Board of Trustees Agenda
Dec. 13, 1984

4.1 RECOMMENDED APPROVAL OF COURSES, CONTINUING EDUCATION DIVISION, WINTER 1985:

ART: ART & CULTURE

Art and Religion

*A Visit to Santa Barbara Historic Highlights

Experiencing Media

Great Gardens of America

Hidden Corners of the World

ART: FINE ARTS

Botanical Drawing and Watercolor

Flower Painting in Watercolor

BUSINESS

Advanced Legal Research

Amateur Radio—General/Technician Class

Bookkeeping and Accounting II

Financial Security in Retirement

Making Permanent Part-Time & Job-Sharing Work for You

Preparing Your Own Income Tax

COMPUTERS

Electronic Spreadsheets

Non-Technical, Non-Mathematical Introduction to Microcomputers

Word Processing for the Classroom

Word Processing on the Microcomputer

COOKING AND WINE

Flavors of India

Food for Fitness
Machine Cuisine
Regional Italian Cuisine
Sherry Wine Appreciation and Tasting
Soups, Salads & Souffles
Survival Cooking for Singles
Vegetarian Cookery
Wine Appreciation: Advanced

CRAFTS
Country Crafts
Intermediate Calligraphy
Weaving--Beginnings and Endings

CURRENT EVENTS
Critical Issues in World Affairs
Current Events: Studies in World Politics
Current Events: U.S. Policy in the Middle East
Global Community Forum: U.S. & the Interdependence of Nations
Santa Barbara: Portrait of a Unique Community

ENGLISH, LITERATURE, WRITING
Book Reviews: Roundtable Discussions
Breaking In: Polishing Your Own Style of Writing
George Bernard Shaw: Iconoclast/Idealist
Poetry Aloud Here
Rediscovering 20th Century British Authors
Taping Autobiographies
The Age of Goethe
The Book of Job: Wisdom in Dramatic Form

*The Current Cinema

The Second Annual Writers' Workshop: A Tribute to Ross MacDonald/Ken Millar
The World of Marcel Proust
Word Processing for the Writer

FOREIGN LANGUAGES & TRAVEL
*Italian--Intermediate/Advanced
*Italian Language and Culture
*Spanish for the Traveler

HEALTH
Advanced Activity Director Workshop
Community Health Forum (New Speakers)
Family Health (New Speakers)
Freedom from Pain Workshop
Medical and Clerical Conversational Spanish, Level II
Native Folk Healing Arts: Shamans, Curanderas, Prophets
New Approaches to Health (New Speakers)
Nursing Home Activity Director Workshop
Reduce Your Risk of Heart Attack
Taking Good Care of Yourself: For Women
The Perplexed Eater: A Minicourse on Nutrition

HOME AND GARDEN
Living Color

HUMANITIES
*Landmarks in Church History
*The Dark Ages: Fact and Fiction

MUSIC
American Musicals
*Opera Dinner Show: Jerome Kern Centennial

PARENT EDUCATION
ABC's of Effective Parenting
Bright Child: Poor Reader
Feeling Good: Stress/Self-Esteem and Your Child
Parenting the Gifted Child: Helpful Things You Need to Know

PERFORMING ARTS
Beginning Acting

PHOTOGRAPHY
Fundamental Photography for Women
Photomethods: Advanced Photography

PHYSICAL FITNESS
*Physically Fit and Over 40
*The Joy of Juggling

PSYCHOLOGY & PERSONAL DEVELOPMENT
Abundantly You: Portrait of a Healthy Personality
Adult Children of Alcoholics: Social, Psychological and Medical Implications
Affirming Your Powers
Beyond 1984: Preserving Our Most Human Qualities
Friday Night Live (New Speakers)
Growth Through Visualization and Journal-Keeping
Just Imagine!
Laughing for Living (Beginning)
Laughing for Living (Advanced)
Looking Your Best (II)
Mind and Supermind: Expanding the Limits of Consciousness (New Speakers)
Mindgym
Mindpower: Hidden Dimensions of Thinking
More Assertiveness Training
Of Macho, Mice and Men: A Workshop on Being Male
On Overcoming Procrastination
Perspectives on Eating Disorders and Obesity
Planning Ahead: Creating Options for Retirement
Psychological Approaches to Personal Development (New Speakers)
Say Goodbye to the Blues
Scripts, Deja Vu, and You: Breaking Free of Unhealthy Patterns
Shyness: What It Is and What to Do About It
Starting Over Single: The Dating Game
The Dynamics of Self-Image
Toward Personal Power and Healthy Relationships
The Magic and Reality of Being Together: Communication, Connection, Concern
Understanding Addiction
Understanding Messages Our Dreams Reveal
Understanding Psychosomatic Illness
Visualization and Healing
Weight Control by Lifestyle Adjustment
Winning Strategies

REAL ESTATE
*Escrow Procedures and Title Insurance
Real Estate Options for Retirement: Keep and/or Use It?
*Real Estate Taxation Workshop
*Residential Property Management
Syndications

SCIENCE
*Channel Islands of Santa Barbara
*Exotic Animals: In the Wild and In Captivity
*Holistic Health for Pets: Skin Problems/Treatments
*Introduction to Mushrooms and Mushroom-Hunting
*Introduction to Santa Barbara Mushrooms
*Practical Marine Navigation

SEWING
Beginning Sewing Workshop

TECHNICAL/ VOCATIONAL
Oxy-acetylene Welding
Arc Welding

ESL
Pre-English Beginning E.S.L.
Vocational E.S.L.

INFIRMED ELDERLY
Beginning Lip Reading
Coping with Aloneness
Eurythmics

EVENING HIGH SCHOOL
Competency Mathematics
Government
Science/Anatomy Living Man

*Enrollment fee course