Skills Competency Award Requirements

Students must complete all courses with a grade of C or higher or Pass. Candidates for a Skills Competency Award are required to complete at least 20% of the department requirements through SBCC.

Total Units Required: 17

<table>
<thead>
<tr>
<th>Current Course No.</th>
<th>Previous Course No.</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADC 111</td>
<td>(none)</td>
<td>Substance Abuse and Society</td>
<td>2.0</td>
</tr>
<tr>
<td>ADC 130#</td>
<td>(none)</td>
<td>Div &amp; Cultural Issues in Couns: Id, Expr &amp; Addic</td>
<td>3.0</td>
</tr>
<tr>
<td>ADC 131#</td>
<td>(none)</td>
<td>Attitudes, Motivation and Behavior Change</td>
<td>3.0</td>
</tr>
<tr>
<td>ADC 132#</td>
<td>(none)</td>
<td>Substance Abuse and Adolescents</td>
<td>3.0</td>
</tr>
<tr>
<td>ADC 134#</td>
<td>(none)</td>
<td>Co-Occurring Disorders II: Mgmt and Treatment</td>
<td>3.0</td>
</tr>
<tr>
<td>ADC 139</td>
<td>(none)</td>
<td>Introduction to Process Addictions</td>
<td>3.0</td>
</tr>
</tbody>
</table>

# Acceptable substitutions are as follows: ADC 103 will substitute for ADC 130; ADC 109 will substitute for ADC 131; ADC 110 will substitute for ADC 132; and, ADC 115 will substitute for ADC 134.

Additional Program Information

For further information, contact the Counseling Center, 965-0581, Ext. 2285, or Gordon Coburn, Department Chair, 965-0581, Ext. 3021.

Santa Barbara City College
Associate Degrees and Certificates of Achievement *(In alphabetical order)* - For a complete list of programs of study (associate degrees, certificates, skills competency awards and department awards) and requirements, go to [http://www.sbcc.edu/apply/degrees_certificates.php](http://www.sbcc.edu/apply/degrees_certificates.php).

**Accounting (AS)**
Accounting/Assistant Bookkeeper IV (C)
Administration of Justice (AA/AS/C) - 3 emph. avail (AS&C), 1(AA)
Administration of Justice for Transfer (AS-T)
Alcohol and Drug Counseling (AA/C)
Animation and Gaming (AA/C)
Anthropology (AA)
Applied Photography (AA/C)
Art (AA) - 2 emphases available
Art History for Transfer (AA-T)
Associate Child Care Teacher (C)
Automotive Services & Technology (AS/C)

** Biological Sciences (AA)**
Black Studies (AA)
Business Administration (AA/C) - 3 emphases available for AA, 2 for C
Business Administration for Transfer (AS-T)

** Cancer Information Management (AS/C)**
Chemistry (AA)
Chicano Studies (AA)
Commercial Music (C)
Communication (AA) - 2 emphases available
Communication Studies for Transfer (AA-T)
Computer App. & Office Mgmt (AS/C) - 2 emphases available
Computer Information Systems (AS) - Emph. in System Admin. available
Computer Network Engineering (AS/C)
Computer Science (AS/C)
Construction Technology (AS/C)
Cosmetology (AS/C)
Creative Writing (C) - 2 emphases available
Culinary Arts (AS/C)

** Database Programming and Applications Development (C)**
Diagnostic Medical Sonography (C)
Diversity Issues in ECE (C)
Drafting/CAD (AS/C)

** Early Childhood Education (AS/C)**
Economics (AA)
Engineering (AA/AS)
English (AA)
Environmental Horticulture (AS/C) - 4 emphases available for AS, 1 for C
Environmental Studies (AA)
Ethnic Studies (AA)

** Film Production (AA)**
Film and Media Studies (AA)
Finance (AA/C)
French (AA)

** Geography (AA)**
Geological Sciences (AS)
Global Studies (AA)
Graphic Design & Photography – Graphic Design Concentration (AA/C)

** Health Information Technology (AS)**
History (AA)
History for Transfer (AA-T)

** Honors (C/C with highest honors) – 2 emphases available**
Hospitality (AS/C)
Infant/Toddler Development (C)
Interior Design (AA/C)
International Business (AA/C)
Introduction to Graphic Design (C)

** Journalism (AA/C)**
Journalism for Transfer (AA-T)

** Kinesiology for Transfer (AA-T)**

** Law & Society (AA) - Emphasis in Criminal Justice available**
Liberal Arts (AA) – Emphasis in Biomedical Sciences
Liberal Arts & Sciences (AA) – 3 emphases available
Liberal Studies (AA) – Emphasis in Education

** Marine Diving Technician (AS/C)**
Marketing (AA/C)
Mathematics (AA)
Mathematics for Transfer (AS-T)
Media Arts (AA/C)
Medical Coding Specialist (C)
Middle East Studies (AA)
Music (AA)

** Native American Studies (AA)**
Natural History (AA)
Nursing – ADN (AS)

** PC Support/Network Management (C)**
Philosophy (AA)
Philosophy for Transfer (AA-T)
Physical Education (AA) – Emphasis in Athletic/Personal Fitness avail.
Physics (AA/AS)
Physics for Transfer (AS-T)
Political Science (AA)
Political Science for Transfer (AA-T)
Post-Professional Practice in ADC (C)
Psychology (AA)
Psychology for Transfer (AA-T)

** Radiography (AS)**
Real Estate (AS/C)

** School-Age Care (C)**
Sociology (AA)
Sociology for Transfer (AA-T)
Spanish (AA)
Spanish for Transfer (AS-T)
Studio Arts for Transfer (AA-T)

** Theatre Arts (AA) - 3 emphases available**
Theatre Arts for Transfer (AA-T)
Transfer – CSU General Education Breadth Pattern (C)
Transfer – IGETC (C)

** Vocational Nursing (AS/C)**
Wastewater Technology Education (C)
Water Technology Education (C)

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** Key:** (AA)=Associate in Arts; (AA-T)=Associate in Arts for Transfer; (AS)=Associate in Science; (AS-T)= Associate in Science for Transfer; (C)=Certificate of Achievement

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** SBCC: Your Open Door to Educational Excellence **

** Santa Barbara City College **

** Advanced Studies in Alcohol and Drug Counseling 2015-16 **

** Skills Competency Award in Advanced Studies in Alcohol and Drug Counseling **

Upon completion of the Skills Competency Award in Advanced Studies in Alcohol and Drug Counseling, the following competencies will be achieved:

- Describe the impact of the war on drugs, the sources, costs and extent of substance abuse in the U.S., the levels of government response to it and the importance of utilizing community resources locally and nationally.
- Demonstrate the role of culture and identity play in determining an individual’s reality and how specific cultural beliefs and values shape the legal and illegal, moderate and excessive substance abuse, impacting a diverse array of populations, historically and currently.
- Describe the therapeutic conditions that facilitate behavior change, demonstrating an understanding of the role of attitude and motivation in behavior change.
- Compare and contrast adolescent and adult substance abuse, identifying the roles of family and peer group in the assessment and treatment of adolescents.
- Demonstrate the need for integrated treatment services for dually diagnostic individuals, identifying management and treatment issues faced by professionals working with dually diagnostic clients and the special needs of family members.
- Demonstrate a basic understanding of DSM-IVTR definitions of process addictions, providing evidence supporting the etiology of addictions occurring constellations.
- Demonstrate the role of the Internet as a catalyst for addictive behavior.