PART I

PROJECT I.D. CODE: FFTP 102
FUNDING SOURCE: Foster Children and Parent Training Fund

COLLEGE NAME AND ADDRESS: Santa Barbara City College
721 Cliff Dr.
Santa Barbara, California 93109

TOTAL FUNDS REQUESTED: $14992.

PROGRAM CONTINGENCIES:
1. Program Director/or instructor directly responsible for delivery of training will be expected to attend a June 18-20th training conference and the State Foster Parent's Association Conference on October 23-26th, and participate in regional coordinating activities.

2. Work produced with funds from this agreement shall be deemed to be works for hire and copyright to all such works shall belong to the State of California. Grantee agrees to submit copies of all such works to the Chancellor's Office for reproduction and distribution.

3. Active participation in the planning and implementation of training by County Department of Social Services staff and licensed foster parents will be documented by local program director.

4. Types of activities and training for this program shall meet the specific and unique needs of foster parents and must not supplant existing classes.

5. It is understood that training will take place on an on-going basis for the duration of the funding period with classes or workshops being offered at least September, 1986 through June, 1987.

FOSTER PARENT TRAINING PROJECT COORDINATOR
Name: Lori Claus
Signature: [signature]

Foster Parent Training
Title: Program Coordinator
Phone: (805) 682-9634

ADMINISTRATOR TO SUPERVISE PROGRAM:
Name: Cecelia Alvarado Kuster
Signature: [signature]

Chairperson, ECE Dept.
Title: Dean, Occupa. Education
Phone: (805) 965-0581

FOSTER PARENT REPRESENTATIVE:
Name: Bev Berry
Signature: [signature]

Title: Foster Parent
Phone: (805) 569-1383

COUNTY SOCIAL SERVICES REPRESENTATIVE
Name: Dee Dee Blackwood
Signature: [signature]

Title: Social Worker III
Phone: (805) 963-6101

SUPERINTENDENT/PRESIDENT OR AUTHORIZED DESIGNEE:
Name: Dr. Peter R. MacDougall
Signature: [signature]

Title: Superintendent/President
Phone: (805) 965-0581
PART I

ABSTRACT

COLLEGE: Santa Barbara City College

Abstract of Need and Program Description
(Maximum: 2 pages)

During the past five years, the Santa Barbara south coast region (Goleta, Santa Barbara, Summerland and Carpinteria) has been the center of two foster parent training projects. The first, which lost its funding in September of 1981, was a project administered by the University of California at Santa Barbara. The impetus for the second sprouted in January of 1981 with a Junior League position paper entitled "Permanency Planning for Children." The concerns of the two groups were similar, "children lost in the foster care system, lack of permanent homes for foster children, lack of preventative and supportive community systems which could prevent crisis situations and the need for foster care placement."

The Public Affairs Subcommittee of the Junior League recommended increased public awareness of the problems and training for foster parents. Spurred on by a California State Auditor General's report (P-003.2) published in October of 1981, illustrating the weaknesses in the foster care system, the Junior League proceeded with a program of foster parent recruitment and training that was scheduled to operate from June 1982 through June of 1985. Reports are that the project is at a standstill due to the fact that so few foster parents chose to participate. Various persons involved in both projects indicate different factors as causes of the lack of foster parent involvement.

After the first meeting with our newly formed Foster Parent Training Advisory Committee on May 1, 1985, and input from the local foster parent representative, we were able to synthesize the information from the various sources and form several conclusions.

1. The previous projects conducted relied on the media and written communication with foster parents to advertise and initiate training.
2. Some group training sessions were directed to topics pre-selected and fairly structured by the trainer, rather than discussion oriented where spontaneous concerns could be addressed.
3. Although no ethnic statistics of foster parents are allowed to be kept in the Department of Social Services, there is a great need for foster parents of minority background, as a large number of foster children are minority. An understanding of their diversity of experience needs to be a focus of training.
4. Foster parent training has a negative connotation to many foster parents. Some assume that if training is needed than the parent must initially be lacking in some way.
5. A tremendous need exists for group support and networking among local foster parents. (No Foster Parent Association exists in Santa Barbara.)
6. Department of Social Services staff seems to feel that a monetary incentive for parents who participate in training is perhaps the only way to achieve greater participation.
PART I

ABSTRACT

COLLEGE: Santa Barbara City College

Abstract of Need and Program Description
(Maximum: 2 pages)

Although the Chancellor's training funds prohibit paying foster parents for participating in the training, as recommended in the last item, our initial proposal sought to address all of the other concerns noted about past projects. The success of the present year's project is documented by the contact hours related to both home visits and the workshops organized and conducted by Sylvia Louda this year.

In planning this proposal, the unanimous response from those involved in the project was that the key to this unprecedented participation was the initial and ongoing contact through home visits. The south coast region consists of four relatively connected communities within a thirty mile driving distance from the southern end to the northern edge. The sixty licensed foster parents within this city/urban population are fairly accessible and few live in rural situations. There is limited public transportation throughout these areas.

Our proposed project for the second year will continue the home visitation, to all new foster parents and to veteran foster parents as needed and appropriate. Evening and weekend workshops on topics of specified interest by the foster parents will be developed as a training strategy. Our newsletter has been enthusiastically received by parents and community resource people. We will continue that service. We have begun development of a resource library of books, tapes, magazines (and materials for lending such as clothes, car seats etc.) that have been a great help to many families. We hope to expand that service as well.

In our work with the social service representatives this year it became apparent that one very real need for the foster parents was a handbook. This handbook would describe the role, responsibilities and regulations of foster parenting, as well as resources offered through our project and contact people in the community. Together with social service representatives we are planning to develop such a handbook next year. Aspects of training will be condensed into a written form that is readily accessible to parents at all times through the reading of this material.
PART II  GOALS, OBJECTIVES, ACTIVITIES

COLLEGE: Santa Barbara City College

GOAL 1: TO ESTABLISH AND MAINTAIN A PROGRAM MANAGEMENT COMPONENT.

Objective: 1:1 To hire a new program coordinator, Lori Glaus, by July 1, 1986, who will be responsible for hiring and supervising staff and consultants, carrying out all program objectives and activities.

Activity: a) Two staff members will be hired, a program coordinator and an intermediate clerk typist.

b) The program coordinator will report to and be supervised by the Early Childhood Education Department Chairperson.

c) The intermediate clerk typist shall report to and be supervised by the program coordinator.

d) The college administrator responsible for program management will be the Dean of Occupational Education.

1:2 An intermediate clerk typist will be hired for clerical support services to the program by July 15, 1986. This employee shall follow all official policies and procedure established for personnel of Santa Barbara City College by the college's Board of Trustees.

1:3 Orientation for all staff members of the program will take place within one week of hiring.

a) The program coordinator will be oriented to the job roles and responsibilities by the ECE department chair and a personnel office staff member.

b) The intermediate clerk typist will be oriented to the job by the program coordinator and a personnel staff member.

1:4 Specific program procedures not outlined in this proposal will be developed and documented by the program coordinator with approval of the ECE department chair.

1:5 A working budget for the program will be maintained and adhered to by the program coordinator in accordance with the financial management systems and accounting procedures already established by the Santa Barbara City College accounting department throughout the funding period. Any changes to the budget or approved categories for expenditures are to receive prior approval of both the ECE department chair and the accounting department.
PART II GOALS, OBJECTIVES, ACTIVITIES

COLLEGE Santa Barbara City College

GOAL 2: TO ESTABLISH AND MAINTAIN A WORKING ADVISORY COMMITTEE CONSISTING OF A BALANCE OF REPRESENTATIVES FROM THE COMMUNITY COLLEGE, COUNTY DEPARTMENT OF SOCIAL SERVICES, LOCAL FOSTER PARENT ASSOCIATIONS AND OTHER INTERESTED GROUPS AND ORGANIZATIONS.

Objective: 2:1 The program advisory committee for 1986-87 will be revised, if changes are necessary, by August 1, 1986.

Activity:

2:2 The advisory committee shall officially meet with the program coordinator and administrator at least four times during the duration of the funding period.

a) The first meeting shall take place no later than August 1986.
b) Official meetings shall include a program progress report, financial statement, an update tally of client contact hours and other relevant statistics, and open agenda items brought by the committee members.
c) In voting matters, each advisory committee member will receive one vote.

2:3 At least one-quarter of the working advisory committee shall consist of licensed foster parents, residing in the south coast region of Santa Barbara County.

2:4 The advisory committee shall offer advise, assistance, knowledge and leadership in their expertise for the benefit of the program goals.

2:5 Community service organizations will be called upon to deliver services which match the goals and objectives of the FFTP.

a) The Family Service Agency has agreed to work with the FFTP to make available parent support services through a variety of modes. These range from in-home parent/child movement classes to child care training sessions along side teachers from various child care settings throughout the community.
b) The Children's Resource Center will provide a spectrum of classes and services to our foster parents. Lending privileges to the Toy, Book and Record Lending Library will be available. Workshops with such topics as first aid, discipline, communicable diseases etc. will be offered.
c) All topics courses in the Early Childhood Education Department of Santa Barbara City College will be open to foster parents, with costs of registration and books for the classes being paid for by the project.
d) Private donors from both business and individual sectors will be sought to help maintain the foster parent lending library with materials especially geared to foster parents.
GOAL 3: TO ESTABLISH AND IMPLEMENT CLASSES IN ACCORDANCE WITH PROGRAM GUIDELINES OUTLINED IN THE RFP.

Objective: 3:1 To work with social service representatives to identify new south coast foster parents.

Activity:

3:2 To inform all south coast foster parents of the receipt of Foster Parent Training funds and of the new objectives of the proposal.

a) A notice to all foster parents informing them of the grant award will also solicit parents interested in helping to plan activities by July of 1986.

3:3 To contact each of the sixty Santa Barbara south coast foster parents by phone during the summer of 1986.

3:4 To make initial home visits to all new foster parents who agree, for the purpose of sharing materials and gathering information about the individual needs of each parent, during the months of August and September 1986.

a) During the summer, the coordinator will meet with social services representatives to gather the names and numbers of new foster parents.

b) Packets of information about our program and some of teh community services available to foster parents will be developed for use in the home visits.

3:5 To set up group meetings surrounding areas of interest identified during the home visits, during the period of September 1986 through June of 1987.

a) Arrangements for child care will be made.

3:6 To arrange for services for parents which are not or cannot be covered in the workshops, from September 1986 through June 1987.

a) Contacts with specialized agencies i.e. March of Dimes, Afro-American Services will be made.

b) SBCC class schedules and registration information will be gathered.

3:7 Plan workshops for each month beginning in September of 1986.

a) Hire consultants if needed.

b) Advertise.

c) Arrange for child care.

3:8 Conduct workshops once a month on topics of documented concern to foster parents.
a) Advertise workshops.
b) Administer client surveys.

3:9 Research materials, books, articles appropriate for foster parent training and obtain materials through purchase and donation throughout the project year.

3:10 Develop, with the assistance of social service representatives, a handbook for foster parents, between the months of August through December 1986.
PART II GOALS, OBJECTIVES, ACTIVITIES

COLLEGE Santa Barbara City College

GOAL 4: TO ESTABLISH AND MAINTAIN AN EVALUATION COMPONENT FOR THE PROGRAM.

Objective: 4:1 Develop or revise evaluation tools for the different segments (clients and community) of the program training design, during September 1986 through April 1987.

Activity: a) The foster parent survey developed last year will be given to all new foster parents to assess their interests.
b) The workshop evaluation will be revised as needed.
c) The community participant survey will be reevaluated as appropriate.
d) Evaluations will include ratings and comments regarding staff, appropriateness of activities, methods, curriculum areas covered, needs addressed and results of training activities.

4:2 Distribution of surveys to different segments, foster parents, September through June.

PART II GOALS, OBJECTIVES, ACTIVITIES

COLLEGE Santa Barbara City College

GOAL 5: TO ESTABLISH AND MAINTAIN COORDINATION WITH OTHER COLLEGES IN THE REGION TO EXCHANGE RESOURCES AND IDEAS AND TO PREVENT DUPLICATION OF EFFORT.

Objective: 5:1 Program coordinator, Lori Glaus and consultant and 1985-86 coordinator Sylvia Louda will attend the training conference in San Diego on June 18-20, 1986.

Activity: a) During the first month of the funding period, the program coordinator will contact the directors of the FPTP in the tri-counties region.

b) This contact will serve the purpose of developing a local network for the coordinator who will be working on her own much of the time.

c) Sharing project goals and activities will strengthen each project and will broaden the experiences of all those involved.

c) Invitations to other college programs to include their project participants in our activities will be extended.

5:3 Joint meetings with regional FPTP groups will be initiated and resources from the Santa Barbara area offered.

5:4 A resource list of materials gathered, developed and used during the duration of the project will be made available to all FPTPs in our region.
# PART III

**FOSTER PARENT TRAINING BUDGET**

*July 1, 1986 - June 30, 1987*

**College** Santa Barbara City College

### TOTAL PROGRAM LINE ITEM BUDGET

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**TOTAL BUDGET**

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Kathy Ousey, Foster Parent  
413 Halkirk St.  
Santa Barbara, Calif. 93110

Bev Berry, Foster Parent  
411 E. Islay  
Santa Barbara, Calif. 93101

Dee Dee Blackwood, Social Services Worker  
924 Anacapa St.  
Santa Barbara, Calif. 93101

Dee Purdy, Community Volunteer  
4600 Camino del Mirasol  
Santa Barbara, Calif.

Rita Schrank, Coordinator, Parent Support Network  
Family Service Agency  
817 De La Vina  
Santa Barbara, Calif.

Mary Earle, Foster Parent  
1275 La Pala Ln.  
Carpinteria, Calif. 93013
JOB DESCRIPTIONS

Program Coordinator

1. Manage budget in accordance with the established accounting procedures of Santa Barbara City College.

2. Provide appropriate reports and statistics to the Chancellor's office on a quarterly basis.

3. Conduct all objectives and activities of the program to the fullest extent possible.

4. Hire clerk, consultants as needed to carry out program goals.

5. Supervise the activities of all program personnel and consultants.

6. Keep college supervisors and administrators informed of program activities, needs, problems and outcomes.

7. Attend at least one Board of Trustees meeting to inform the college community of the activities and outcomes of the project.

Intermediate Clerk Typist

1. The intermediate clerk typist will provide all clerical services assigned by the program coordinator.

2. These duties will include but not be limited to typing, filing, form generation, mailing, telephoning and reception duties.