Additional Program Information

(1) Complete all department requirements with a "C" or better or "P" in each course (at least 20% of the department requirements must be completed through SBCC); (2) Complete at least 18 units of General Education Requirements (Areas A-D of the SBCC General Education pattern); (3) Complete the SBCC Institutional Requirements (Area E); (4) Complete the Information Competency Requirement (Area F); (5) Complete a total of 60 degree-applicable units (SBCC courses numbered 100 and higher); (6) Maintain a cumulative GPA of 2.0 or better in all units attempted at SBCC; (7) Maintain a cumulative GPA of 2.0 or better in all college units attempted; and (8) Complete 15 units through SBCC.

Department Requirements

(Total Department Units: 38-40)

<table>
<thead>
<tr>
<th>Current Course No.</th>
<th>Previous Course No.</th>
<th>Title</th>
<th>Units</th>
<th>Institution &amp; Course No.</th>
<th>Grade (s/q)</th>
<th>Units (s/q)</th>
<th>Term</th>
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</thead>
<tbody>
<tr>
<td>• ADC 120*......... (none) ........... Alcohol &amp; Other Drugs: History, Dynamics &amp; Models ......3.0</td>
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<tr>
<td>• ADC 121*......... (none) ........... Basic Interviewing and Counseling Skills...........................3.0</td>
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<tr>
<td>• ADC 122*......... (none) ........... Pharm &amp; Physiol Effects of Alcohol &amp; Other Drugs........3.0</td>
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<td>• ADC 123*......... (none) ........... Group Treatment .........................................................3.0</td>
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<td>• ADC 124*......... (none) ........... Chemical Dependency and the Family,.......................3.0</td>
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<tr>
<td>• ADC 125*......... (none) ........... Co-Occurring Disorders I: Recognition &amp; Referral........3.0</td>
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<tr>
<td>• ADC 126*......... (none) ........... Treatm &amp; Case Mgmt of the Chem-Depend Individual ....4.0</td>
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<td>• ADC 152......... (none) ........... Clinical Process ......................................................3.0</td>
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<tr>
<td>• PSY 100 ........... (PSYCH 1/100) .... General Psychology OR ........................................3.0</td>
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<tr>
<td>• PSY 100H .......... (PSYCH 100HR) .... General Psychology, Honors# ................................4.0</td>
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<td>• ADC 290......... (none) ........... Work Experience in Alcohol and Drug Counseling........4.0</td>
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</table>

* Acceptable substitutions are as follows: ADC 100 will substitute for ADC 120; ADC 101 will substitute for ADC 121; ADC 102 will substitute for ADC 122; ADC 107 will substitute for ADC 123; ADC 108 will substitute for ADC 124; ADC 112 will substitute for ADC 125; and ADC 105 & 106 OR ADC 106 & 116 will substitute for ADC 126.

+ ADC 120 and 121 should be taken before other ADC counseling courses (i.e., ADC 123, 124, 126).

Required Alcohol and Drug Counseling Elective Course/s: Choose any one of the following combination of courses for a total of 3 units:

• ADC 111......... (none) ........... Substance Abuse and Society...........................................2.0
• ADC 117......... (none) ........... Motivational Interviewing................................................1.0
• ADC 118......... (none) ........... Relationships in Recovery................................................1.0
• ADC 119......... (none) ........... Finding Your Authentic Voice...........................................1.0
• ADC 127......... (none) ........... Complmt Treat: Auric Accup, Nutr & Amino Acid Ther...1.0
• ADC 128......... (none) ........... Intro. to the Twelve Steps of Alcoholics Anonymous ......1.0
• ADC 129......... (none) ........... Emotional Balance and Mindfulness in Recovery .......3.0
• ADC 130#......... (none) ........... Div & Cultural Issues in Couns: Id, Expr & Addiction....3.0
• ADC 131#......... (none) ........... Attitudes, Motivation and Behavior Change.................3.0
• ADC 132#......... (none) ........... Substance Abuse and Adolescents..............................3.0
• ADC 133#......... (none) ........... Anger Management and Family Violence....................3.0
• ADC 134#......... (none) ........... Co-Occurring Disorders II: Mgmt and Treatment ....3.0
• ADC 136......... (none) ........... Eating Disorders I............................................................1.0
• ADC 137......... (none) ........... Conflict Resolution...........................................................1.0
• ADC 138......... (none) ........... Multiple Sexual Addictions..............................................1.0
• ADC 139......... (none) ........... Introduction to Process Addictions...............................1.0
• ADC 140......... (none) ........... Recovery Through Movement.......................................2.0
• ADC 141......... (none) ........... Integral Treatment Modalities.................................1.0

# Acceptable substitutions are as follows: ADC 103 will substitute for ADC 130; ADC 109 will substitute for ADC 131; ADC 110 will substitute for ADC 132; ADC 113 or ADC 114 will substitute for ADC 133; and, ADC 115 will substitute for ADC 134.

Required Behavioral Science elective: Choose any one of the following courses:

• PSY 130......... (PSYCH 3/130) .... Personality Dynamics and Effective Behavior B........3.0
• PSY 170......... (PSYCH 170) .... Abnormal Psychology B...............................................3.0
• SOC 101 ........... (1) ........... Introduction to Sociology B OR ..................................3.0
• SOC 101H .......... (none) ........... Introduction to Sociology, Honors B.........................4.0
• SOC 103 ........... (3) ........... Marriage, Family and Intimacy B,E,S .........................3.0
• SOC 104 ........... (4) ........... Social Psychology B.........................................................3.0

Additional Program Information

For further information, contact the Counseling Center, 965-0581, Ext. 2285 or Gordon Coburn, Department Chair, 965-0581, Ext. 3021.
SBCC AA/AS Degree Graduation Requirements (Must complete I, II, III and IV below)

I. General Education, Institutional & Information Competency (Institution & Course Number)  

<table>
<thead>
<tr>
<th>Grade</th>
<th>Units (s/q)</th>
<th>Term</th>
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</table>

A-D. General Education Requirements**

A. Natural Sciences with Lab

B. Social and Behavioral Science

C. Humanities

D. Language and Rationality

D-1. English Composition

D-2. Communication and Analytical Thinking

E. SBCC Institutional Requirements**

E-1. Mathematics

E-2. American Institutions

E-3. Physical Education/Health Education

E-4. Oral Communication

E-5. Multicultural/Gender Studies

F. Information Competency Requirement**

**For specific course, unit and grade requirements see the General Education, Institutional and Information Competency Requirements handout available in the Counseling department or visit http://www.sbcc.edu/apply/files/gereq.pdf.

II. Unit and Grade Point Average Requirements: Refer to Graduation Requirements on the other side of this document.

<table>
<thead>
<tr>
<th>Total Semester Units Attempted</th>
<th>Total Semester Units Completed</th>
<th>Grade Points</th>
<th>GPA</th>
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<tbody>
<tr>
<td>SBCC</td>
<td>Transfer</td>
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<tr>
<td>Total</td>
<td></td>
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</tbody>
</table>

III. Residency Requirements:

1) 15 units completed through SBCC?  
   - Yes  
   - No

2) 20% of Department Requirements completed through SBCC?  
   - Yes  
   - No

IV. Department Requirements: Refer to the other side of this document for a list of required courses. Were all department requirements completed with a “C” or higher or “P” in each course?  

   - Yes  
   - No

Waivers/Substitutions: ________________________________________________________________

Counselor Comments: ________________________________________________________________

Student's name: ___________________________________________________________  
Student ID:   K____________________________

Counselor's Name: ____________________________  
Code: ________ Date: ___________________