Get Focused...Stay Focused!™
Progression in Education Model (PEM)

8th to 9th Grade Summer Bridge:
- Participate in a transition program to prepare for high school and the Dual Enrollment Freshman Transition (DEFT) course
- Learn study skills and expectations for high school

In 9th Grade:
- Take the semester-long Dual Enrollment Freshman Transition (DEFT) course
- Create an online 10-Year Career & Education Plan
- Answer the questions:
  - Who Am I?
  - What Do I Want?
  - How Do I Get It?

In 10th Grade: Developing Attitudes and Aptitudes that Promote College & Career Readiness
- Research high-demand careers
- Determine appropriate post-secondary option/pathway
- Learn about college access and affordability
- Continue to envision a productive future through autobiographical writing
- Update 10-Year Career & Education Plan

In 11th Grade: Determining Your Informed Major and Post-Secondary Education Path
- Research STEM-related careers
- Reaffirm or change chosen career path
- Choose a major to match chosen career
- Find colleges that offer your major
- Prepare for college applications
- Update 10-Year Career & Education Plan

In 12th Grade: Preparing to Act on Your 10-Year Career and Education Plan
- Apply to college/post-secondary planning
- Apply for scholarships and financial aid
- Update resume, cover letter, and portfolio
- Mock Interview and job applications
- Write a Student Education Plan
- Update 10-Year Career & Education Plan

End of High School:
- Preferably graduate with at least 12 college units and portable, online 10-Year Career & Education Plan
- College Ready: No need for remedial coursework upon entering college
- Enter college/post-secondary training with an informed declared major

End of Community College:
- Certificate or degree completion and/or transfer to a 4-year college or university

Goal for the End of Post-Secondary Education and Training:
- Working in chosen career field
In collaboration with local schools and partnership organizations, Santa Barbara City College has developed the Get Focused...Stay Focused!™ Initiative to equip students with the knowledge and skills required for success in today’s workforce. This initiative is designed to provide every student with the necessary information and experiences to develop college and career readiness skills and to facilitate the development of an online 10-year Career & Education Plan.

Once students complete their online 10-year Plan in 9th grade, targeted classroom-based lessons in 10th, 11th, and 12th grades ensure that students stay focused on their goals. These three, 16-hour modules provide students with a “touch-point” at each grade of high school to help them transition seamlessly to their post-secondary goal. In addition, the module content is aligned with what students need to succeed in life, is in line with the new common core standards, and meets recommendations from the California Community Colleges Student Success Task Force. This intersegmental alignment provides the opportunity for integration of Get Focused...Stay Focused!™ curriculum into academic courses.

www.GetFocusedStayFocused.org

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