Optional English Support Courses

Extra academic support designed to help students succeed at optimal levels

While taking English 110, students may also take one of the following academic support courses. These optional courses will provide students with additional practice, instruction and preparation with English instructors, tutors and peers.

### Integrated Writing and Reading Support

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<tr>
<th>Course</th>
<th>Description</th>
<th>Credit Units</th>
<th>Transferable</th>
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<tbody>
<tr>
<td>English 101W: College Composition Workshop (1 unit)</td>
<td>In this course students will work with the Eng. 110 instructor and classmates to analyze college-level texts and write college-level essays. (Linked to a specific co-requisite English 110.)</td>
<td>1</td>
<td>CSU Transferable</td>
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**Students will learn more about:**
- Analyzing college-level reading material
- Determining an audience and identifying a purpose for writing
- Expressing a central idea in a thesis statement
- Focusing and supporting ideas with detail and evidence
- Developing ideas into essays using a variety of rhetorical strategies
- Improving the use of standard written English conventions

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<td>English 101MT: Support Course for College Reading, Research, and Composition (1 unit CSU Transferable)</td>
<td>This late start course begins during week 5, and is specifically designed to support students enrolled in English 110 MET. Students will receive direct help with the skills needed to analyze texts, find and evaluate relevant research materials, compose college-level essays, and build an understanding of the various literacies used in college-level writing.</td>
<td>1</td>
<td>CSU Transferable</td>
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**Students will learn more about:**
- Applying reading strategies to analyze texts
- Recognizing agency in forming an academic voice and identity
- Demonstrating ability to respond to texts with critical ideas and experiences
- Determining the relevancy of secondary sources
- Effectively engaging in writing workshops

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<td>English 101S: Writing Studio (2 units CSU Transferable)</td>
<td>In this course students will work with other students enrolled in Eng. 110 and/or 111 to practice writing process strategies including invention, arrangement, style, rhetorical awareness, editing and proofreading in individual and group instruction.</td>
<td>2</td>
<td>CSU Transferable</td>
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**Students will learn more about:**
- Analyzing college-level reading material
- Analyzing and applying instructional feedback on writing to all stages of the writing process
- Applying strategies for generating ideas, organizing materials and revising intentionally
- Applying metacognitive strategies during all stages of the writing process
- Developing a writing identity and the practices that will contribute to success
- Engaging in conversations about the use of academic writing conventions
- Navigating resources for research and academic writing at SBCC

### Reading Support

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<td>English 119A: CAP Core Literacies: Reading and Writing Within Academic Disciplines (3 units, CSU Transferable)</td>
<td>In this course students will identify how outside responsibilities and personal challenges (including reading, writing, and math preparation) affect academic performance, develop strategies to address these challenges, and assess effectiveness of adopted strategies. This course offers workshops in math and English and support for students in other disciplines as well.</td>
<td>3</td>
<td>CSU Transferable</td>
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**Acceptance into CAP also includes:**
- Scholarships
- Mentoring
- Workshops in reading and writing across the disciplines and in mathematics.

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<td>English 101RS: Reading Studio (2 units CSU Transferable)</td>
<td>In this course students will work with other students to practice critical reading strategies. Students will develop high-level reading comprehension in group and individualized instruction. It offers reading support for English 110 and any other courses across campus.</td>
<td>2</td>
<td>CSU Transferable</td>
</tr>
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**Students will learn more about:**
- Reading college-level texts across all disciplines
- Developing a toolbox of reading strategies that can be applied to any reading assignment
- Evaluating reading purposes in order to make decisions about which strategy to apply while reading
- Reflecting on reading processes and use of strategies in order to make improvements and optimize academic success

### English NC101: English Composition Lab (noncredit, drop-in hours)

This noncredit lab course will allow students to work at their own pace on assignments for English 110. This course will help students learn more about how to recognize and engage in each stage of the writing process, including how to plan an essay in response to their instructor’s specific writing prompt, how to select, introduce, analyze, and cite evidence using MLA format, and how to respond to their English 110 instructor’s written feedback.

**Open LAB:** M 12:45-3:15, T 12:45-5:45, W 10:15-3:15, Th 10:15-12:45 MEETS IN WCC 206