HELLO FIRST YEAR SBCC STUDENT!

OK...so how many times have you been asked this question by parents, friends, teachers and even strangers on the bus: WHAT'S YOUR MAJOR?!?

We are here to say that if you don’t know.............DO NOT PANIC!

Even though some students come to college knowing what they want to major in, many do not. Life is all about choices, and choosing a major evolves over time.

But it will not happen magically. Now is the time to put the effort into exploring college major and career resources. Here’s how to do it:

Meet with a counselor in the Career Center. Counselors are available to help you on a drop-in basis, no appointment necessary, to get help with choosing a major.

SBCC’s Career Center helps students identify and meet their career goals and educational objectives. You have access to career information to help you choose a major, explore career options, find a job or internship, sign-up for a work-experience course or a course in career development.

Visit the Career Center site now!

Don’t miss these links:

*Choose a Major
*Fall 2015 Workshops and Events
*Take a Career Assessment
*Job and Internship Fairs
*Career and Life Transition (age 25+)
*CA Career Café
Drop in on these sites too!

**Advising guides** provide general information and the major preparation for popular areas of study.

"What Can I Do With a Major In...?" from the U. of Tennessee (with great list of career titles & info)

**Personal Development** courses such as PD 100, PD 110 and PD 191A support major exploration and career planning.


Stay “In the Know”.... *The Academic Counseling Team*

*Please do not reply to this message. Replies to this message are routed to an unmonitored mailbox. If you have questions please to go [http://www.sbcc.edu/studentservices/files/question/index.html](http://www.sbcc.edu/studentservices/files/question/index.html). You may also call us at (805) 730-4085.*