Summer and Fall 2010 - Scheduling for Student Athletes

The following is a list of required classes and times for student athletes for IN-SEASON SPORTS:

**Football**  
Coach Craig Moropoulos - ext. 2460  Office PE307  
(FALL SPORT)

**Summer -**  
PerDv. 140 (1 unit) – June 21- July 16, MWF 1:00-2:15 O’Connor, CRN# 18304  
P.E. 122C (1 unit) - Daily 2:30-6:00, Take any CRN #18314,18315,18316  
P.E. 147A (.5 unit) - August 3 - August 7, daily 300-6:00, CRN #19282, #19284, #19285  
P.E. 147B (1 unit) – August. 10-21st, daily 3:00-6:00, CRN #19287, #19288, #19289, #19290

**Fall -**  
P.E. 184A (3 units) - daily 4:00-6:30, CRN #31370  
P.E. 128 (1 unit) - daily 2:30-3:30 pm, CRN #31406, 31407, 31408,  
Do not worry about different times. Students will be placed in groups after enrollment.  
PerDv. 140 (1 unit) -August 9 – August 18, Daily 10:00-11:50 CRN #31357 - Brewer or CRN#34405 - Graham  
**OR**  
See schedule for other PerDv. 140 classes  
Additional PerDv. 140 section on standby:  TBA

Do not take any classes between 2:00 -7:00 p.m. daily.  
No practice on Mondays  
No night classes other than Mondays.  Freshman-Study hall 2x/wk 8:00-9:00am

**Women's Soccer** Coach Jon Sisterson- ext. 2945  Office PE213  
(FALL SPORT)

**Summer -**  
PerDv.140 (take in summer or fall) - See schedule for choices.  
P.E. 221 (1 unit) MTWTH 12:30-2:20 June 14-July 22 CRN #18992 at Elings Park  
P.E. 147B (1 unit) MTWTFS August 9-August 21, 8:30-10:00 am and 12:30-2:00 CRN 19005 Sisterson (DISREGARD TIMES IN SCHEDULE AS NOTED TIMES ARE ACCURATE FOR CONDITIONING PURPOSES).  

**Fall -**  
P.E. 192A (3 units) 2:00-4:00 Daily. - CRN #31373  Sisterson
Please make sure the women are out of class by 1:00
Games Tuesdays and Fridays - no classes after 12:00
MWTH – 5:00 classes and later are okay
PerDv 140 (1 unit) - see schedule for choices

**Men's Soccer**  
Coach John Sisterson - ext. 2945  Office PE213  
(FALL SPORT)

**Summer** - PerDv. 140 (take in summer or fall) - See schedule for choices.
  P.E. 222 (1 unit) June 14 - July 22 MTWTH 6:15-8:05, CRN #18994 at Elings Park
  P.E. 147B (1 unit) -, August 10-August 22 MTWTF 7:00-8:30, 11:00-12:30 CRN#19003 – Sisterson (DISREGARD TIMES IN SCHEDULE AS NOTED TIMES ARE ACCURATE FOR CONDITIONING PURPOSES).

**Fall** - P.E. 193A (3 units) – 12:00-2:00, CRN #31374 - Sisterson
please make sure they don't schedule classes that end at 11:50 or start at 2:00. They need at least a 1/2 hour on each side of practice and preferably an hour

****Games Tuesday and Friday, no classes after 10:30 or 11:00
load up on Monday, Wednesday, Thursday day and night classes.
PerDv. 140 - see schedule for choices.

**Women's Volleyball**  
Coach Ed Gover - ext. 2462, Office PE213  
(FALL SPORT)

**Summer**  
P.E. 147B (1 unit) - August 9-August 20, MTWFS 10:00-12:00, 2:00-4:30 CRN#19004 - Gover

**Fall**  
PerDv. 140 for the freshman (take in summer or fall - See Schedule for choices)
  P.E. 190A (3 units) 4:30-7:00 Daily CRN#31372 - Gover
Match days - Tuesday and Friday, no classes after 4pm
*Must enroll in a spinning course for conditioning.

**Women's Golf**  
Coach Chuck Melendez - ext. 3467, Office PE305  
(FALL SPORT)

**Summer**  
P.E. 147A(1 unit) August 12-22, MTWTH 10:00-1:00, CRN #19002

**Fall** -  
P.E. 185A (3 units) section #31371 - Melendez
No classes Mondays and Wednesdays. Practice Tuesday
Practice Tuesday - 1:30-3:30, Wed. TBA – play 9-18 holes
Thursday play Birnam Wood 1:30-5:00
Friday – No practice.

**PerDv. 140** (1 unit) - Take in summer or fall. See schedule for choices.

**No classes MW. TTHF classes only**
*An early class in August will be added (see coach for details)*

**Women's Basketball**  Coach Sandrine Rocher-Krul - ext. 4028  Cell (818)427-4317, Office PE308 (FALL SPORT)
**Summer**  P.E. 147B (1 unit) - MTWTH 3:00-5:00 pm
          CRN#18328 - Rocher Krul
**Fall -**  P.E. 121C (1 unit) - Aug. 23- Oct. 8, 3-5 pm
           CRN#33532 - Rocher-Krul
           P.E. 181B (2 units) - Oct. 11 - Dec. 11 3-5 pm
           CRN#31367 - Rocher-Krul
**PerDv. 140** (1 unit) - Take in summer or fall. See schedule for choices.
Games - Wednesday and Friday, no classes after 3:00

**Men's Basketball**  Coach Morris Hodges -ext. 2272, Office PE309 (FALL SPORT)
**Summer**  P.E. 147B (1 unit) MTWTH 5:00-7:00 p.m.
           CRN #18490
**Fall -**  P.E. 121C (1 unit) - Aug. 23 - Oct. 8, 1:00-3:00 pm  CRN#33532
           Hodges
           P.E. 182B (2 units) - Oct. 11 - Dec. 11, 1-3pm  CRN #31368 - Hodges
**PerDv. 140** (1 unit) - Take in summer or fall. See schedule for choices.
*No afternoon classes*

**Men's and Women's Cross-Country**  Coach Scott Fickerson - ext. 2275, Office PE310B (FALL SPORT)
**Summer -**  P.E. 226 June 14-July23, 5:00-6:50 Daily CRN#19096
           P.E. 147B  (**Mandatory** unless cleared by Coach Fickerson prior to the course beginning) Aug. 9-21, 2:00-4:00 Daily CRN#19006
**Fall -**  P.E. 183A (3 units) 2:00-4:00 Daily CRN #31369
No classes ending at 2:05 Monday - Friday, Night classes
Beginning at 5:00 p.m. or later OK  
Meets are Fridays - no classes after 10:00 on Fridays.  
PerDv. 140 (1 unit) Take in summer or fall. See schedule for choices.

The following is a list of required classes and times for student athletes for **OFF-SEASON SPORTS**: 

**Men's Volleyball**  Coach TBA -ext. 3862, Office PE213  
(SPRING SPORT)  
**Fall** -  
P.E. 147 B (1 unit) TTH 8:00-9:05 a.m. CRN # 35712  
PerDv. 140 (1 unit) - take in the fall - see schedule for choices

**Men's Tennis**  Coach TBA – contact Ellen O’Connor for recruiting ext. 2270  
(SPRING SPORT)  
**Fall** -  
PerDv. 140 (1 unit) Take in the fall. See schedule for choices.

**Women's Tennis**  Coach Debbie Ekola - cell phone (805) 259-5546  
(Office 213)) ( SPRING SPORT)  
**Fall** -  
P. E. 147 B Regardless of the class name, they will be practicing - TRF 2:20-3:40 - Ekola CRN# 35711  
PE 139 (1 unit) TTH 9:35 or 11:10  
PerDv. 140 (1 unit) Take in the fall. See schedule for choices.

**Men's and Women's Track**  Coach Scott Fickerson - ext. 2275,  
Office PE310B (SPRING SPORT)  
**Fall** -  
P.E. 123C - MW 5:00-6:20, CRN#31400  
PerDv. 140 (1 unit) - Take in the fall. See schedule for choices.

**Men's Golf**  Coach Chuck Melendez - ext. 3467, Office PE305  
(SPRING SPORT)  
**Fall** -  
The following class is NOT mandatory – ACADEMICS TAKE PRIORITY  
P.E. 147B (1 unit) Dates TBA TH 1:30-5:00, CRN #32144  
PerDv.140 - (1 unit) TAKE IN THE FALL. See schedule for choices.

**Softball**  Coach Paula Congleton - ext. 2883, Office PE 304  
(SPRING SPORT)
Fall - P.E. 125C - (1 unit) 1:00-3:00 TTH, CRN #33537 - Congleton
P.E. 147B (1 unit) 1:00-3:00, MW CRN#35242 (Mandatory)
PerDv. 140 - (1 unit) Take in fall. See schedule for choices.

If they do not take these classes or try to schedule a class during these times, they probably will NOT make the team. All players need to be available during these times!

Baseball Coach Teddy Warrecker - ext. 2273, Office PE205
(SPRING SPORT)
Summer - P.E. 120C (1 unit) MTTHF, 3:00-4:50, CRN #19092 or CRN#18685 Warrecker
Fall - P.E. 120C - (1 unit) MWF 1:00-2:50 Warrecker and 3:00-4:50 (CRN #33530,33531 )
There are two sections listed. The student can enroll in either section, because the classes will both run from 1:00-4:50.
PE (110) – TTH 1:00-2:20 (Adv. Conditioning for Baseball), CRN #33182 - Warrecker
Per.Dv. 140 - fall or spring. See schedule for choices.

Cheerleading Information
Cheerleading Coach Coral De Alba - ext. 3037cell phone 452-1098

Our Program - Santa Barbara City College cheerleading program prides itself on excellence and continues to build upon its past success. The program consists of one squad that leads our home crowd in cheering at football and men’s and women’s basketball games. Selected individuals from the team will compete at various competitions in the Spring.

Program Goals - Support Vaquero athletic teams and encourage athletic fans and promote Vaquero Athletics
Represent with excellence

Our Schedule - *Practices are held on Monday and Wednesday nights, from 8:00 p.m. to 9:50 p.m., and Friday mornings 9:00 a.m. to 10:50 a.m. Practices begin Monday, August 2nd. The team will be performing and leading the crowd at all home football and men’s and women’s basketball games. Additional practices for competition will be determined later. There will be a mandatory, three-day camp for this squad on August 14-16, 2010. Our schedule begins August 2nd and ends April 1st, 2011. There will be a Winter Break from December 13th to January 7th. Please be prepared for the commitment before submitting your video. (*Practice days & times are still being finalized and may change, final practice schedule will be available when the team has been selected).

Tryouts - New for 2010-2011 Season: Tryouts will be by video submission only. Videos must be on CD format only with criteria listed below. Videos must be submitted by Friday, June 4th, to be presented to the judges on Saturday, June 5th. No late submissions will be accepted. You will be notified on Sunday, June 6th, via email, if you have been selected to the team.
Tryout Video Criteria: One sideline cheer incorporating a variety of cheer motions. One dance, six to eight, 8-counts long (i.e., hip-hop, jazz, or pom; please no ballet, tap, or lyrical). Two jumps. One must be a toe-touch. All stunting abilities. All tumbling skills.

As long as the criterion above is included, you may submit your competition routine or any performance routine that shows your cheer capabilities. This routine must be from the 2009-2010 school year. If your team did not compete or have any performances available for you to submit, please follow the criteria listed above. The judges will only be looking at the prospect in the video, and will not be judging based on the entire team performance. If you choose to submit a team performance routine, you must prepare on a separate sheet, your position in the routine in 15 second intervals. (i.e. Facing the screen, I am the 2nd girl from the end on the left hand side, the first stunt I am main bashing the liberty for the group stunt that is front and center, etc.)

Additional Tryout Requirements: Complete the Online Recruitment Form from the SBCC Athletics Web Page
Cheer Cover Letter (including name, address, and telephone number)
Current Head Shot (video identification)

Send tryout video along with the Cover Letter and Head Shot to:
Santa Barbara City College
Physical Education/Athletics, Attn: Coral De Alba
721 Cliff Drive
Santa Barbara, CA 93109

Additional Information /Financial Costs:
Camp Registration due July 1 - $130.00
Required enrollment in PE 147 (Summer 2010 and Spring 2011) & PE 199 for (Fall 2010 & Spring 2011).
Uniform balances due by August 15, 2010 – Fundraising information will be provided once team is selected.
Estimated uniform cost is around $600.00
Once your uniform order has been placed, you are responsible for the balance due. Uniform orders will be placed and submitted on August 2, 2010. Academic Records will be placed on hold, if you have not paid your balance.
Routine athletic physicals – provided by SBCC
Mandatory attendance at all home football & men’s & women’s basketball games.
Enrollment of a minimum of 9 class hours.

If you would like further information or have any questions please contact: Coral De Alba - (805) 452-1098, cldealba@pipeline.sbcc.edu

Summer - PE 147 – (1 unit) Instructor – DeAlba, CRN#19496
Fall - P.E. 199A - (3 units) CRN #31375

Athletic Counseling

Scott Brewer - Athletic Counselor, brewer@sbcc.edu or 805.637.3658
Counseling Department - Student Services Bldg. or PE 103

JoAnn Graham – Athletic Counselor, 805.965.0581 ext. 4741 or 805.453.4782
Counseling Department – Student Services Bldg. or PE 103

Kathy O'Connor - Faculty Advisor, 805.965.0581 ext. 2322 or 805.680-5878
P.E. 212 - Second floor of the gym. Please call or come by for an appointment.