc.edu, (805) 683-8231.

English as a Second Language (ESL)

Introduction to ESL
Students learn to identify symbols in their lives including, but not limited to letters, numbers, time, direction, money, calendar, schedules and appointments.

ESL NC000

CRN 20452  EVE Perez, R C  5/21 - 6/29  CMS-18
Lec: MTWR • 6 p.m. - 9 p.m.
CRN 20453  Giuffre, K J  5/21 - 6/29  WAKE-13
Lec: MTWR • 9 a.m. - Noon
CRN 20454  EVE Scherz, A F  5/21 - 6/29  SCHOTT-31
Lec: MTWR • 6:30 p.m. - 9:30 p.m.
CRN 20838  Corcoran, K G  5/21 - 6/29  SCHOTT-28
Lec: MTWR • 9 a.m. - Noon
CRN 20839  EVE Braden, S P  5/21 - 6/29  WAKE-20
Lec: MTWR • 6:30 p.m. - 9:30 p.m.
CRN 80560  Giuffre, K J  6/30 - 8/10  WAKE-13
Lec: MTWR • 9 a.m. - Noon
CRN 80561  EVE Scherz, A F  6/30 - 8/10  SCHOTT-31
Lec: MTWR • 6:30 p.m. - 9:30 p.m.
CRN 81251  Corcoran, K G  6/30 - 8/10  SCHOTT-28
Lec: MTWR • 9 a.m. - Noon
CRN 81252  EVE Valenzuela, A M  6/30 - 8/10  WAKE-20
Lec: MTWR • 6:30 p.m. - 9:30 p.m.
CRN 81253  EVE Perez, R C  6/30 - 8/10  CMS-18
Lec: MTWR • 6 p.m. - 9 p.m.

Pronunciation and Speaking Skills: Beginning ESL
Students practice beginning level speaking skills related to daily life situations and tasks. Students learn pronunciation basics for clear verbal interaction in the community and classroom.

ESL NC005

CRN 20791  Van Wingerden, N  5/21 - 6/29  BFARM
Lec: T R  • 9 a.m. - 10 a.m.
CRN 81184  Van Wingerden, N  6/30 - 8/10  BFARM
Lec: T R  • 10 a.m. - 11:15 a.m.
ESL NC006

CRN 20570  ›  Giuffre, K J  •  5/21 - 6/29 • WAKE-13
Lec: M W  •  12:30 p.m. - 2:30 p.m.

CRN 20774  ›  EVE Bellido, L  •  5/21 - 6/29 • SCHOTT-28
Lec: R  •  6 p.m. - 9 p.m.

CRN 20792  ›  Van Wingerden, N  •  5/21 - 6/29 • B Farm
Lec: T R  •  10:10 a.m. - 11:10 a.m.

CRN 81123  ›  Giuffre, K J  •  6/30 - 8/10 • WAKE-13
Lec: M W  •  12:30 p.m. - 2:30 p.m.

CRN 81172  ›  EVE Mancio-Johnson, S  •  6/30 - 8/10 • SCHOTT-28
Lec: R  •  6:30 p.m. - 9:30 p.m.

CRN 81185  ›  Van Wingerden, N  •  6/30 - 8/10 • B Farm
Lec: T R  •  10:10 a.m. - 11:10 a.m.

ESL Parent Involvement in K-12

This course will provide parents with the knowledge and tools to navigate the public school system. Students will design a home environment for their children that encourages learning.

ESL NC013

CRN 20459  ›  Bellido, L  •  5/21 - 6/29 • CLVND-30
Lec: F  •  8:30 a.m. - 12:30 p.m.

CRN 80578  ›  Bellido, L  •  6/30 - 8/10 • CLVND-30
Lec: F  •  8:30 a.m. - 12:30 p.m.

American Culture for ESL Students

Students learn about American culture and values through teacher-directed discussion and activities, conversations using idioms, readings and writings, and participation in an analysis of American culture.

ESL NC017

CRN 20705  ›  EVE TBA  •  5/21 - 6/29 • SCHOTT-28
Lec: MTW  •  8:10 p.m. - 9:25 p.m.

CRN 20842  ›  Bellido, L  •  5/21 - 6/29 • CLVND-30
Lec: MTWR  •  8 a.m. - 8:55 a.m.

CRN 81074  ›  EVE Mancio-Johnson, S  •  6/30 - 8/10 • SCHOTT-28
Lec: MTW  •  6:30 p.m. - 7:45 p.m.

CRN 81166  ›  Bellido, L  •  6/30 - 8/10 • CLVND-30
Lec: MTWR  •  8 a.m. - 8:55 a.m.

Intermediate ESL Vocabulary

Students learn new vocabulary and usage for intermediate low and high English. Students will be able to express themselves more effectively with landlords, receptionists, doctors, teachers, and other community members.

ESL NC018

CRN 20597  ›  Giuffre, K J  •  5/21 - 6/29 • WAKE-13
Lec: T R  •  12:15 p.m. - 2:15 p.m.

CRN 20772  ›  Turjoman, A  •  5/21 - 6/29 • SCHOTT-30
Lec: L  •  6:30 p.m. - 9:30 p.m.

CRN 81075  ›  Giuffre, K J  •  6/30 - 8/10 • WAKE-13
Lec: T R  •  12:30 p.m. - 2:30 p.m.

CRN 81255  ›  Turjoman, A  •  6/30 - 8/10 • SCHOTT-28
Lec: M W  •  12:30 p.m. - 2:30 p.m.

ESL 1 - B: Beginning Low

Students learn to listen, speak, read and write in English at a beginning level. Students increase social/cultural interactions and develop vocabulary in the areas of safety, emergency, U.S. culture and government, and housing.

ESL NC018

CRN 20706  ›  Bellido, L  •  5/21 - 6/29 • CLVND-30
Lec: MTW  •  9:05 a.m. - 12:05 p.m.

CRN 20707  ›  EVE Scherz, A F  •  5/21 - 6/29 • SCHOTT-31
Lec: MTW  •  6:30 p.m. - 9:30 p.m.

CRN 20708  ›  Corcoran, K G  •  5/21 - 6/29 • SCHOTT-28
Lec: MTWR  •  9 a.m. - Noon

CRN 20709  ›  Giuffre, K J  •  5/21 - 6/29 • WAKE-13
Lec: MTWR  •  9 a.m. - Noon

CRN 20710  ›  EVE Perez, R C  •  5/21 - 6/29 • CMS-18
Lec: MTWR  •  6 p.m. - 9 p.m.

CRN 20711  ›  Simon, R  •  5/21 - 6/29 • IVYP
Lec: MTWR  •  8:30 a.m. - 11:30 a.m.

CRN 20712  ›  EVE Braden, S P  •  5/21 - 6/29 • WAKE-20
Lec: MTWR  •  6:30 p.m. - 9:30 p.m.

CRN 20713  ›  Kroes, L R  •  5/21 - 6/29 • CATCHR
Lec: MTWR  •  8:30 a.m. - 11:30 a.m.
ESL 1 - C: Beginning Low
Students learn to listen, speak, read and write in English at a beginning low level. Students increase social/cultural interactions and develop vocabulary in the areas of employment, money and shopping.

ESL NC01C
CRN 81076  Bellido, L  6/30 - 8/10  CLVND-30
Lec: MTWR  9:05 a.m. - 12:05 p.m.
CRN 81077  EVE Scherz, A F  6/30 - 8/10  SCHOTT-31
Lec: MTWR  6:30 p.m. - 9:30 p.m.
CRN 81078  Corcoran, K G  6/30 - 8/10  SCHOTT-28
Lec: MTWR  9 a.m. - Noon
CRN 81079  Giuffre, K J  6/30 - 8/10  WAKE-13
Lec: MTWR  9 a.m. - Noon
CRN 81082  EVE Valenzuela, A M  6/30 - 8/10  WAKE-20
Lec: MTWR  6 p.m. - 9 p.m.
CRN 81256  EVE Perez, R C  6/30 - 8/10  CMS-18
Lec: MTWR  6 p.m. - 9 p.m.

ESL 2 - B Beginning High
Students learn to listen, speak, read and write in English at a beginning high level. Students gain knowledge of basic government rights and responsibilities, how to interpret housing availability and needs, and how to identify and compare healthy food choices. Safety procedures for fires and earthquakes are also demonstrated.

ESL NC02B
CRN 20716  Corcoran, K G  5/21 - 6/29  SCHOTT-28
Lec: MTWR  9 a.m. - Noon
CRN 20717  Bellido, L  5/21 - 6/29  CLVND-30
Lec: MTWR  9:05 a.m. - 12:05 p.m.
CRN 20719  EVE Turjoman, A  5/21 - 6/29  WAKE-17
Lec: MTWR  6:30 p.m. - 9:30 p.m.
CRN 20720  EVE TBA  5/21 - 6/29  SCHOTT-30
Lec: MTWR  6:30 p.m. - 9:30 p.m.
CRN 20721  EVE Matosian, M K  5/21 - 6/29  CMS-16
Lec: MTWR  6 p.m. - 9 p.m.
CRN 20722  Simon, R  5/21 - 6/29  IVYP
Lec: MTWR  8:30 a.m. - 11:30 a.m.
CRN 20723  Kroes, L R  5/21 - 6/29  CATCHR
Lec: MTWR  8:30 a.m. - 11:30 a.m.
CRN 20747  Giuffre, K J  5/21 - 6/29  WAKE-13
Lec: MTWR  9 a.m. - Noon

ESL 3 - B Intermediate Low
Students learn to listen, speak, read and write in English at an intermediate low level. Students set employment goals, prepare for a job interview, and discuss medical and dental problems.

ESL NC03B
CRN 20725  EVE TBA  5/21 - 6/29  WAKE-27
Lec: MTWR  6:30 p.m. - 9:30 p.m.
CRN 20726  TBA  5/21 - 6/29  WAKE-17
Lec: MTWR  9 a.m. - Noon
CRN 20727  Bellamy, J J  5/21 - 6/29  SCHOTT-30
Lec: MTWR  9 a.m. - Noon
CRN 20728  EVE Campbell, M N  5/21 - 6/29  SCHOTT-29
Lec: MTWR  6:30 p.m. - 9:30 p.m.
CRN 20729  EVE Matosian, M K  5/21 - 6/29  CMS-16
Lec: MTWR  6 p.m. - 9 p.m.
CRN 20730  Kroes, L R  5/21 - 6/29  CATCHR
Lec: MTWR  8:30 a.m. - 11:30 a.m.
CRN 20773  Bellido, L  5/21 - 6/29  CLVND-30
Lec: MTWR  9:05 a.m. - 12:05 p.m.

ESL Summer 1 Assessment Dates
Monday, May 14 - Friday, June 8
FIRST DAY OF CLASS: Monday, May 21
LAST DAY TO REGISTER: Saturday, June 9
For more information, call (805) 683 - 8233

ESL Summer 2 Assessment Dates
Monday, June 25 - Friday, July 20
FIRST DAY OF CLASS: Monday, July 2
LAST DAY TO REGISTER: Saturday, July 21
For more information, call (805) 683 - 8233
ESL 3 - C Intermediate Low
Students learn to listen, speak, read and write in English at an intermediate low level, and expand social/cultural interactions to include problem solving, monetary issues, employment seeking and workplace interactions.

ESL NC03C
CRN 81090  EVE TBA • 6/30 - 8/10 • WAKE-27
Lec: MTWR • 6:30 p.m. - 9:30 p.m.
CRN 81091  TBA • 6/30 - 8/10 • WAKE-17
Lec: MTWR • 9 a.m. - Noon
CRN 81092  Bellamy, J J • 6/30 - 8/10 • SCHOTT-30
Lec: MTWR • 9 a.m. - Noon
CRN 81094  EVE Bellido, L • 6/30 - 8/10 • SCHOTT-29
Lec: MTWR • 6:30 p.m. - 9:30 p.m.
CRN 81127  EVE Matosian, M K • 6/30 - 8/10 • CMS-16
Lec: MTWR • 6 p.m. - 9 p.m.
CRN 81188  Bellido, L • 6/30 - 8/10 • CLVND-30
Lec: MTWR • 9:05 a.m. - 12:05 p.m.

ESL 4 - C Intermediate High
Students expand ability to interact with native English speakers in social situations and for recreational purposes. Topics include engaging in personal and family financial planning and expressing consumer complaints.

ESL NC04C
CRN 81101  Bellamy, J J • 6/30 - 8/10 • SCHOTT-30
Lec: MTWR • 9 a.m. - Noon
CRN 81102  EVE TBA • 6/30 - 8/10 • WAKE-27
Lec: MTWR • 6:30 p.m. - 9:30 p.m.
CRN 81103  EVE Matosian, M K • 6/30 - 8/10 • CMS-16
Lec: MTWR • 6 p.m. - 9 p.m.
CRN 81128  EVE Campbell, M N • 6/30 - 8/10 • SCHOTT-29
Lec: MTWR • 6:30 p.m. - 9:30 p.m.
CRN 81129  Bolton, B S • 6/30 - 8/10 • WAKE-27
Lec: MTWR • 9 a.m. - Noon

ESL 4 - B Intermediate High
Students learn to listen, speak, read and write in English at an intermediate high level. Topics include safety and emergency procedures, government, law, basic citizenship information and housing rental agreements and problems.

ESL NC04B
CRN 20732  EVE Campbell, M N • 5/21 - 6/29 • SCHOTT-29
Lec: MTWR • 6:30 p.m. - 9:30 p.m.
CRN 20736  Bolton, B S • 5/21 - 6/29 • WAKE-27
Lec: MTWR • 9 a.m. - Noon
CRN 20737  Bellamy, J J • 5/21 - 6/29 • SCHOTT-30
Lec: MTWR • 9 a.m. - Noon
CRN 20738  EVE TBA • 5/21 - 6/29 • WAKE-27
Lec: MTWR • 6:30 p.m. - 9:30 p.m.
CRN 20739  EVE Matosian, M K • 5/21 - 6/29 • CMS-16
Lec: MTWR • 6 p.m. - 9 p.m.

ESL Parent Involvement in K-12

ESL - Vocational

Vocational ESL Healthcare: Module A
Module A of the Vocational ESL Healthcare Certificate provides ESL students with English skills needed to learn about health careers, patients, basic duties, nutrition and job readiness.

ESLV NC33A
CRN 20841  Bolton, B S • 5/21 - 6/29 • WAKE-27
Lec: F • 8 a.m. - 2:50 p.m.

Vocational ESL Healthcare: Module B
Module B of the Vocational ESL Healthcare Certificate provides ESL students with English skills needed to learn about communication, safety, medical emergencies, anatomy, medication and vital signs.

ESLV NC33B
CRN 81258  Bolton, B S • 6/30 - 8/10 • WAKE-27
Lec: F • 8 a.m. - 2:50 p.m.

The Community Education Center has assisted thousands of people with their United States Citizenship process. The program also provides basic immigration services in many different areas. For more information, call (805) 683-8270.
Fee-Based Life Enhancement

FEE-BASED CLASSES

Fee-based classes provide flexible, community-centered alternatives to the tuition-free noncredit classes. Fee-based classes cover topics that offer enriching experiences in cooking, culture, languages, fitness, recreation, and spirituality. For more information, contact Ken Harris at keharris1@sbcc.edu, (805) 898-8140.

ARTS, CRAFTS, PERFORMANCE

ARTS

Art and Craft of Printmaking $ 
Create a unique monotype by applying ink to one surface (a plate) and printing the image to paper by means of pressure (an etching press). We will focus on the monotype processes, including stencils, chine collé, subtractive and layered techniques, and viscosity printing. This course is for both beginning and advanced students and every class includes demonstrations and hands-on practice in using these techniques.

430009

ID 21739  ›  Zimmerman, S  •  7/6 - 8/3  •  SCHOTT-23
F  •  10 a.m. - 2 p.m.  •  $140 + Lab $20 + Materials $45

Beginning Watercolor: Starting Right, Painting Loose $ 
Make watercolor painting your new passion. This class will get you started correctly and provide all of the tips and techniques to help you master this challenging medium. Develop an attitude and freedom of expression as you paint to unleash your inner artist. Discover the joy of watercolor.

402431

ID 21867  ›  Osgood, R  •  5/22 - 6/19  •  SCHOTT-20
T  •  9 a.m. - 12 p.m.  •  $150
ID 21868  ›  Osgood, R  •  5/23 - 6/20  •  SCHOTT-22
W  •  9 a.m. - 12 p.m.  •  $150

Collage and Mixed Media Construction $ 
This class teaches students composition and hands-on technique for collage and mixed media. Students will complete collage and mixed media projects, emphasizing the principles and elements of composition.

402411

ID 21943  ›  Tibbles, S  •  7/2 - 7/30  •  SCHOTT-20
M  •  12 p.m. - 3 p.m.  •  $150 + Materials $15

Express Yourself with Beautiful Calligraphy $ 
Now you can master the skill of creating written communication using dazzling calligraphy. Take a pen and transform watercolor into beautiful words that will not only enrich your own life but also endear you to others. Perform magic by producing a hand-written poem for someone special. Inspire another with a hand-written quote or even just scribe their name on an envelope. Who knows, this might become a new source of income. Let's have fun using color and focusing on the meditative aspects of beautiful writing as well as the foundational skills needed to make lovely letterforms. This class is open to total beginners as well as seasoned calligraphers.

Note: We will be using pointed pens, learning a charming, contemporary script style of writing.

402509

ID 21947  ›  Harris, C  •  5/25 - 6/22  •  SCHOTT-5
F  •  9 a.m. - 12 p.m.  •  $150 + Materials $25

Figure Drawing and Painting with Rick Stich $ 
Develop your figure drawing and painting skills under the guidance of a professional artist. Beginning and intermediate level students alike will benefit from the opportunity of drawing directly from a live model. No matter what your learning style or experience may be, you’ll see yourself improve with generous individualized instruction in an encouraging community atmosphere.

402488

ID 21768  ›  EVE Stich, R  •  5/22 - 6/19  •  SCHOTT-23
T  •  6:30 p.m. - 9:30 p.m.  •  $90 + Lab $32 + Materials $5
ID 21769  ›  EVE Stich, R  •  7/3 - 7/31  •  SCHOTT-23
T  •  6:30 p.m. - 9:30 p.m.  •  $90 + Lab $32 + Materials $5

Figure Drawing with Tom Henderson $ 
Develop your figure drawing skills under the guidance of a professional artist. Beginning and intermediate level students alike will benefit from the opportunity of drawing directly from a live model. No matter what your learning style or experience may be, you’ll see yourself improve with generous individualized instruction in an encouraging community atmosphere.

402490

ID 21770  ›  Henderson, T  •  5/22 - 6/19  •  SCHOTT-23
T  •  9 a.m. - 12 p.m.  •  $90 + Lab $32 + Materials $5
Modeling the Figure in Clay $

Students explore techniques of modeling three-dimensional human figures in water-based clay. Observation of live models provides the basis for instruction in skills of construction, proportion, anatomy, gesture, texture and patina, with the ultimate goal of creating a lively, expressive figure. Creating a self-supporting clay figure addresses the following topics: analyzing the challenges presented by the pose, planning sequential construction, using scale measurements, applying materials, tools and armatures, texturing and finishing techniques, firing preparation, applying patinas and presenting final project.

Note: Minors (under age 18) are not allowed in this class.

Glass Creations: Leaded, Copper Foil, Sandblasting and Mosaic $

In this hands-on class, we discover the beauty of glass and all that it has to offer! You will create a beautiful piece that you will be proud to say you made yourself. Learn to understand glass and enjoy working in this special medium. Don’t shy away if you don’t have any experience - this class is designed for students of all levels.

Glass Fusing $

Students will learn basic skills to create several fused glass pieces. Emphasis will be placed on creating functional, yet artistic pieces, including a small plate or bowl. The class will be taught at a relaxed pace with emphasis on artistry and fun. Students will experience the wonderfully equipped glass studio.

WOW: Wonders of Weaving $ 

Create beautiful textiles while learning the timeless craft of weaving on a floor loom. The class is designed to teach all of the basic techniques of handweaving while teaching students to plan and execute their own projects. Students can choose from a variety of projects including scarves, blankets, table linens, yardage for clothing, tapestries and rugs, and more. All students are personally assigned a loom in a friendly and creative studio atmosphere.

Note: Tuition fee partially covered through private donations.

CRAFTS AND HOBBIES: GENERAL

Glass Arts Workshop $

Students of all levels receive individualized instruction in the glass arts, including leaded stained glass, copper foil stained glass, fusing, mosaic, and sandblasting.

WOW: Wonders of Weaving $ 

Create beautiful textiles while learning the timeless craft of weaving on a floor loom. The class is designed to teach all of the basic techniques of handweaving while teaching students to plan and execute their own projects. Students can choose from a variety of projects including scarves, blankets, table linens, yardage for clothing, tapestries and rugs, and more. All students are personally assigned a loom in a friendly and creative studio atmosphere.

Note: Tuition fee partially covered through private donations.
CERAMICS IN THE GARDEN

CERAMICS

Ceramics in the Garden $5

This class is designed around making containers for potted plants as well as cut flowers. We will develop and refine hand building and throwing skills so all levels from beginner to advanced will enjoy this class. We will also discuss more traditional throwing and hand building techniques. As well as containers there will be projects that are more sculptural; for example, totem poles, bird feeders and wind chimes. Please join us for an exciting class offering!

Note: Kiln space will be limited to 2.5 cu. ft. per student per class. First bag of clay included with materials fee.

451385

ID 21760  ▶  Sayers, B  •  5/25 - 6/22  •  SCHOTT-24
  F  •  1 p.m. - 4 p.m.  •  $90 + Lab $29 + Materials $15
ID 21761  ▶  EVE Sayers, B  •  5/25 - 6/22  •  SCHOTT-24
  F  •  6 p.m. - 9 p.m.  •  $90 + Lab $29 + Materials $15
ID 21762  ▶  Sayers, B  •  7/6 - 8/3  •  SCHOTT-24
  F  •  1 p.m. - 4 p.m.  •  $90 + Lab $29 + Materials $15
ID 21763  ▶  EVE Sayers, B  •  7/6 - 8/3  •  SCHOTT-24
  F  •  6 p.m. - 9 p.m.  •  $90 + Lab $29 + Materials $15

Ceramics: Beginning, Intermediate and Advanced $5

Students of all skill levels will develop or refine throwing and trimming skills, hand-building skills, and glazing skills.

Note: Kiln space will be limited to 2.5 cu. ft. per student per class. First bag of clay included in materials fee.

451356

ID 21751  ▶  EVE Basch, M  •  5/21 - 6/18  •  SCHOTT-24
  M  •  6 p.m. - 9 p.m.  •  $72 + Lab $23 + Materials $15
ID 21752  ▶  EVE Loebman, B  •  5/22 - 6/19  •  SCHOTT-24
  T  •  6:30 p.m. - 9:30 p.m.  •  $90 + Lab $29 + Materials $15
ID 21750  ▶  EVE Primrose, Z  •  5/23 - 6/20  •  SCHOTT-24
  W  •  6 p.m. - 9 p.m.  •  $90 + Lab $29 +Materials $15
ID 21773  ▶  McGuire, R  •  5/23 - 6/20  •  SCHOTT-24
  W  •  9 a.m. - 12 p.m.  •  $90 + Lab $29 + Materials $15
ID 21774  ▶  McGuire, R  •  5/23 - 6/20  •  SCHOTT-24
  W  •  1 p.m. - 4 p.m.  •  $90 + Lab $29 + Materials $15
ID 21697  ▶  Thomsen, G  •  5/24 - 6/21  •  SCHOTT-24
  R  •  1 p.m. - 4 p.m.  •  $90 + Lab $29 + Materials $15
ID 21944  ▶  EVE Thomsen, G  •  5/24 - 6/21  •  SCHOTT-24
  R  •  6 p.m. - 9 p.m.  •  $90 + Lab $29 + Materials $15
ID 21755  ▶  Loebman, B  •  5/25 - 6/22  •  SCHOTT-24
  F  •  9 a.m. - 12 p.m.  •  $90 + Lab $29 + Materials $15
ID 21756  ▶  SAT Pini, D  •  5/26 - 6/23  •  SCHOTT-24
  S  •  9 a.m. - 12 p.m.  •  $90 + Lab $29 + Materials $15
ID 21757  ▶  EVE Basch, M  •  7/2 - 7/30  •  SCHOTT-24
  M  •  6 p.m. - 9 p.m.  •  $90 + Lab $29 + Materials $15
ID 21945  ▶  Thomsen, G  •  7/5 - 8/2  •  SCHOTT-24
  R  •  1 p.m. - 4 p.m.  •  $90 + Lab $29 + Materials $15
ID 21946  ▶  EVE Thomsen, G  •  7/5 - 8/2  •  SCHOTT-24
  R  •  6 p.m. - 9 p.m.  •  $90 + Lab $29 + Materials $15
ID 21758  ▶  SAT Pini, D  •  7/7 - 8/4  •  SCHOTT-24
  S  •  9 a.m. - 12 p.m.  •  $90 + Lab $29 + Materials $15
ID 21759  ▶  EVE Primrose, Z  •  7/11 - 8/1  •  SCHOTT-24
  W  •  6 p.m. - 9 p.m.  •  $72 + Lab $23 + Materials $15

Ceramics: Porcelain $5

Create pure classics from porcelain clay. Students will experiment with glazes and learn various oriental decorating techniques using green, blue, gray and transparent Celadon glazes. This class is recommended for all students with at least one year of throwing experience.

Note: Kiln space will be limited to 2.5 cu. ft. per student per class.

451334

ID 21764  ▶  Loebman, B  •  5/24 - 6/21  •  SCHOTT-24
  R  •  8:00am - 12 p.m.  •  $90 + Lab $29 + Materials $15

CERAMICS IN THE GARDEN
Fundamentals for Wheel Thrown Pottery $

Acquire proven basic wheel-thrown techniques, essential for both beginners and experienced potters. Learn the fundamentals as a beginner from a master potter. Alternatively, just come and refine and improve your existing wheel techniques. Wheel-thrown fundamentals include posture, wedging, centering, and mastery of the basic forms. Discover and practice ‘throwing off the hump’, assembling multiple part vessels, creating a line of dinnerware, and multi-stage expanded vessel techniques. Get started right and watch your ceramic talents develop with every new piece you create.

451409

ID 21982  Adcock, M  5/21 - 6/18  SCHOTT-24
M  1 p.m. - 4 p.m.  $72 + Lab $23 + Materials $15

ID 21983  Adcock, M  7/2 - 7/30  SCHOTT-24
M  1 p.m. - 4 p.m.  $90 + Lab $29 + Materials $15

CRAFTS: JEWELRY

Creative Wire Worked Jewelry $

Make amazing jewelry pieces using your favorite beads, pearls and gemstones. Using round and square wire you will create unique earrings, pendants, rings or bracelets. Make your own jewelry findings, including head pins, bales and clasps. Discover how this is an easy and creative application of basic wire wrapping - there’s no soldering required in completing these jewelry pieces. Experience this wonderful medium and create exciting jewelry pieces for yourself, family and friends.

452145

ID 21765  Gregoire-Jones, P  5/31 - 6/21  WAKE-7
R  9 a.m. - 12 p.m.  $84 + Materials $10

ID 21766  Gregoire-Jones, P  7/12 - 8/2  WAKE-7
R  9 a.m. - 12 p.m.  $84 + Materials $10

ID 21933  SAT  Gregoire-Jones, P  7/21 - 7/28  WAKE-7
S  10 a.m. - 2 p.m.  $56 + Materials $8

Jewelry - Open Studio $

Enjoy using our wonderful jewelry studio to work on projects of your own, or projects from jewelry classes that need finishing touches. Take advantage of this opportunity to use the equipment and to benefit from the guidance of a skilled jeweler to help you with your projects. Some demonstrations on various creative jewelry techniques and methods will be given throughout the course.

452111

ID 21937  Stanley, C  5/24 - 6/21  WAKE-08
R  9 a.m. - 12:30 p.m.  $123 + Lab $15

ID 21941  EVE  Stanley, C  5/24 - 6/21  WAKE-08
R  6 p.m. - 9:30 p.m.  $123 + Lab $15

ID 21938  Stanley, C  7/5 - 8/2  WAKE-08
R  9 a.m. - 12:30 p.m.  $123 + Lab $15

ID 21942  EVE  Stanley, C  7/5 - 8/2  WAKE-08
R  6 p.m. - 9:30 p.m.  $123 + Lab $15

Jewelry Soldering - Information, Focus, Practice $

Designed for experienced beginners to advanced jewelry students who want to develop soldering and torch operation skills. A variety of soldering techniques, theories and set-ups covered. Students learn torch use and complex design issues that require many solder connections.

452084

ID 21939  Stanley, C  5/24 - 6/21  WAKE-08
R  1:30 p.m. - 5 p.m.  $123 + Lab $15 + Materials $25

ID 21940  Stanley, C  7/5 - 8/2  WAKE-08
R  1:30 p.m. - 5 p.m.  $123 + Lab $15 + Materials $25

Lost Wax Casting $

This class teaches the skills needed for jewelry making using the lost wax casting method. Students will be guided through the wax carving process, preparation of the wax model for the burnout procedure and the actual casting. Students will have the opportunity to cast their own piece.

452085

ID 21787  EVE  Rodriguez, D  5/22 - 6/19  WAKE-08
T  6 p.m. - 9 p.m.  $105 + Lab $15 + Materials $35

ID 21788  EVE  Rodriguez, D  7/3 - 7/31  WAKE-08
T  6 p.m. - 9 p.m.  $105 + Lab $15 + Materials $35

Stone Wrapping Techniques for the Beginner $

Make amazing wire-wrapped pendants using your favorite beach stones, sea glass or crystals. Using round and square wire, explore two methods of wrapping stones. No soldering is required to complete your jewelry piece, so this method is not only creative but also an easy way to explore wire wrapping methods. Come experience this wonderful medium and create exciting wrapped stones for yourself, family and friends.

452157

ID 21842  SAT  Gregoire-Jones, P  6/16  WAKE-7
S  10 a.m. - 3:30 p.m.  $40 + Materials $8

MUSIC AND PERFORMING ARTS

Break into Voice Over $

Have you ever been told that your voice is perfect for radio, television or movies yet had no idea what to do next? Explore your potential in this fun, lively class taught by an award-winning voice over professional. This course is both introductory and instructional; it is not selling pipe dreams. So you can make a conscious decision about whether you want to pursue this career path or not. You will learn the essentials such as speaking abilities, how to warm up, how to present your voice, how to find work in the field, and many other things.

301226

ID 21698  SAT  Lawrence, D  6/16  SCHOTT-3
S  9 a.m. - 3:30 p.m.  $90

ID 21699  SAT  Lawrence, D  8/4  SCHOTT-3
S  9 a.m. - 3:30 p.m.  $90
Harmonica Blues, Getting Started

Pick it up, put it in your mouth, blow and ... oh that wailing, mournful sound of the blues harmonica. And you don’t need an expensive instrument. Using a standard 10 hole diatonic harmonica in the key of A major you can be playing the blues in no time, without getting bogged down with too much music theory. Discover how to easy it is use the natural human breathing process and start having fun with this instantly intuitive instrument. What budding musician wouldn’t want the instant gratification provided by a harmonica?

ID 21786   EVE Campos, D  •  5/21 - 6/18  •  WAKE-15
M  •  6 p.m. - 7:30 p.m.  •  $48

Piano - Intermediate and Advanced

Ready to take your piano playing to the next level? Deepen your confidence by discovering intermediate theory, different bass patterns, new major and minor keys, the diminished 7th chord, and advanced rhythm. Expand your repertoire and capitalize on local performance opportunities for those who want to share what they have learned. Come away with enhanced musicianship and the satisfaction of watching your fingers glide across the keyboard. Piano - Intermediate 1 is recommended.

ID 21791   EVE Campos, D  •  5/23 - 6/20  •  SCHOTT-3
W  •  6:30 p.m. - 7:30 p.m.  •  $50

Improvisation: A Playground for Imagination and Intuition

You may have heard the following phrases, ‘Let’s play it by ear,’ ‘Take it as it comes,’ and ‘Make it up as we go along.’ These sayings express the spirit of improvisation as they apply to day-to-day life. Develop your imagination, intuition, and confidence needed in public presentations. Trust yourself to think freely without judging, make courageous choices and have unbridled fun. Develop quick-thinking responses as you take part in structured games and directed activities. No improvisation experience is needed.

ID 21954   EVE Geffen, V  •  5/23 - 6/13  •  WAKE-15
W  •  6 p.m. - 8 p.m.  •  $80

Intermediate Ukulele

If you can easily change through several chords with a fairly solid strum, then you are ready to go! In this class we will learn traditional and popular Uke strumming, picking techniques and more advanced chords to play songs that people love to sing! These include songs by: The Beatles, Iz, Jason Mraz, The Turtles, The Monkees, and more! This class is highly supportive, fast moving and fun! Take your Ukulele playing to the next level now!

ID 21783   EVE Towle, T  •  5/22 - 6/19  •  SCHOTT-6
T  •  6:30 p.m. - 7:30 p.m.  •  $60
ID 21784   EVE Towle, T  •  7/3 - 7/31  •  SCHOTT-6
T  •  6:30 p.m. - 7:30 p.m.  •  $60

Piano for Beginners: Level 2

Do you have a little experience with the piano? Ready to learn more? Or perhaps you just a little rusty? Move on from the basics and discover how to move your hands more confidently as your fingers create familiar melodies and songs. ‘Beginning Level 2’ develops the musical theory and basic skills of ‘Beginning Level 1’. Enjoy the supportive nature and personalized teaching in this class as you move your reading, technique, and musicianship up a notch.

Note: Required textbook: Alfred’s Basic Adult Piano Course, Adult All-in-One Course, Level 1 (Palmer, Manus and Lethco).

ID 21790   Campos, D  •  5/23 - 6/20  •  SCHOTT-3
W  •  4 p.m. - 5 p.m.  •  $50

WOODWORKING

A Woodworking Woodshop

Experience the joy and satisfaction of creating a wood project. Students learn to use hand and power tools efficiently and safely. The first project for beginning students enables the student to build a useful item of wood while learning how to select proper materials, use appropriate equipment, cut, fit, assemble, and finish the project. The first three classes are mandatory safety and instruction classes. Returning students welcome.

Note: No one under age of 18 will be admitted. No minor waivers will be granted. Students may contact teacher at sj scheftic @ pipeline.sbcc.edu

ID 21679   EVE Scheftic, S  •  5/22 - 6/19  •  WAKE-10
T  •  6 p.m. - 9 p.m.  •  $90 + Lab $14 + Materials $5
ID 21680   EVE Scheftic, S  •  5/23 - 6/20  •  WAKE-10
W  •  6 p.m. - 9 p.m.  •  $90 + Lab $14 + Materials $5
ID 21681   EVE Scheftic, S  •  7/3 - 7/31  •  WAKE-10
T  •  6 p.m. - 9 p.m.  •  $90 + Lab $14 + Materials $5
Intermediate/Advanced Woodworking Woodshop  

Deepen your joy and satisfaction in creating wood projects. Further hone your woodworking and expand your horizons by constructing that project that you have always wanted to create. Extend your knowledge and skills of intricate hand and power tools through completing individual woodworking projects and tutoring. Safety procedures and proper operation of tools and machines are emphasized. Session limited to returning students only. Students must have completed, ‘A Woodworking Woodshop’.

Note: No one under age of 18 will be admitted. No minor waivers will be granted. Students may contact teacher at sjescheftic@pipeline.sbcc.edu

BODY, MIND, SPIRIT

DANCE, FITNESS, AND PERSONAL

5 Element Tai Chi: Moving Meditations for Emotional Healing  

Discover a short and easy, 5 element form of Tai Chi that promotes emotional healing through moving meditations. Tai Chi is all about creating balance and harmony in every aspect of our lives. When our emotions get out of balance, we suffer emotionally, physically, and spiritually. Explore graceful, slow movements that can transform grief into acceptance, anger into forgiveness, fear into trust, confusion into clarity and feeling overwhelmed by modern day life into joy. Transform your life with this gentle yet powerful form of healing.

Belly Dance and Dances of the Middle East  

Have fun and get fit as you practice the beautiful art of belly dance. Learn how belly dance has historic roots going back to India and Persia, and explore the cultural, historical and geographical elements of these areas. Discover how modern belly dance includes cultural and geographical influences from Turkey, Egypt, North Africa and the United States where it has developed into a modern, sophisticated dance art. Come away with the incredible benefits of an enjoyable and complete cultural/movement experience.

Body Mind Wakeup Call  

Find it harder to get up in the morning? Is your mind a bit fuzzy? This fun class is geared to awaken you to become more fully engaged in thinking, being and doing. Muscles lose flexibility and strength with age, this includes your brain. This may be avoided with regular training and strengthening. Come experience easy chair assisted yoga stretches, use of light weights and resistance bands and also fun ways to help increase and build your memory skills. Have more energy for your activities; renew aliveness, alertness and joy.

Dynamic Yoga for Seniors  

Discover how practicing yoga regularly improves flexibility, strength and concentration. Explore traditional yoga postures that can be modified with the help of blocks, straps, and other props. Designed for individuals with some yoga experience, you will enjoy deep breathing methods, focusing techniques, meditation, and relaxation. Come away with renewed energy, mental clarity and increased flexibility.

Note: Bring a mat to class.

All Ages and Stages Gentle Yoga  

Imagine feeling limber, relaxed and excited to face the day. Explore gentle and seated yoga positions that facilitate balance, stability, and tranquility. Discover new poses in a welcoming and inclusive environment while also focusing on flexibility and breath for a complete work out. Your worries will melt away resulting in an inner sense of peace.

Note: Bring a mat and a blanket or beach towel to class.

Dynamic Yoga for Seniors  

Discover how practicing yoga regularly improves flexibility, strength and concentration. Explore traditional yoga postures that can be modified with the help of blocks, straps, and other props. Designed for individuals with some yoga experience, you will enjoy deep breathing methods, focusing techniques, meditation, and relaxation. Come away with renewed energy, mental clarity and increased flexibility.

Note: Bring a mat to class.
Feldenkrais Mat Class  $  
Discover the benefits of the Feldenkrais Method in a fun and relaxing environment geared towards all ages and abilities. Explore the science and practice of moving with more skill and less pain. The Feldenkrais Method engages your brain and nervous system to improve flexibility, coordination, balance, and agility while also reducing tension. Come away with enhanced comfort and performance in everyday activities and also sleep better at nighttime.

608759  
ID 21729  ›  Sanchez, L  •  5/23 - 6/20  •  WAKE-15  
W  •  11 a.m. - 12:30 p.m.  •  $45  
ID 21731  ›  EVE  Sanchez, L  •  5/24 - 6/21  •  WAKE-15  
R  •  6 p.m. - 7:30 p.m.  •  $45  
ID 21732  ›  EVE  Sanchez, L  •  7/5 - 8/2  •  WAKE-15  
R  •  6 p.m. - 7:30 p.m.  •  $45  
ID 21730  ›  Sanchez, L  •  7/11 - 8/1  •  WAKE-15  
W  •  11 a.m. - 12:30 p.m.  •  $36  

Fitness Flow with a Yogic Twist  $  
Engage in a continual flow of movement designed to increase flexibility and endurance! Through the use of unique fluid floor and barre stretches you will work to lengthen muscles, enhance circulation and minimize the stresses of daily life. Come and enjoy the fitness flow.

608580  
ID 21961  ›  Spirka, F  •  5/23 - 6/20  •  SCHOTT-14  
W  •  12:30 p.m. - 1:30 p.m.  •  $60  
ID 21962  ›  Spirka, F  •  7/11 - 8/1  •  SCHOTT-14  
W  •  12:30 p.m. - 1:30 p.m.  •  $48  

Gentle Yoga for Every Body  $  
New to yoga or looking for a gentle yet restorative yoga class? Explore easy, chair-assisted yoga, as well as standing and floor poses in a supportive environment. Designed especially for an individual with limited mobility, these poses can help with insomnia, arthritis, healing, and focus. Discover safe modifications for hypertension and osteoporosis while improving your balance and posture. Come away with a calm mind and more limber body.

Note: Bring a mat. Students should be able to get on and off the floor.

608610  
ID 21963  ›  Hungett, H  •  5/21 - 6/18  •  WAKE-33  
M  •  3:30 p.m. - 4:30 p.m.  •  $30  
ID 21964  ›  Hungett, H  •  5/23 - 6/20  •  WAKE-33  
W  •  3:30 p.m. - 4:30 p.m.  •  $30  
ID 21715  ›  Barysch-Crosbie, G  •  5/24 - 6/21  •  WAKE-33  
R  •  9:30 a.m. - 10:30 a.m.  •  $30  
ID 21778  ›  Hewson, R  •  5/25 - 6/22  •  WAKE-33  
F  •  2:30 p.m. - 3:30 p.m.  •  $30  
ID 21965  ›  Hungett, H  •  7/2 - 7/30  •  WAKE-33  
M  •  3:30 p.m. - 4:30 p.m.  •  $30  
ID 21716  ›  Barysch-Crosbie, G  •  7/5 - 8/2  •  WAKE-33  
R  •  9:30 a.m. - 10:30 a.m.  •  $30  
ID 21779  ›  Hewson, R  •  7/6 - 8/3  •  WAKE-33  
F  •  2:30 p.m. - 3:30 p.m.  •  $30  
ID 21966  ›  Hungett, H  •  7/11 - 8/1  •  WAKE-33  
W  •  3:30 p.m. - 4:30 p.m.  •  $24  

Happy Heart: Dance to Free your Emotions  $  
By combining joyous Nia movements with the healing Tai Chi energy work, dance your life story and free yourself emotionally. Utilizing guided suggestions, gain confidence to walk a new path and re-write your story. Explore uplifting, easy-to-follow Nia steps and intentional Tai Chi movements to remove obstacles that are keeping you from reaching your true potential. Come away knowing the Happy Heart Dance that will deliver delight to your heart and peace to your spirit.

Note: Co-Taught with Jessica Kolbe.

608684  
ID 21936  ›  SAT  Barysch-Crosbie, G  •  7/21  •  WAKE-33  
S  •  10 a.m. - 1 p.m.  •  $29  

FEE-BASED Yoga Classes
Page 32-36
Meditate and Recharge with Yin Yoga $ 
Yin yoga cultivates inner peace while focusing externally on increasing circulation and decreasing injury and sickness. Begin with Qigong to start moving energy and stimulating your immune system. Explore poses that focus on connective tissues of the body to heighten circulation in the joints and improve flexibility. Surrender yourself to a variety of yin yoga poses in a tranquil environment that induces a meditative state. Come away feeling centered and limber and ready to take on the world with grace and calm.

608771

ID 21711  EVE  Barysch-Crosbie, G  •  5/21 - 6/25  •  SCHOTT-14   
M  •  5:30 p.m. - 6:30 p.m.  •  $30

ID 21713  Barysch-Crosbie, G  •  5/21 - 6/25  •  WAKE-33   
M  •  9:30 a.m. - 10:30 a.m.  •  $30

ID 21712  EVE  Barysch-Crosbie, G  •  7/2 - 7/30  •  SCHOTT-14   
M  •  5:30 p.m. - 6:30 p.m.  •  $30

ID 21714  Barysch-Crosbie, G  •  7/2 - 7/30  •  WAKE-33   
M  •  9:30 a.m. - 10:30 a.m.  •  $30

Nia - Move, Feel, and Heal! $
Join us for a special Nia class that combines the healing properties of Tai Chi, the bone alignment of yoga, and the muscle conditioning punches of Martial Arts in order to move and heal your body. Discover exercises to target specific parts of your body to bring awareness to it and its relationship to the rest of your body. Beginning with footwork, movements extend upward to the pelvis, spine, and head, all while integrating arm movements rooted in Martial Arts. Dance away feeling lighter, stronger, and with a refreshed mental outlook on life.

608782

ID 21952  Carlsen, H  •  5/22 - 6/19  •  SCHOTT-14   
T  •  12:30 p.m. - 1:30 p.m.  •  $45

ID 21709  Barysch-Crosbie, G  •  5/24 - 6/21  •  SCHOTT-14   
R  •  12:30 p.m. - 1:30 p.m.  •  $40

ID 21953  Carlsen, H  •  7/3 - 7/31  •  SCHOTT-14   
T  •  12:30 p.m. - 1:30 p.m.  •  $40

ID 21710  Barysch-Crosbie, G  •  7/5 - 8/2  •  SCHOTT-14   
R  •  12:30 p.m. - 1:30 p.m.  •  $40

Pilates for Life $
This course teaches students the integration of the Pilates’ principles of core-strength, concentration, precision, control, postural alignment, and centering. Dance, strength, and flexibility techniques are also incorporated in this total body conditioning program. Chair-based and standing exercises are adapted for all fitness levels.

Note: Please bring a mat to class.

608601

ID 21996  Masin, E  •  5/21 - 6/20  •  SCHOTT-14   
M  •  Wed 10:45 a.m. - 11:45 a.m.  •  $54

ID 21997  Masin, E  •  7/2 - 8/1  •  SCHOTT-14   
M  •  Wed 10:45 a.m. - 11:45 a.m.  •  $54

Qi Gong $ 
This course teaches students Qi Gong, a combination of slow, gentle body movements and healthy breathing that generates strength, flexibility, inner calm and renewed vitality. Students learn exercises to elevate the flow of life force (qi) through the body, release anxiety, and relieve stress.

608568

ID 21797  •  Rockett, E  •  6/1 - 6/22  •  WAKE-33   
F  •  10:30 a.m. - 12 p.m.  •  $36

ID 21798  •  Rockett, E  •  7/6 - 8/3  •  WAKE-33   
F  •  10:30 a.m. - 12 p.m.  •  $45

Qigong for Summer - Cultivating Joy and Creativity $
Celebrate summer by practicing exercises that bring joy and creativity into your life. In Chinese Medicine, Summer is the season of the heart. Discover heart-healthy exercises to lower blood pressure and ease emotional distress. Say goodbye to feeling overwhelmed and hello to feeling refreshed and ready to take on life. Come away with more light and happiness to infuse into your life and your heart.

608783

ID 21799  SAT  Kolbe, J  •  6/23  •  WAKE-33   
S  •  11 a.m. - 1 p.m.  •  $30

Qigong Inner Power with Jessica Kolbe $
Discover how to harness your own energy or ‘qi’ to heal your body and your soul. Explore techniques to expel toxic qi, and then gather and purify your own qi to clear your spirit of self-judgment and criticism. Remove the blocks that are keeping you from reaching your true potential of health, happiness, and peace through this powerful yet accessible form of Qigong. Movements may be practiced seated or standing. Best of all, come away with concrete, self-healing strategies and an enhanced sense of calm.

608784

ID 21800  Kolbe, J  •  5/23 - 6/20  •  WAKE-33   
W  •  11 a.m. - 12 p.m.  •  $50

ID 21801  Kolbe, J  •  7/11 - 8/1  •  WAKE-33   
W  •  11 a.m. - 12 p.m.  •  $40

Qigong Year of the Phoenix: Rebirth and Transformation $
Like the Phoenix, rise out of the fire with renewed energy and spirit. Explore exercises that will help you leave emotional distress, burdens, and even body aches in the past. Harness the power of Qigong exercises, and fly fearlessly out of the ashes and into your new reality of health, peace and happiness. Dream big and make plans. Come away knowing how to break free of your burdens and claim your new destiny.

608788

ID 21802  SAT  Kolbe, J  •  8/4  •  WAKE-33   
S  •  11 a.m. - 1 p.m.  •  $30
Resistance Pilates: Ring, Light Weights, and Bands $  
Explore the use of the Pilates ‘magic’ ring, light weights, and resistance bands as we build on core strength to support the spine. Not only is the Pilates ring fun to use, but it will add another dimension to your Pilates experience. Discover increased comfort and ease in your body, all while taking a load off your back. Find the length, strength, and flexibility of the spine to help you stand strong, stand tall, and improve your posture in daily life. Come away feeling refreshed and balanced.

Note: Bring a mat to class.

Tai Chi Easy $  
Tai Chi Easy™ is a fusion of Qigong health enhancing exercises, and an easy 5 movement form of Tai Chi. This carefully developed method makes it easy, beneficial and fun. Discover the flow of energy in your body as your mind relaxes with the slow meditative movements of Tai Chi. Explore how the mind-body practice soothes and rewire the nervous system and also increases cognitive and brain plasticity. Reduce your stress and improve your health using Tai Chi Easy™.

Strength and Stability for Active Seniors $  
Learn techniques and practice skills to improve balance, strength and flexibility in a safe environment. Basic exercises are performed to improve posture, gait and self-confidence. Intended for older adults but appropriate for anyone who wants to increase muscle tone and improve balance and mobility. Exercise equipment is provided.

World Dance Workout $  
Join us for a fun, invigorating, inspiring workout to beautiful music from around the world! Learn new ways of moving and connecting to the world in a beautiful setting with natural light and fresh air.

Yoga $  
Course demonstrates how yoga practice promotes increased flexibility, strength, balance and mental awareness. Shows how mindful movement and conscious breathing help you to relax and stimulate the nervous, digestive and circulatory systems. Course is designed for all levels, from those new to yoga to continuing students. Students will practice demonstrated techniques.

Note: Bring a yoga mat to class.
**Yoga Flow**

Engage your body and mind in this yoga class that encourages the pairing of breath with movement. You will learn and experience how a yoga practice promotes increased flexibility, strength, balance and mental awareness. Develop mindful movement and conscious breathing to help you relax and stimulate the nervous, digestive and circulatory systems. This course is designed for all levels, from those new to yoga to experienced students.

<table>
<thead>
<tr>
<th>ID</th>
<th>Instructor</th>
<th>Dates</th>
<th>Location</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>608698</td>
<td>Spirka, F</td>
<td>5/21 - 6/18</td>
<td>SCHOTT-14</td>
<td>M:  2 p.m. - 3 p.m.</td>
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<td>5/24 - 6/21</td>
<td>SCHOTT-14</td>
<td>R:  2 p.m. - 3 p.m.</td>
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<td></td>
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<td>7/2 - 7/30</td>
<td>SCHOTT-14</td>
<td>M:  2 p.m. - 3 p.m.</td>
<td>$60</td>
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<td></td>
<td></td>
<td>7/5 - 8/2</td>
<td>SCHOTT-14</td>
<td>R:  2 p.m. - 3 p.m.</td>
<td>$60</td>
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</tbody>
</table>

**Yoga Plus**

Take the time to nurture yourself and to reconnect with your natural healing abilities. Classic breathing techniques, meditation, and stimulating yoga poses (asanas) will foster personal growth and deepen your yoga practice. Explore helpful tools with pose modifications and the use of basic props. Come away feeling relaxed and energized.

<table>
<thead>
<tr>
<th>ID</th>
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<th>Dates</th>
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<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>608613</td>
<td>Poddubnaya, E</td>
<td>5/21 - 6/18</td>
<td>WAKE-33</td>
<td>M:  5:30 p.m. - 7 p.m.</td>
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<td></td>
<td></td>
<td>5/23 - 6/20</td>
<td>WAKE-33</td>
<td>W:  5:30 p.m. - 7 p.m.</td>
<td>$52</td>
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<td></td>
<td></td>
<td>7/2 - 7/30</td>
<td>WAKE-33</td>
<td>M:  5:30 p.m. - 7 p.m.</td>
<td>$52</td>
</tr>
<tr>
<td></td>
<td></td>
<td>7/11 - 8/1</td>
<td>WAKE-33</td>
<td>W:  5:30 p.m. - 7 p.m.</td>
<td>$42</td>
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</tbody>
</table>

**Zumba Gold**

Join us for this low-impact, easy to follow class, where no one is an expert and everybody has a great time! Zumba is exercise in disguise. Regardless of your fitness level, age, gender or dance/fitness experience, anybody and everybody can do this. Modify movements to suit your individual needs. Zumba is all about putting one foot in front of the other at your own pace. Have fun learning basic rhythms and steps to salsa, merengue, cha cha, reggae-ton, cumbia and more. Move, shake, shimmy, and find your own groove!

<table>
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<tr>
<th>ID</th>
<th>Instructor</th>
<th>Dates</th>
<th>Location</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>608639</td>
<td>Hungett, H</td>
<td>5/22 - 6/19</td>
<td>WAKE-33</td>
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<td>$33</td>
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<td></td>
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<td>5/24 - 6/21</td>
<td>WAKE-33</td>
<td>R:  12 p.m. - 1 p.m.</td>
<td>$33</td>
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<td></td>
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<td>7/3 - 7/31</td>
<td>WAKE-33</td>
<td>T:  12 p.m. - 1 p.m.</td>
<td>$33</td>
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<td></td>
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<td>7/5 - 8/2</td>
<td>WAKE-33</td>
<td>R:  12 p.m. - 1 p.m.</td>
<td>$33</td>
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</tbody>
</table>

**23andMe: Understanding Results and Hidden Connections**

23andMe, a DNA identification service, has revolutionized our understanding of ourselves, our heritage and choices we can make to enhance our lives. A simple sample produces a wealth of scientific information with tremendous life-altering potential. Unfortunately this information is dense, complex and interpreting the results is challenging. Find out how experts in the science, nutrition and genetics field can help you understand the information you receive. Discover the depth of the results and hidden connections you may have missed. Benefit from an understanding of you are, where you are from, and where you are going. Ideal for those considering 23andMe.

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<tr>
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<th>Dates</th>
<th>Location</th>
<th>Time</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>608746</td>
<td>Reilly, M</td>
<td>6/9</td>
<td>SCHOTT-6</td>
<td>S:  9 a.m. - 11 a.m.</td>
<td>$16</td>
</tr>
</tbody>
</table>

**Beachside Healing**

Join us at beautiful Hendry’s Beach to discover how to take an active role in your own health care, and how to get on the path to optimal health. Explore important pillars of health: Nutrition, Exercise, Stress Management, Sleep Management, Spirituality, and Patterns of Behavior. Enhance each aspect through a fun three-part class - (a) lecture (b) a special exercise involving breathing, specific physical movements, visualization and concentration and (c) a guided walking meditation on the beach. Achieve optimal health for yourself and your loved ones.

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<tr>
<th>ID</th>
<th>Instructor</th>
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<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>608766</td>
<td>Wollman, G</td>
<td>5/22 - 6/26</td>
<td>HENDBCH-Grass</td>
<td>T:  5:30 p.m. - 7 p.m.</td>
<td>$55</td>
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</tbody>
</table>

**Free Health Care System A: Ancient Secrets of Chinese and Shamanic Medicine**

We all have access to free healing and well-being maximization techniques that have been known about since ancient times. These methods have become hidden, buried and lost to most people. Discover the era of miracle recovery happening around you and the profound medicine that the human body can produce. Explore powerful, accessible, and free secrets of ancient healing systems including Chinese and Shamanic medicine along with new era epigenetics and neuroscience that produce tangible results. Find out how to apply these techniques, and start the process of achieving great health and optimal well-being.

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<tr>
<th>ID</th>
<th>Instructor</th>
<th>Dates</th>
<th>Location</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>608753</td>
<td>Kolbe, J</td>
<td>7/14</td>
<td>WAKE-33</td>
<td>S:  11 a.m. - 1 p.m.</td>
<td>$30</td>
</tr>
</tbody>
</table>
PSYCHOLOGY AND SPIRITUALITY

NEW! Access Your Inner Healer $

There are countless variables in the healing/curing paradigm apart from those practiced in allopathic medicine. These forces include placebo, the healer-patient relationship, faith, hope, forgiveness, support systems, joy, gratitude, and laughter. Discover how these non-physical influences facilitate your inner healer, create balance and equanimity, and also assist in the remission and cure of deadly diseases.

202752

ID 21950  ➔  SAT Cumes, D  •  6/9  •  SCHOTT-14
S  •  10 a.m. - 12 p.m.  •  $19

Focusing: A Pathway to Wellness $

Focusing is a self-help technique that will help you to experience a deeper sense of the relationship between your body, mind, emotions, and spirit. Develop a sense of how we carry our life experiences in our body and how focusing can change the way we carry those experiences. Use focusing to release tensions, gain new insights, and promote healing and well-being in your daily life. This step by step technique is easily learned and shared. New material is presented each term in this experiential workshop.

202623

ID 21968  ➔  SAT McWilliams, J  •  6/2  •  SCHOTT-31
S  •  9:30 a.m. - 4:30 p.m.  •  $49

NEW! The Healing Powers of Plants $

The “four beings of nature” include the “growing” beings (plants and trees) that rely on water for survival. Discover what our flora and water have to offer us in terms of physical, emotional and spiritual support. Historically we could not have survived without flora and water, and their importance is even more vital today as climate changes threaten us all with extinction. Come away with an understanding of how plants can heal us both by cleansing, protecting, and helping our dreaming and also by summoning our spirit guides for us.

202753

ID 21951  ➔  SAT Cumes, D  •  7/21  •  SCHOTT-14
S  •  10 a.m. - 12 p.m.  •  $19

EVENTS, LANGUAGE, PHOTO

CURRENT EVENTS, WORLD AFFAIRS AND LOCAL CULTURE

What a California Native Knows that You Need to Know $

Even if you are a California native, there is a lot you need to know to fully appreciate the “what” and “why” of our special state. Explore its rich history, famous authors such as Steinbeck and Kerouac, the unique geography of Yosemite, Big Sur, and the Valley of the Moon, and what sets California apart from other states. Join in the lively discussion and start to feel like an insider. Plan your next road trip to include newly discovered festivals and communities. From the food you eat to the beautiful climate, come away understanding the west coast influence of innovation and cultural diversity in our day-to-day life.

1447

ID 21967  ➔  Palley, M  •  6/5 - 6/19  •  SCHOTT-14
T  •  3:30 p.m. - 5 p.m.  •  $36

LANGUAGES

French 2 $

French 2 is for individuals who have completed French 1 and the first part of French 2, or have had some French instruction in the past. In a supportive and fun environment, explore the development of the French language in everyday life. Students practice all language skills including learning the fundamentals of grammar, listening, reading, speaking, and writing. French is learned through dialogues, grammar, vocabulary, pronunciation, writing exercises and discovering the culture.

102025

ID 21775  ➔  Comte, V  •  5/23 - 6/20  •  SCHOTT-31
W  •  5:30 p.m. - 7:30 p.m.  •  $65

French 4 $

Deepen your knowledge of this beautiful language in a fun, stimulating, and supportive environment. Conversation is emphasized, and speaking, writing, reading, listening and pronunciation are also covered. Come away with increased confidence in your French-speaking abilities.

102027

ID 21776  ➔  Comte, V  •  5/24 - 6/21  •  SCHOTT-31
R  •  5:30 p.m. - 7:30 p.m.  •  $65

ABOUT THE SCHEDULE

CRN - “Course Reference Number” is used to register in a specific, tuition-free noncredit class.

Days - “R” stands for Thursday.

EVE - “EVE” indicates evening classes.

LOCATION - For complete location names and addresses, see “Directory of Locations” on page 52.

ID - “ID number” is used to register for a specific Life Enhancement fee-based class.

SAT - “SAT” indicates Saturday classes.
French for Travelers $  
If you are planning a trip to France or Canada or simply wish to deal with daily situations in French in the future, this class is for you! Build your confidence through learning general greetings, time, and days of the week. Explore how to ask for and understand directions, order from a menu, make reservation, and ask key question on shopping terms all while learning about French culture. This class is for individuals with little knowledge of French.

102033  
ID 21777  ➢ EVE Comte, V  •  5/21 - 6/18  •  SCHOTT-31  
M  •  5:30 p.m. - 7 p.m.  •  $39

Spanish 1 $  
With an emphasis on conversation, students will learn basic vocabulary, grammar and expressions relating to greetings, sharing personal information about themselves and their families, professions, body parts, clothing, days of the week, months of the year, numbers and the alphabet.

105144  
ID 21804  ➢ Lotito, B  •  5/23 - 6/20  •  WAKE-16  
W  •  12:45 p.m. - 2:45 p.m.  •  $65

Spanish 2- Low Beginning Conversational $  
This class is for students with very little knowledge of Spanish or who have had exposure to more Spanish but some time ago. Students will review the sound system, how to describe people, and how to form sentences in the present tense, and will learn to talk of plans, preferences, numbers, and to ask for basic information.

105161  
ID 21809  ➢ Lotito, B  •  7/11 - 8/1  •  WAKE-16  
W  •  12:45 p.m. - 2:45 p.m.  •  $52

Spanish 3 - Beginning Conversational $  
This class is for students with limited knowledge of Spanish, or exposure to more Spanish but some time ago. Students will review sound system, expressing preferences, asking for basic information, numbers, and regular verbs in the present tense, and will learn to talk about plans, the weather, to locate things, and will enrich their vocabulary for festivities and physical and mental states descriptions. They will also learn some new irregular verbs.

105162  
ID 21811  ➢ Lotito, B  •  5/24 - 6/21  •  WAKE-16  
R  •  12:45 p.m. - 2:45 p.m.  •  $65

Spanish 4 - High Beginning Conversational $  
For students who are familiar with the present tense of the regular and irregular verbs. Conversational skills with an emphasis on practical everyday expressions will be the focus of this course. Students will learn the present progressive, introduction to indirect object pronouns, comparisons and verbs ‘conocer’ vs. ‘poder’. A brief introduction of the Past Tense will be included. The students will participate in useful and fun activities that will help them expand their use of Spanish.

105163  
ID 21826  ➢ EVE Lotito, B  •  7/5 - 8/2  •  WAKE-16  
R  •  5:15 p.m. - 7:15 p.m.  •  $65

Spanish Review - Beginning $  
This conversational class is for students who know some Spanish either through attending beginning level courses or have had exposure to Spanish through their social life, work or travel. Students review introductions, dialogues, meeting new people, descriptions of others, clothing, colors, numbers, and other basic vocabulary. Students review the present tense while participating in activities that increase their knowledge of the Spanish-speaking world. Review ser/estar, regular and irregular verbs in the present tense, question formation, pronouns and basic prepositions. Enjoy games, dialogues, videos, songs, online activities, and much more to generate an atmosphere that is conducive to learning, and practice Spanish in a fun, highly interactive way.

105126  
ID 21813  ➢ EVE Lotito, B  •  5/22 - 6/19  •  WAKE-16  
T  •  5:15 p.m. - 7:15 p.m.  •  $65

Spanish Review - Intermediate $  
This conversational class is for students who are familiar with the present, past and future tenses in Spanish. Review present, past and future tenses emphasizing the use of the preterit and imperfect to talk about what we did in the past as well as what we used to do at certain times of our lives. Students will practice all sorts of ways to refer to somebody or something they have already mentioned (using pronouns). Contrast between ‘por’ and ‘para’. Enjoy games, dialogues, videos, songs, online activities, and much more to generate an atmosphere that is conducive to learning, and practice Spanish in a fun, highly interactive way.

105130  
ID 21822  ➢ EVE Lotito, B  •  5/25 - 6/19  •  WAKE-16  
T  •  5:15 p.m. - 7:15 p.m.  •  $65

Spanish Review - Beginning $  
This class is for students who know some Spanish either through attending beginning level courses or have had exposure to Spanish through their social life, work or travel. Students review introductions, dialogues, meeting new people, descriptions of others, clothing, colors, numbers, and other basic vocabulary. Students review the present tense while participating in activities that increase their knowledge of the Spanish-speaking world. Review ser/estar, regular and irregular verbs in the present tense, question formation, pronouns and basic prepositions. Enjoy games, dialogues, videos, songs, online activities, and much more to generate an atmosphere that is conducive to learning, and practice Spanish in a fun, highly interactive way.

105126  
ID 21813  ➢ EVE Lotito, B  •  5/22 - 6/19  •  WAKE-16  
T  •  5:15 p.m. - 7:15 p.m.  •  $65

Spanish Review - Intermediate $  
This conversational class is for students who are familiar with the present, past and future tenses in Spanish. Review present, past and future tenses emphasizing the use of the preterit and imperfect to talk about what we did in the past as well as what we used to do at certain times of our lives. Students will practice all sorts of ways to refer to somebody or something they have already mentioned (using pronouns). Contrast between ‘por’ and ‘para’. Enjoy games, dialogues, videos, songs, online activities, and much more to generate an atmosphere that is conducive to learning, and practice Spanish in a fun, highly interactive way.

105130  
ID 21822  ➢ EVE Lotito, B  •  5/25 - 6/19  •  WAKE-16  
T  •  5:15 p.m. - 7:15 p.m.  •  $65
PHOTOGRAPHY AND FILM

Create Photographs With Impact $
Discover new techniques and skills to help elevate your photography from average to exciting. Join an award-winning professional photographer as you learn how to strengthen your compositions and create compelling photographs in any light source using a wide variety of techniques, including selective focus, motion blur, manipulation of light sources, backlighting, contrast, color saturation, rule of thirds, forced perspective and many more. By the end of this class, you will have the tools to pre-visualize new, dynamic photographs, making the great leap from taking photos to creating photographs with impact.

Location Photo Shoots with a Pro $
Join nationally acclaimed magazine photographer Chuck Place as you explore different locations in the Santa Barbara area with your camera. You may visit the bustling Santa Barbara Farmers Market one week or the beautifully restored La Purisima Mission State Historic Park the next. Each session will be a different location, depending on events and time of year. Get feedback each week and learn how a professional photographer approaches various subjects or locations.
Note: Some camera experience recommended.

Photography For Travelers $
Discover the techniques professional travel photographers use to create dynamic, powerful images in any kind of situation. Learn to produce spectacular architectural and landscape photographs captured at the perfect time of day. Gain insights into approaching strangers and learn how to produce intimate portraits with minimal equipment and available light. Leverage bad weather, producing some of your most popular images, and learn how to make use of harsh mid-day sunlight. Make the images from your next trip captivating to both friends and family while transporting you back to the sights, sounds and smells of your favorite destinations.

WRITING AND LITERATURE

End of the World As We Know It: Explore Post-Apocalyptic Literature $
Post-apocalyptic literature has not just joined mainstream literature - it’s now considered a part of the high literary canon. Some of the success of post-apocalyptic fiction is rooted in how closely it can seem to resemble real life. In this class, we will not only read and discuss a selection of classic and contemporary post-apocalyptic novels, but we will also use these novels as a prism to examine history and the world around us.

Great Russian Writers and their Masterpieces $
Discover the soul and psyche of Russia as you read magnificent stories from its great literary tradition. The flowering of Russian culture culminated in the 19th century with renowned novels such as Crime and Punishment, Anna Karenina, War and Peace, and The Brothers Karamazov. Explore the lives of unforgettable characters in a stimulating seminar where lively discussions provide new insight and appreciation of these unsurpassed works of art. Open a window into the fascinating world of Mother Russia!

HOME AND FAMILY

COOKING

Enjoy Sourdough Bread and Make Your Own Starter $
Take a time-proven approach to bread making. Discover the secrets of sourdough starter and how to create a perfect loaf time and time again. Try incorporating a wide variety of artisinal grains to produce amazing results with combinations and applications you never thought possible. Those with issues with gluten may find these variations and preparation methods a solution to their problem. Your bread-making skills will rise to new levels - and your friends and family will be ever so glad you took this class.
Enjoy Tasty Summer Soups §
Summer's bounty of gorgeous fruits and vegetables begs to be turned into light and delicious dishes to be shared with friends and family. Why not turn those overflowing baskets of squash, herbs, tomatoes and fruits into cool and refreshing gazpachos, light and lively vegetable pistous, vibrant beet borscht and more? These delicious recipes make a perfect light lunch or first course of a summer’s evening meal on the patio.
606482
ID 21866  › Coburn, D  •  5/30  •  SCHOTT-27  
W  •  10 a.m. - 2 p.m.  •  $32 + Lab $4 + Materials $10

Fragrant Feast: Indian Vegetarian Menu §
Master the delicious vegetarian dishes of India. From pakoras and chutney to paneer and palao, your everyday cooking will never be the same. Authentic recipes and hands-on practice will provide a unique cooking experience. Discover the proper uses and combinations of spice and herbs as you create flavorful delights that will please even the fussiest eater. Time to add India to your weekly menu.
606461
ID 21771  › SAT Sahibzada, F  •  8/4  •  SCHOTT-27  
S  •  11 a.m. - 2 p.m.  •  $38 + Lab $8 + Materials $20

Indian Tandoori Grilling Class §
Learn the secrets of tandoori cooking prepared in the authentic Indian and Pakistani tradition. You will discover the variety of grilling options; experience the use of fresh herbs and spice to create tantalizing rubs, condiments and sauces. All menus include accompanying dishes to complete the experience. This unique cooking style will have your family and friends requesting tandoori at every opportunity.
606334
ID 21782  › SAT Sahibzada, F  •  7/14  •  SCHOTT-27  
S  •  11 a.m. - 2 p.m.  •  $38 + Lab $8 + Materials $20

Loaves in the Stove: Bread Making for Everyone §
Join the upper crust of bread-baking with this simple and fun introduction to making healthy bread at home. Using only water, flour, yeast, salt, and a tiny bit of elbow grease, you will be baking delicious bread in no time. The popular ‘No-Knead’ method will be used to quickly get you acquainted and comfortable with baking bread. Have fun baking together, and take home your own fresh baked loaf at the end of the session. Put this on your To-Dough list, and join us as we loaf around in the bakery.
606480
ID 21691  › SAT Hove, K  •  6/2  •  SCHOTT-27  
S  •  10 a.m. - 2 p.m.  •  $32 + Lab $4 + Materials $10
ID 21692  › SAT Hove, K  •  6/9  •  SCHOTT-27  
S  •  10 a.m. - 2 p.m.  •  $32 + Lab $4 + Materials $10
ID 21693  › SAT Hove, K  •  6/30  •  SCHOTT-27  
S  •  10 a.m. - 2 p.m.  •  $32 + Lab $4 + Materials $10

Make Aebleskivers Your New Favorite §
This traditional Danish round puff pancake contributes to ‘hygge’ (or coziness) that is part of the recipe for a happier life. This light and tasty puff of goodness can be used to convey both sweet and savory flavors. Master the art of making perfect Aebleskivers and discover the variety of fillings, toppings and presentations to make this tasty nugget a staple of your diet. Taught by a Danish bread maker, you will learn how all the steps from the dough to the plate. Put ‘hygge’ in your life today.
606489
ID 21696  › SAT Hove, K  •  7/21  •  SCHOTT-27  
S  •  10 a.m. - 2 p.m.  •  $32 + Lab $4 + Materials $10

Mastering Paneer Massala §
The Indian homemade cheese now widely available at Indian grocery stores is used to make many Indian main dishes and even desserts! Discover the secrets to mastering a simple paneer massala and some mouth-watering variations. Try making a dish of Aloo palak (spinach with potatoes seasoned with fenugreek leaves) to complete the meal. For dessert we’ll make some Sooji Halwa and enjoy it all with some ‘garam chai’ (freshly brewed Indian tea) We’ll all join the fun of the action, so come prepared to roll up your sleeves!
606474
ID 21789  › SAT Sahibzada, F  •  5/26  •  SCHOTT-27  
S  •  11 a.m. - 2 p.m.  •  $38 + Lab $8 + Materials $20

NEW! Shammi Kabobs and Homemade Chappati §
From stove to freezer... You’ll find these Shammi Kabobs prepared and tucked away in the freezers of many Indian and Pakistani homes for later use as a quick snack, a full meal, or for entertaining company that surprises you with an unexpected visit! Shammi Kabobs can be prepared with chicken, beef or even lamb! Enjoy them with ketchup or the traditional Indian chutney-as a sandwich in a hamburger bun, wrapped in a piping hot home-made chappati or with some fresh steamed basmati rice. Shammi Kabobs are delicious in any combination!
606473
ID 21803  › SAT Sahibzada, F  •  6/16  •  SCHOTT-27  
S  •  11 a.m. - 2 p.m.  •  $38 + Lab $8 + Materials $20

HOME AND GARDEN

DIY Interior Design with Feng Shui §
Become your own interior decorator and save tons of money! If you love design and decorating, this class is for you. Explore the principles of design and feng shui, and create your own designs using feng shui so that you can have fun decorating your home while improving your life. Come away with a floor plan, a simple yet customized design for your home, and an understanding of how feng shui works.
613047
ID 21767  › SAT King, A  •  6/2  •  SCHOTT-3  
S  •  9 a.m. - 12 p.m.  •  $25
How to Select the Best Plants When Visiting a Nursery

Experience first-hand how individual plants could look in your own garden and how to select the best plants by seeing them grow in a beautifully landscaped nursery. Guided by one of Santa Barbara’s premier landscape designers, you’ll discover what plants grow best for your spaces by seeing them in settings similar to residential gardens. Get your questions answered about maintenance, irrigation, color, size and shape as you see full grown examples of possibilities. Take the guesswork and mystery out of designing your garden. Featured nursery: Seaside Gardens, Carpinteria.

601083
ID 21781  ›  SAT Goodnick, B  •  6/2  •  SEAGARDEN-Entrance to Garden
S • 9 a.m. - 12 p.m.  •  $25

Staging Your Home to Sell

Did you know that staged homes sell for up to 50 percent more and 3 times more quickly than un-staged homes? Discover how to capitalize on your one chance to make a good impression. Explore specific strategies to create an aesthetically pleasing environment so that potential buyers can picture themselves living there. By understanding the principles of decluttering, depersonalizing, and staging your home on a budget, you will maximize the value of your home using a minimum amount of your time. Walk away with an ‘Open House’ friendly floor plan of your home. You can’t afford not to miss this special opportunity.

506226
ID 21888  ›  SAT King, A  •  7/7  •  SCHOTT-3
S • 9 a.m. - 11 a.m.  •  $20

NATURE, SCIENCE, RECREATION

GAMES

Let’s Play American Mah Jongg

Mah Jongg is one of the most popular puzzle games in the world played by people who love its mental challenge. It is a game of strategy and requires the ability to shift between two or more possible solutions to a problem. A bit of luck also helps! It can be somewhat addictive - you’ve been warned! Discover in this class how to play the American version of this popular game. Have fun and enjoy! All levels welcome.

608725
ID 21785  ›  Wolff, I  •  5/22 - 6/12  •  WAKE-18
T • 1 p.m. - 3:30 p.m.  •  $80 + Materials $10

DISCOVER THE SECRET LANGUAGE OF ANIMAL TRACKS

Discover the Secret Language of Animal Tracks

Wildlife tracking is both an ancient art and a modern science used in research and nature conservancy. Develop the skills to read seemingly imperceptible signs and tracks of animals. Identify the species, individual characteristics and what the animal was doing when it left its tracks. Come away with enhanced powers of observation, imagination and awareness. This is a five week class designed to give people effective skills in tracking that can be used to develop deeper kind of relationship with the wildlife in our area.

19123
ID 21700  ›  SAT Maserjian, G  •  6/30 - 7/28  •  WAKE-18
S • 9 a.m. - 12 p.m.  •  $75
ID 21701  ›  SAT Maserjian, G  •  5/26 - 6/23  •  WAKE-18
S • 9 a.m. - 12 p.m.  •  $75

SBCC School of Extended Learning • SUMMER 2018 41
Exploring Watercolor for Older Adults
This course is designed to enhance, improve and increase the older adult's knowledge and skills in watercolor painting. Students receive lessons in color theory, value, composition and a multitude of watercolor techniques. Older adults can improve hand-eye coordination and retention of information and theory by taking this course.

ART NC106
CRN 20911  Runkle, C A  5/21 - 6/29  SCHOTT-05
Lec: T R  9 a.m. - 9:50 a.m.
Runkle, C A  5/21 - 6/29  SCHOTT-05
Lab: T R  10:05 a.m. - 12:05 p.m.

CRN 81305  Runkle, C A  6/30 - 8/10  SCHOTT-05
Lec: T R  9 a.m. - 9:50 a.m.
Runkle, C A  6/30 - 8/10  SCHOTT-05
Lab: T R  10:05 a.m. - 12:05 p.m.

Keeping an Art Journal: For Older Adults
This course teaches older adults how to develop an art journal. Older adults will record their daily lives through the use of mixed media techniques in collage, painting and writing.

ART NC112
CRN 20921  Luminess, C J  5/21 - 6/29  SCHOTT-22
Lec: M W  1 p.m. - 2 p.m.
Luminess, C J  5/21 - 6/29  SCHOTT-22
Lab: M W  2:05 p.m. - 4:05 p.m.

CRN 81315  Luminess, C J  6/30 - 8/10  SCHOTT-22
Lec: M W  1 p.m. - 2 p.m.
Luminess, C J  6/30 - 8/10  SCHOTT-22
Lab: M W  2:05 p.m. - 4:05 p.m.

Splashing Watercolor: For Older Adults
Through lecture, demonstrations and handouts, the older adult student will learn a variety of beginning and continuing student level approaches and techniques to watercolor. Older adult students will exercise cognitive and social skills to support the developmental tasks of aging. Students will learn a variety of styles, color theory and composition. The class includes a strong emphasis on color and light. Students will receive individual and group attention and critiques.

ART NC126
CRN 20905  Luminess, C J  5/21 - 6/29  SCHOTT-05
Lec: M W  9 a.m. - 10 a.m.
Luminess, C J  5/21 - 6/29  SCHOTT-05
Lab: M W  10:05 a.m. - 12:05 p.m.

CRN 81298  Luminess, C J  6/30 - 8/10  SCHOTT-05
Lec: M W  9 a.m. - 10 a.m.
Luminess, C J  6/30 - 8/10  SCHOTT-05
Lab: M W  10:05 a.m. - 12:05 p.m.
Painting in Acrylic: For Older Adults
The older adult student use acrylics to experiment and create rich vibrant paintings. Color theory explored, composition and design principles discussed, as the student creates a series of individual paintings, increasing ability to retain and apply knowledge, increase facility with using tools, and enhance visual focus and attention to detail and structure.

Intermediate and Advanced Painting: For Older Adults
Older adult students concentrate on composition, simplification of subject and presentation. Students are encouraged to bring to class new ideas, works in progress or rework older paintings.

Beginning Watercolor, Painting with the Flow: For Older Adults
The course will cover color mixing and color theory, composition, the elements of design and how to make your paintings come to life by utilizing the effects of light and shadow. Older adults, students are encouraged to paint freely and discover individual style. Includes painting utilizing the effects of light and shadow. Older adults, students

Botanical Illustration: For Older Adults
This course introduces older adults to the art of botanical illustration. Working in line and half-tone, with pencil, pen and watercolor, the older adult student of nature learns to depict plant species and understand botanical form and function. Students may focus on native plants or backyard garden varieties. Includes attention to plant anatomy, form, function, and composition and practice with color and abstraction.

Abstract Painting: For Older Adults
This course provides older adults a comprehensive, historical overview of abstract art and practical instruction in the painting of abstract pictures. Students will explore methods, materials, composition, color, and intuitive uses of their imagination through new techniques.

Artist’s Open Studio: For Older Adults
Older adult students identify and examine personal interests and aptitudes in the arts. Students of all levels sketch and paint in an open lab setting assimilating the principles and ideas derived from studying master artists and viewing great works of art.
Beginning Drawing: For Older Adults

This course is designed for the older adult who wants to draw and deepen their understanding of drawing and composition. Students will expand their observational skills and learn to develop skills to create interesting compositions. Students will learn about gesture, shadows and shading with the use of a variety of materials, enhancing ability to focus on visual detail. Two outside campus field trips to Santa Barbara Mission and Natural History Museum.

Chinese Calligraphy and Brush Painting: For Older Adults

Older adult students will learn Chinese calligraphy and brush painting. Students will practice basic calligraphy strokes and color loading techniques. Students will write Chinese words, learn the spiritual meaning behind each character, and paint traditional Asian subjects (bamboo, blossom, orchid, iris, and lotus.)

Individualized Sewing

This class is designed for the student who has a desire to learn to sew and/or improve their sewing skills. Students will be guided through the techniques necessary to construct a project of their choice. Projects will provide the opportunity for creativity, achievement and success through a combination of theory and practical experience.

English, Composition and Literature

Modern and Classic Short Stories For Older Adults

Older adults pursue a close reading of texts paying sustained attention to the characters, plot, style, images, metaphors, patterns, and themes that carry the story forward.

Explorations in Literature: For Older Adults

Older adults become more avid, savvy readers of fiction by learning how to ‘close-read.’ Through classroom readings, lecture, and discussion, students will understand the dynamics of fiction and how it applies to their lives.

Poetry, Prose and Plays: For Older Adults

Teaches older adult students techniques for close reading of literary texts. Examines the elements of storytelling: plot, character, theme, point of view, and setting.
Screening Your Ideas: For Older Adults
Participants will learn the basics of screenwriting and examine story ideas for TV or motion pictures. The purpose of this course is to find out what makes an idea worth pursuing. Older adult students learn different techniques to explore their own creativity through the study of characters, story, and various genres. In addition, students will examine the importance of opening scenes from different movies.

ENG NC630
CRN 81370  >  Stamos, D G  •  6/30 - 8/10  •  WAKE-18
Lec: M W  •  1 p.m. - 2:45 p.m.

Writers’ Boot-camp: For Older Adults
This intensive class teaches older adults to improve their writing skills in fiction, creative non-fiction, film, or drama. Helps students who have a story without an ending, or an idea for an article they can’t start. Students learn about structure and how to eradicate writing blocks, turn rants into monologues, express themselves, and challenge their intellects. True tales may be published for peers and grandchildren.

ENG NC635
CRN 81374  >  EVE  Stamos, D G  •  7/11 - 8/8  •  WAKE-18
Lec: M W  •  6 p.m. - 8:30 p.m.

Getting Started, Getting Good, and Getting Your Fiction Published: For Older Adults
Older adult students will learn that effective, publishable fiction requires intriguing characters, a good story line, a compelling narrative voice, convincing dialogue, energetic pace, palatable mood, and a strong relationship to contemporary life.

ENG NC642
CRN 81291  >  EVE  Lowenkopf, S A  •  6/30 - 8/10  •  SCHOTT-03
Lec: R  •  5 p.m. - 6:10 p.m.
EVE  Lowenkopf, S A  •  6/30 - 8/10  •  SCHOTT-03
Lab: R  •  6:15 p.m. - 7:45 p.m.

Writing Your Life into Being: For Older Adults
Older adults contemplate what authors say about values like integrity, acceptance, and success. Through visualization techniques and writing exercises, students reflect on their lives.

ENG NC646
CRN 20976  >  Drobny, D T  •  5/21 - 6/29  •  SCHOTT-31
Lec: W  •  9:15 a.m. - 11:30 a.m.
CRN 81368  >  Drobny, D T  •  6/30 - 8/10  •  SCHOTT-31
Lec: W  •  9:15 a.m. - 11:30 a.m.

Writing Personal Histories: For Older Adults
Course teaches older adults to succeed in the memoir writing process. Students learn to develop a conversational, individual narrative voice for their memoirs, and to create a framework for fictional works based on their autobiographies.

ENG NC673
CRN 20894  >  Lowenkopf, S A  •  5/21 - 6/29  •  SCHOTT-06
Lec: W  •  9:30 a.m. - 11:45 a.m.

Write From the Start: for Older Adults
Older adult students learn how to develop magazine articles and book ideas including the use of fiction techniques to write memoirs and non-fiction articles. Course includes information about the magazine marketplace and e-Book publishing. Students will also learn how to write effective query letters and book proposals.

ENG NC674
CRN 20908  >  Unkefer, D D  •  5/21 - 6/29  •  SCHOTT-03
Lec: T  •  12:30 p.m. - 1:55 p.m.
Unkefer, D D  •  5/21 - 6/29  •  SCHOTT-03
Lab: T  •  2 p.m. - 3:30 p.m.
CRN 81301  >  Unkefer, D D  •  6/30 - 8/10  •  SCHOTT-03
Lec: T  •  12:30 p.m. - 1:55 p.m.
Unkefer, D D  •  6/30 - 8/10  •  SCHOTT-03
Lab: T  •  2 p.m. - 3:30 p.m.

Music
Basics of Singing I: For Older Adults
Older adults learn singing and breathing techniques, vocal support, range, song interpretation, and stage presence. Students will enhance self-esteem and communication skills while participating with and performing for fellow students.

MUS NC011
CRN 20902  >  EVE  Fryer, L A  •  5/21 - 6/29  •  SCHOTT-20
Lec: F  •  6 p.m. - 9:10 p.m.
CRN 81295  >  EVE  Fryer, L A  •  6/30 - 8/10  •  SCHOTT-20
Lec: F  •  6 p.m. - 9:10 p.m.

Jazz Appreciation and History: For Older Adults
Older adults will practice critical thinking and self-expression through the demonstration and discussion of Jazz. Students will experience the health benefits resulting from social engagement and group interaction.

MUS NC045
CRN 20903  >  EVE  Wood III, C H  •  5/21 - 6/29  •  SCHOTT-20
Lec: T  •  6 p.m. - 8 p.m.
CRN 81296  >  EVE  Wood III, C H  •  6/30 - 8/10  •  SCHOTT-20
Lec: T  •  6 p.m. - 8 p.m.
Recorder Playing: For Older Adults
Older adult students learn to play the recorder. Appropriate for beginning and continuing students. Students receive group and individual instruction and an opportunity to perform in a group.

MUS NC057
CRN 20900 ★ Roman, N L • 5/21 - 6/29 • WAKE-15
Lec: T • 4:30 p.m. - 5:30 p.m.
    EVE Roman, N L • 5/21 - 6/29 • WAKE-15
    Lab: T • 5:35 p.m. - 7 p.m.
CRN 81293 ★ Roman, N L • 6/30 - 8/10 • WAKE-15
Lec: T • 4:30 p.m. - 5:30 p.m.
    EVE Roman, N L • 6/30 - 8/10 • WAKE-15
    Lab: T • 5:35 p.m. - 7:05 p.m.

Essence of Opera: For Older Adults
This course teaches older adults the history of opera. Students will study different opera composers, musical scores, historical backgrounds, and social contexts. Students watch and listen to examples of operatic performances, enhancing memory retention and socialization skills.

MUS NC085
CRN 20910 ★ EVE Williams, S J • 5/21 - 6/29 • SCHOTT-31
Lec: R • 6 p.m. - 9:10 p.m.
CRN 20977 ★ EVE Williams, S J • 5/21 - 6/29 • SCHOTT-31
Lec: R • 6 p.m. - 9:10 p.m.

Performance Singing: For Older Adults
Older adult students learn vocal techniques, song interpretation and performance technique to effectively perform songs in front of an audience.

MUS NC090
CRN 20901 ★ EVE Fryer, L A • 5/21 - 6/29 • SCHOTT-20
Lec: R • 6 p.m. - 7:10 p.m.
    EVE Fryer, L A • 5/21 - 6/29 • SCHOTT-20
    Lab: R • 7:15 p.m. - 9:10 p.m.
CRN 81294 ★ EVE Fryer, L A • 6/30 - 8/10 • SCHOTT-20
Lec: R • 6 p.m. - 7:10 p.m.
    EVE Fryer, L A • 6/30 - 8/10 • SCHOTT-20
    Lab: R • 7:15 p.m. - 9:10 p.m.

Psychology

Nature and Self-Healing - Beginning: For Older Adults
Older adults learn self-discovery, self-healing, and alternative healing techniques. Students learn how to incorporate nature as a harmonizing influence and partner in the self-healing process. Techniques taught include meditation, being open to change, diaphragmatic breathing, being “present, stretching techniques, and taking risks. Students develop self-esteem, confidence, and socialization skills. Students also learn health and wellness strategies for older adults through appropriate nutrition and stress management techniques. Participants should be able to walk one to two miles at a slow pace.

PSY NC003
CRN 20993 ★ Sorrow, R H • 5/21 - 6/29 • WAKE-20
Lec: W • 9 a.m. - 10:25 a.m.
    Sorrow, R H • 5/21 - 6/29 • WAKE-20
    Lab: W • 10:30 a.m. - 12:45 p.m.
CRN 81386 ★ Sorrow, R H • 6/30 - 8/10 • WAKE-20
Lec: W • 8:45 a.m. - 10:25 a.m.
    Sorrow, R H • 6/30 - 8/10 • WAKE-20
    Lab: W • 10:30 a.m. - 1:10 p.m.

Reading and Writing Poetry for Personal Growth: For Older Adults
Older adults discover ways of looking at poetry that help them look back over the events of their lives to see what still needs to be resolved. The reading of poems becomes a vehicle to see the meaning and purpose of their life. Students write their own poems in class and listen to one another’s poems when ready to share. This helps them notice the similarities in the human experience and deal with future life issues in creative ways.

PSY NC029
CRN 20974 ★ Richo, D D • 5/21 - 6/29 • SCHOTT-03
Lec: M • 9 a.m. - 12:40 p.m.
CRN 81386 ★ Richo, D D • 6/30 - 8/10 • SCHOTT-06
Lec: M • 9 a.m. - 12:10 p.m.

World of Interest: For Older Adults
Class designed for older adults to stimulate their awareness of contemporary issues and events and to encourage discussion with other students on these issues and events.

PSY NC047
CRN 20972 ★ Hofmann, F H • 5/21 - 6/29 • SCHOTT-06
Lec: F • 1 p.m. - 3 p.m.
CRN 81364 ★ Hofmann, F H • 6/30 - 8/10 • SCHOTT-06
Lec: F • 1 p.m. - 3 p.m.
Nature and Self-Healing - Intermediate: For Older Adults

Older adults learn advanced self-discovery, self-healing, and alternative healing techniques. Students learn how to incorporate nature as a harmonizing influence and partner in the self-healing process. Techniques taught include meditation, being open to change, diaphragmatic breathing, being “present”, stretching techniques, and taking risks. Students develop self-esteem, confidence, and socialization skills. Students also learn health and wellness strategies for older adults through appropriate nutrition and stress management techniques. Participants should be able to walk two to three miles.

**PSY NC097**

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Theatre Arts

The Urge to Act: For Older Adults

An acting class open to all levels of older adult students. Introduction to monologue and scene work. Stage presence, audition techniques, and improvisation will be covered. Through the guidance of the instructor and the shared experience with classmates in a safe environment, students discover their acting abilities.

**TA NC009**

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<td>Lab: R • 7:30 p.m. - 8:55 p.m.</td>
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The School of Extended Learning offers nearly 50 classes per week for adults who live in independent, assisted, and memory care facilities. Classes engage the mind and enhance social connection. We are proud to partner with thirteen locations in our community. Adult children are also invited to participate in these classes with their parents. Note that these classes are not included in the print schedule. For more information, contact Jeanette Chian at jchianbrooks@pipeline.sbcc.edu, (805) 898-8289.
### ADULT HIGH SCHOOL/GED/BILINGUAL GED

#### ADULT HIGH SCHOOL BIOLOGY
- Marine Biology: 9
- Oceanography: 9
- Biology: 9
- ADULT HIGH SCHOOL BIOLOGY: 9

#### ADULT HIGH SCHOOL COMPUTER APPLICATIONS AND OFFICE MANAGEMENT
- Learning Skills: Access: 9
- Learning Skills: Outlook: 9
- Learning Skills: PowerPoint: 9
- Learning Skills: Excel: 10
- Learning Skills: Word Basics: 10
- ADULT HIGH SCHOOL COMPUTER APPLICATIONS AND OFFICE MANAGEMENT: 9

#### ADULT HIGH SCHOOL EARTH SCIENCE
- Earth Science: 10
- ADULT HIGH SCHOOL EARTH SCIENCE: 10

#### ADULT HIGH SCHOOL ECONOMICS
- Economics: 10
- ADULT HIGH SCHOOL ECONOMICS: 10

#### ADULT HIGH SCHOOL ENGLISH
- Reading and Composition 1: 10
- Reading and Composition 2: 10
- Reading and Composition 3: 11
- Reading and Composition 1A: 11
- Reading and Composition 1B: 11
- Reading and Composition 2A: 11
- Reading and Composition 2B: 11
- Reading and Composition 3A: 11
- Reading and Composition 3B: 11
- ADULT HIGH SCHOOL ENGLISH: 10

#### ADULT HIGH SCHOOL HEALTH EDUCATION
- Health: 12
- ADULT HIGH SCHOOL HEALTH EDUCATION: 12

#### ADULT HIGH SCHOOL U.S. HISTORY
- American History: Part 1: 12
- American History: Part 2: 12
- ADULT HIGH SCHOOL U.S. HISTORY: 12

#### ADULT HIGH SCHOOL MATHEMATICS
- Mathematics A: Whole Number Arithmetic: 12
- Mathematics B: Fractions, Decimals, Percents: 13
- Mathematics C: Pre-Algebra: 13
- Introductory Algebra: 13
- Introductory Geometry: 13
- ADULT HIGH SCHOOL MATHEMATICS: 12

#### ADULT HIGH SCHOOL PERSONAL DEVELOPMENT
- Learning Skills: Note Taking Strategies: 13
- Learning Skills: Time Management: 13
- Learning Skills: Learning Styles: 14
- Learning Skills: Test-Taking Skills: 14
- Learning Skills: Writing Skills: 14
- ADULT HIGH SCHOOL PERSONAL DEVELOPMENT: 13

#### ADULT HIGH SCHOOL VISUAL DESIGN
- Visual Arts and Media Techniques/Art Studio: 14
- Visual Arts and Media Techniques/Art Studio 1: 15
- ADULT HIGH SCHOOL VISUAL DESIGN: 14

#### ADULT HIGH SCHOOL POLITICAL SCIENCE
- Survey of U.S. Government: 14
- ADULT HIGH SCHOOL POLITICAL SCIENCE: 14

#### ADULT HIGH SCHOOL WORLD HISTORY
- World History: Early Civilization: 15
- World History: Modern Regions: 15
- ADULT HIGH SCHOOL WORLD HISTORY: 15

#### GENERAL EDUCATION DEVELOPMENT
- GED Test Subject - Reading: 15
- GED Test Subject - Social Studies: 15
- GED Test Subject - Science: 16
- GED Test Subject - Mathematics: 16
- GED Test Subject - Bilingual: 16
- GED Test Subject - Bilingual Reading: 16
- GED Test Subject - Bilingual Social Studies: 16
- GED Test Subject - Bilingual Science: 17
- GED Test Subject - Bilingual Mathematics: 17
- GED Test Subject - Bilingual Science: 17
- ADULT HIGH SCHOOL HEALTH EDUCATION: 12

**INDEX BY CATEGORY**

### CAREER SKILLS

#### ACCOUNTING
- Setting up QuickBooks for Small Business: 18
- Monthly Procedures using QuickBooks: 18
- Year End Procedures: 18
- ADULT HIGH SCHOOL ACCOUNTING: 18

#### COMPUTER APPLICATIONS AND OFFICE MANAGEMENT
- Computer Skills Lab (Bilingual): 18
- LinkedIn for Business: 18
- Introduction to the Macintosh: 18
- Introduction to Mac OS X Level 1: 18
- Introduction to MAC OS X Level 2: 19
- Word Processing Basics for Beginners: 19
- Introduction to MS Word: 19
- Basic PowerPoint: 19
- Basic Spreadsheets for Beginners: 19
- Introduction to MS Excel: 19
- Introduction to Hand-held Devices: 19
- ADULT HIGH SCHOOL COMPUTER APPLICATIONS AND OFFICE MANAGEMENT: 18

#### CONSTRUCTION TECHNOLOGY
- Specialty Systems: 19
- ADULT HIGH SCHOOL CONSTRUCTION TECHNOLOGY: 19

#### ENVIRONMENTAL HORTICULTURE
- Green Gardener: Module 1: 20
- Green Gardener: Module 2: 20
- ADULT HIGH SCHOOL ENVIRONMENTAL HORTICULTURE: 20

#### GRAPHIC DESIGN AND PHOTOGRAPHY
- Digital Design Techniques: 20
- Introduction to Adobe Illustrator: 20
- Learn Adobe Acrobat Tools: 20
- Optimize Your C3! Create, Communicate & Collaborate...: 20
- ADULT HIGH SCHOOL GRAPHIC DESIGN AND PHOTOGRAPHY: 20

#### MULTIMEDIA ARTS AND TECHNOLOGIES
- Introduction to Dreamweaver: 20
- Photoshop: 20
- ADULT HIGH SCHOOL MULTIMEDIA ARTS AND TECHNOLOGIES: 20
ENGLISH AS A SECOND LANGUAGE (ESL)

ENGLISH AS A SECOND LANGUAGE - (ESL) VOCATIONAL

Vocational ESL Healthcare: Module A ..........26
Vocational ESL Healthcare: Module B ..........26

FEE-BASED LIFE ENHANCEMENT

ARTS, CRAFTS, PERFORMANCE...27

ARTS

Art and Craft of Printmaking..........................27
Beginning Watercolor: Starting Right, Painting Loose.................27
Collage and Mixed Media Construction..........27
Express Yourself with Beautiful Calligraphy.................27
Figure Drawing and Painting with Rick Stich.........................27
Figure Drawing with Tom Henderson.........................27
Modeling the Figure in Clay..........................28
Portrait Drawing..............................................28

CRAFTS AND HOBBIES: GENERAL

Glass Arts Workshop..................................................28
Glass Creations: Leaded, Copper Foil, Sandblasting and Mosaic ..........28
Glass Fusing.........................................................28
WOW Weaving Lab..................................................28

CRAFTS: CERAMICS

Ceramics in the Garden.................................29
Ceramics: Beginning, Intermediate and Advanced......................29
Ceramics: Porcelain..............................................29
Fundamentals for Wheel Thrown Pottery...............30

CRAFTS: JEWELRY

Creative Wire Worked Jewelry.........................30
Jewelry - Open Studio.............................................30
Jewelry Soldering - Information, Focus, Practice.....................30
Lost Wax Casting..................................................30
Stone Wrapping Techniques for the Beginner..................30

MUSIC AND PERFORMING ARTS

Break into Voice Over..........................30
Harmonica Blues, Getting Started.................31
Improvisation: A Playground for Imagination and Intuition.........................31
Intermediate Ukulele..............................................31
Piano - Intermediate............................................31
Piano - Intermediate and Advanced................31
Piano for Beginners: Level 2..........................31

WOODWORKING

A Woodworking Woodshop.................................31
Intermediate/Advanced Woodworking Woodshop........................32

BODY, MIND, SPIRIT.................................32

DANCE, FITNESS, AND PERSONAL

5 Element Tai Chi: Moving Meditations for Emotional Healing.........................32
All Ages and Stages Gentle Yoga..........................32
Belly Dance and Dances of the Middle East..........................32
Body Mind Wakeup Call........................................32
Dynamic Yoga for Seniors.................................32
Feldenkrais Mat Class.........................................33
Fitness Flow with a Yogic Twist..........................33
Gentle Yoga for Every Body...............................33
Happy Heart: Dance to Free your Emotions.........................33
Meditate and Recharge with Yin Yoga...............34
Nia - Move, Feel and Heal..................................34
Pilates for Life...................................................34
Qi Gong..........................................................34
Qigong for Summer - Cultivating Joy and Creativity.........................34
Qigong Inner Power with Jessica Kolbe................34
Qigong Year of the Phoenix: Rebirth and Transformation................34
Resistance Pilates: Ring, Light Weights, and Bands................35
Strength and Stability for Active Seniors.........................35
Tai Chi Easy...............................................35
Tai Chi Easy - Level 2........................................35
World Dance Workout......................................35
Yoga..........................................................35
Yoga Flow.......................................................36
Yoga Plus.........................................................36
Zumba Gold......................................................36
<table>
<thead>
<tr>
<th>Category</th>
<th>Page(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HEALTH</strong></td>
<td></td>
</tr>
<tr>
<td>23andMe: Understanding Results and Hidden Connections</td>
<td>36</td>
</tr>
<tr>
<td>Beachside Healing</td>
<td>36</td>
</tr>
<tr>
<td>Free Health Care System 'A' - Ancient Secrets of Chinese and Shamanic Medicine</td>
<td>36</td>
</tr>
<tr>
<td><strong>PSYCHOLOGY AND SPIRITUALITY</strong></td>
<td></td>
</tr>
<tr>
<td>NEW! Access Your Inner Healer</td>
<td>37</td>
</tr>
<tr>
<td>Focusing: A Pathway to Wellness</td>
<td>37</td>
</tr>
<tr>
<td>NEW! The Healing Powers of Plants</td>
<td>37</td>
</tr>
<tr>
<td><strong>EVENTS, LANGUAGE, PHOTOGRAPHY</strong></td>
<td>37</td>
</tr>
<tr>
<td><strong>CURRENT EVENTS, WORLD AFFAIRS AND LOCAL CULTURE</strong></td>
<td></td>
</tr>
<tr>
<td>What a California Native Knows that You Need to Know</td>
<td>37</td>
</tr>
<tr>
<td><strong>LANGUAGES</strong></td>
<td></td>
</tr>
<tr>
<td>French 2</td>
<td>37</td>
</tr>
<tr>
<td>French 4</td>
<td>37</td>
</tr>
<tr>
<td>French for Travelers</td>
<td>38</td>
</tr>
<tr>
<td>Spanish 1</td>
<td>38</td>
</tr>
<tr>
<td>Spanish 2 - Low Beginning Conversational</td>
<td>38</td>
</tr>
<tr>
<td>Spanish 3 - Beginning Conversational</td>
<td>38</td>
</tr>
<tr>
<td>Spanish 4 - High Beginning Conversational</td>
<td>38</td>
</tr>
<tr>
<td>Spanish Review - Beginning</td>
<td>38</td>
</tr>
<tr>
<td>Spanish Review - Intermediate</td>
<td>38</td>
</tr>
<tr>
<td><strong>PHOTOGRAPHY AND FILM</strong></td>
<td></td>
</tr>
<tr>
<td>Create Photographs With Impact</td>
<td>39</td>
</tr>
<tr>
<td>Location Photo Shoots with a Pro</td>
<td>39</td>
</tr>
<tr>
<td>Photography For Travelers</td>
<td>39</td>
</tr>
<tr>
<td><strong>WRITING AND LITERATURE</strong></td>
<td></td>
</tr>
<tr>
<td>End of the World As We Know It: Explore Post-Apocalyptic Literature</td>
<td>39</td>
</tr>
<tr>
<td>Great Russian Writers and their Masterpieces</td>
<td>39</td>
</tr>
<tr>
<td><strong>HOME AND FAMILY</strong></td>
<td>39</td>
</tr>
<tr>
<td>Enjoy Sourdough Bread and</td>
<td></td>
</tr>
<tr>
<td>Make Your Own Starter</td>
<td></td>
</tr>
<tr>
<td>Enjoy Tasty Summer Soups</td>
<td></td>
</tr>
<tr>
<td>Fragrant Feast: Indian Vegetarian Menu</td>
<td></td>
</tr>
<tr>
<td>Indian Tandoori Grilling Class</td>
<td></td>
</tr>
<tr>
<td>Loaves in the Stove: Bread Making for Everyone</td>
<td></td>
</tr>
<tr>
<td>Make Aebleskivers Your New Favorite</td>
<td></td>
</tr>
<tr>
<td>Mastering Paneer Massala</td>
<td></td>
</tr>
<tr>
<td>NEW! Shammi Kabobs and Homemade Chappati</td>
<td></td>
</tr>
<tr>
<td><strong>HOME AND GARDEN</strong></td>
<td>40</td>
</tr>
<tr>
<td>DIY Interior Design with Feng Shui</td>
<td></td>
</tr>
<tr>
<td>How to Select the Best Plants</td>
<td></td>
</tr>
<tr>
<td>When Visiting a Nursery</td>
<td></td>
</tr>
<tr>
<td>Staging Your Home to Sell</td>
<td></td>
</tr>
<tr>
<td><strong>NATURE, SCIENCE, RECREATION</strong></td>
<td>41</td>
</tr>
<tr>
<td>DISCOVER AND NATURE</td>
<td></td>
</tr>
<tr>
<td>Discover the Secret Language of Animal Tracks</td>
<td></td>
</tr>
<tr>
<td><strong>OLDER ADULTS</strong></td>
<td>42</td>
</tr>
<tr>
<td><strong>ART</strong></td>
<td></td>
</tr>
<tr>
<td>Beginning Oil Painting: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Exploring Watercolor for Older Adults</td>
<td></td>
</tr>
<tr>
<td>Keeping an Art Journal: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Splashing Watercolor: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Painting in Acrylic: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Intermediate and Advanced Painting: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Beginning Watercolor, Painting with the Flow: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Botanical Illustration: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Abstract Painting: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Artist’s Open Studio: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Beginning Drawing: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Chinese Calligraphy and Brush Painting: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Individualized Sewing: For Older Adults</td>
<td></td>
</tr>
<tr>
<td><strong>ENGLISH, COMPOSITION AND LITERATURE</strong></td>
<td>44</td>
</tr>
<tr>
<td>Modern and Classic Short Stories For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Explorations in Literature: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Poetry, Prose and Plays: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Screening Your Ideas: For Older Adults</td>
<td></td>
</tr>
<tr>
<td><strong>PSYCHOLOGY</strong></td>
<td>46</td>
</tr>
<tr>
<td>Nature and Self-Healing - Beginning: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Reading and Writing Poetry for Personal Growth: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>World of Interest: For Older Adults</td>
<td></td>
</tr>
<tr>
<td>Nature and Self-Healing - Intermediate: For Older Adults</td>
<td></td>
</tr>
<tr>
<td><strong>THEATRE ARTS</strong></td>
<td>47</td>
</tr>
<tr>
<td>The Urge to Act: For Older Adults</td>
<td></td>
</tr>
</tbody>
</table>
DIRECTORY OF LOCATIONS

SBCC Schott Campus
310 W. Padre St.,
Santa Barbara, CA 93105-4366
P: (805) 687-0812

SBCC Wake Campus
300 N. Turnpike Rd.,
Santa Barbara, CA 93111-1931
P: (805) 964-6853

BFARM  Brand Farms  (5390 Foothill Rd., Carp)
CATCHR  Catholic Charities  (609 E. Haley St., SB)
CLVND  Cleveland School  (123 Alameda Padre Serra, SB)
CMS  Carpinteria Middle School  (5351 Carpinteria Ave., Carp)
HENDBCH  Hendry’s Beach  (2981 Cliff Dr., SB)
IVYP  Isla Vista Youth Projects  (701-H W. Campus Point Ln., Goleta)
MAXNUR  Maximum Nursery  (4575 Foothill Rd., Carp)
RODBON  Electrical Workers, IBEW #413  (100 Thomas Rd., Buellton)
SCHOTT  Schott Campus  (310 W. Padre St., SB)
SEAGARDEN  Seaside Gardens  (3700 Via Real, Carp)
WAKE  Wake Campus  (300 N Turnpike Rd., SB)

CLASSES ARE SUBJECT TO CHANGE

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May 21: Summer Session 1 Begins
May 28: Memorial Day, Holiday
June 29: Summer Session 1 Ends
June 30: Summer Session 2 Begins
July 4: Independence Day, Holiday
August 10: Summer Session 2 Ends
August 27: Fall Semester Begins